

# SPIRITUAL SUPPORT BY PHONE

*For Fairfax County adults aged 60 and older*

**Are you feeling sad, scared, or  
overwhelmed because of COVID-19?**

**Speak with a  
Fairfax County Spiritual Support Team member  
for spiritual support and care.**

**Call 703-324-5185  
Monday - Friday, 10 a.m. - 6 p.m.**



A Fairfax County, VA, publication. 4/20  
To obtain this information in an alternate format, please call the NCS Main Office at 703-324-4600, TTY 711.  
[www.fairfaxcounty.gov/neighborhood-community-services](http://www.fairfaxcounty.gov/neighborhood-community-services)



## Spiritual Support by Phone Available for Older Adults

Fears about the coronavirus (COVID-19) can take an emotional toll on people. You may be feeling scared, overwhelmed and in need of comfort. To provide support during these unique times, the Fairfax County Spiritual Support Team is now offering **spiritual support by telephone for adults aged 60 and over** in our community.

If you would like to speak with a member of the team, **call 703-324-5185** and leave your name and telephone number. Your personal information will be protected. A team member will return your call and speak with you for up to 30 minutes to hear your concerns and help you find peace and comfort in these challenging times. If there is a need for supports beyond spiritual comfort, you will be connected to county resources.

The program is available Monday – Friday, from **10 a.m. through 6 p.m.**

The Spiritual Response Team is comprised of members of the Fairfax County Community Chaplain Corps and ordained clergy and faith leaders from various religions throughout the county. These individuals work to provide care and spiritual support to community members during and after an emergency or disaster. They are sensitive to all faith traditions and provide appropriate and sensitive spiritual care to all persons in need, irrespective of their religious or nonreligious identity. They do not proselytize, and they do not provide mental health services.

### Mental Health Resources

- Call 9-1-1 if a situation is immediately life-threatening and ask for a crisis intervention trained officer.
- For emergency mental health services 24 hours-a-day, seven days-a-week, call 703-573-5679, TTY 711. The Fairfax Detoxification Center can be also be reached 24/7 at 703-573-5679, TTY 711. Residents can also come directly to the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax.
- Take a brief confidential online mental health screening, which is also available in Spanish, for results, recommendations and key resources.
- If it is not an emergency situation, but you or someone you care about needs mental health services, call our Entry & Referral Services during normal business hours (Monday through Friday, 9 a.m. to 5 p.m.) at 703-383-8500, TTY 711. Staff can take calls in English and Spanish and can access interpreters for other languages when needed.
- Youth and adults can also come in person, without prior appointment, to Entry & Referral Services at the CSB's Merrifield Center Monday through Friday, 9 a.m. to 5 p.m. to be screened for services.
- The Fairfax-Falls Church Community Services Board, in partnership with PRS CrisisLink, offers a suicide prevention text line in Fairfax. Anyone can text "CONNECT" to 855-11, and a PRS CrisisLink volunteer will respond within minutes. You can also call 703-527-4077 any time, 24/7.