

## MEMORANDUM

**TO:** Mayor and City Council Members, City of Fairfax and Human Services Committee

**FROM:** Carolyn Sutterfield, City Representative and Chair

**SUBJECT:** Fairfax Area Commission on Aging (COA) Report, February–April 2019

**DATE:** 4/22/19

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Winter was a relatively quiet time for the Commission on Aging (COA) and the Area Agency on Aging. The report on the 50+ Community Survey conducted in February is expected in late April or early May. The February COA meeting was cancelled by snow.

• **Fairfax County FY 2020 budget process near completion**

On February 26, Deputy County Executive Tisha Deeghan and Chief Finance Officer Joe Mondoro discussed the advertised FY2020 budget ([www.fairfaxcounty.gov/budget](http://www.fairfaxcounty.gov/budget)) with members of the Human Services Council and related BACs. Participants provided input to guide planning and budgetary decisions for the HHS system. The 3-year HHS Resource Plan developed in 2018 has been updated to address FY2020–FY2022.

County revenue growth for FY2020 is projected at 3.04%; tax rate remains at \$1.15/\$100, but a 2.17% increase in assessments will produce higher revenues. FCPS will receive its requested \$84.36 million. The new budget contains no cuts to services for older adults. An additional \$19.69 million is earmarked for HHS, with \$3 million of that going to Adult Day Services and Support Coordinators. I will deliver the COA's official budget testimony before the Board of Supervisors on Wednesday, April 10.

• **Fairfax County Strategic Planning update**

At the same time that the 50+ Community Survey was distributed, County Executive Bryan Hill launched an effort to define new strategic priorities for Fairfax County for the next 10 to 20 years. An online survey drew 15,000 responses and more than 1,000 residents and stakeholders participated in a series of “community conversation” sessions. I attended one for members of local BACs on March 7.

Nine priorities emerged from the community feedback:

<i>Education and lifelong learning</i>	<i>Health and environment</i>
<i>Mobility and transportation</i>	<i>Cultural and recreational opportunities</i>
<i>Safety and security</i>	<i>Self-sufficiency for vulnerable populations</i>
<i>Housing and neighborhood livability</i>	<i>Efficient and effective government</i>
<i>Economic opportunity</i>	

Five cross-cutting themes—*affordability, equity, sustainability, innovation, and collaboration/engagement*—were also identified and will be applied across all focus areas. Over the next seven months, strategy teams will work out details of each priority. (To learn more, visit [www.fairfaxcounty.gov/strategicplan/](http://www.fairfaxcounty.gov/strategicplan/).) Many of these priorities clearly relate to the older adult population, and the COA hopes to be a participant on one or more strategy teams to develop the next Fairfax 50+ Community Action Plan.

• **Massey Complex Community Workshop**

The former Fairfax County government office building, located on approximately 48 acres of county-owned land in the center of Fairfax City, is scheduled to come down by the end of this year. The project was initiated in June 2018, but a community work session held at Old Town Hall on February 28 was the

## MEMORANDUM

first opportunity for city residents to participate. Skidmore, Owings and Merrill LLP (SOM) is the designated manager.

In addition to reworking and expanding facilities associated with the county courthouse and jail, the plan will feature secondary uses and preservation of historic sites. Planners aim for a better connection to the historic downtown section of the city. Visit

<https://www.fairfaxcounty.gov/publicworks/capital-projects/massey-complex-master-plan-project> to learn more.

Participants took an online survey in real time on their phones and offered written comments at stations around the room. I spoke with a couple of team members about possible plans for senior housing or perhaps even a Senior Center on the site.

### • **Dementia Friendly America looking to expand in Fairfax**

On March 14, Insight Memory Care Center on Pender Drive, Fairfax, hosted a event to introduce interested area groups to the Dementia Friendly America (DFA) program, represented locally by DFA Herndon and a new program for Loudoun County just starting in Leesburg. (Insight Memory Care is a partner of DFA Herndon.)

Attendees included county staff, DFA Herndon staff, Supervisors Catherine Hudgins, John Foust, and Jeff McKay, and interested members of the public. Toni Rhinehart of DFA Herndon was the speaker. Here are some statistics from the meeting:

- By 2025, it is estimated that 7.1 million people will be living with some form of dementia. 1 in 10 Americans over 65 currently has Alzheimer's.
- 70% of people with dementia continue to live in their community.
- Dementia is the 6<sup>th</sup> leading cause of death in the U.S.A.
- 85% of all unpaid help for people with dementia is provided by family members.

DFA Herndon ([www.dfaherndon.org](http://www.dfaherndon.org)) was started as a pilot project for the state with help from LeadingAge Virginia and the Department of Adult and Rehabilitative Services (DARS) in Richmond. Its goals are to raise community awareness of people with dementia, to create places where people with dementia are valued and included, and to educate and support those people and their family caregivers.

Herndon has focused first on outreach to faith-based organizations. So far they have trained 300 volunteers. Other sectors to target include first responders, restaurants and retail stores, banks and financial services, government, and HOAs. The Commission on Aging meeting on May 15 at the Mt. Vernon Governmental Center will feature a presentation on DFA and discussion of the possibility of launching one or more programs in the Fairfax area.

### **Upcoming Events:**

*Thursday, April 25:* Human Services Director Lesley Abashian and I will tour the Fairfax Area Agency on Aging.

*May 2019: Older Americans Month.* This year's theme is "Connect, Create, Contribute." The Young at Heart Senior Center will host a special Open House on May 1, from 11 a.m. to 2 p.m.

## MEMORANDUM

**TO:** Mayor and City Council Members and Human Services Committee

**FROM:** Diane Tuininga, Fairfax City Representative

**SUBJECT:** Fairfax-Falls Church Community Services Board (CSB)

**DATE:** 4/22/19

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The following are programs, activities, and events since the last update to the Human Services Committee.

### Program Updates

Last year, the CSB provided services to nearly 24,000 individuals who have challenges relating to mental health, substance use disorder and developmental disabilities. The funding, support and understanding of the critical services we provide to the most vulnerable in our community is what makes this level of service possible. The proposed budget (\$10.5 million) meets the CSB's critical needs for FY 2020.

- **Diversion First:** The CSB continues its efforts toward the decriminalization of mental illness through Diversion First. County partnerships between the CSB, court services, law enforcement, the fire department and the community are key to the success of this initiative. The CSB is now diverting on average more than one person each day from jail to treatment.
- **Opioid Treatment:** The CSB continues to prioritize combatting the opioid epidemic through ongoing treatment and community education efforts. The \$2.09 million in designated CSB funding in the County budget will help the CSB increase medical detoxification services, medication-assisted treatment, residential treatment and other services to opioid users.
- **Developmental Disabilities:** The proposed budget also provides funds to support CSB's priority of serving individuals with developmental disabilities in an equitable and sustainable manner. The FY 2020 Advertised Budget includes \$320,000 and five new support coordinator positions to help the CSB meet the requirements of mandated support coordination services to individuals with developmental disabilities. The proposed budget also includes \$2.47 million for CSB to serve the June 2019 special education graduates.
- **Youth Behavioral Health:** Youth behavioral health care remains a focus of the CSB. The CSB works closely with Healthy Minds to ensure that children, youth and families access the type and level of behavioral health care that best meets their needs.
- **Medicaid Expansion:** As the Commonwealth works to implement the System Transformation Excellence and Performance initiative (STEP-VA), CSBs around the state have yet to see adequate funding for full implementation. While we are grateful for the significant local funding,

## MEMORANDUM

meeting state mandates will require additional resources. CSBs are still working to implement the nine behavioral health services mandated under STEP-VA. Insufficient funding has been provided for same-day assessment and primary care screening. The level of funding provided to CSBs, including the Fairfax-Falls Church CSB, is not enough to cover the number of individuals served. While the Department of Behavioral Health and Developmental Services has been engaging with CSB executive directors on the formula for funding allocations, our CSB does anticipate future funding from DBHDS will not allow the CSB to fully meet the STEP-VA requirements.

- Medicaid Expansion: CSB staff have already exceeded their initial goal of getting 600 individuals signed up for Medicaid. However, as part of Medicaid expansion, CSBs throughout the state are dealing with a reduction in state funding. For our CSB, this reduction is \$1.69 million for the current fiscal year and \$4.36 million for FY 2020. These reductions assumed that the CSB would receive increased revenue because of newly-eligible Medicaid participants. The CSB cannot make up this reduction through additional billings resulting from newly-eligible participants.
- Peer Recovery Specialists help inmates help themselves. Sheriff Stacey Kincaid spearheaded the jail-based recovery program in November 2018 as a therapeutic peer-led model.

### Activities/Events

- Welcoming Inclusion Network (WIN): **Purpose:** Growing opportunities for individuals with Developmental Disabilities. **Goals:** NETWORK: Build opportunities for increased information and resource sharing. DESIGN: Ensure service equity and efficiency through community-designed services. EMPLOYMENT: Boost employment opportunities through existing and new service models. INCLUSION: Identify and address other challenges to full community inclusion. This so far has become a very successful endeavor coordinating all stake holders.

WIN membership includes individuals from the community, various organizations, including the CSB, and elected officials. Meetings are monthly; check the CSB website for more information and dates of meetings: [www.fairfaxcounty.gov/csb/win](http://www.fairfaxcounty.gov/csb/win).

- I provided testimony on behalf of the Fairfax-Falls Church Community Services Board to the Fairfax County Board of Supervisors in support of the advertised budget for CSB services. Three Board members of the CSB provided testimony regarding its priorities.
- Chairing the Wellness and Recovery Committee, which is in the process of developing and organizing the annual Conference in October, 2019. It is now scheduled for October 18, 2019 from 8:30 until 2:30 in the Fairfax County Government Center. Themes and speakers are being developed at this time.

## MEMORANDUM

**TO:** Mayor and Council Members, City of Fairfax and Human Services Committee

**FROM:** Dorothy Sorrell

**SUBJECT:** Homelessness and Affordable Housing

**DATE:** 4/22/19

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### 1. Fairfax County Affordable Housing Resources Panel (AHRP) Report – March 2019

- AHRP recommends a goal of producing a minimum of 5,000 new homes, as a floor, affordable to households earning up to 60 percent of the Area Median Income (AMI) over the next fifteen years
- AHRP recommends that the Board of Supervisors commit the equivalent of an additional penny on the real estate tax rate to support this production, starting in FY 2021
- The AHRP recommends aspiring to achieve no net loss of “market affordable” rental apartments •
- The AHRP recommends committing the existing “half penny” with a priority for preservation projects
- The AHRP recommends that the Board ensure that affordable housing has a prominent place in its annual legislative program, and continues to be a focus of the county’s federal legislative efforts •
- The AHRP also recognizes that community awareness of and support for housing affordability is essential to sustained success.

### 2. Point in Time Count – January 2019

As of 4/9/19, this information is not available.

3. City of Fairfax Budget – has not been approved, but includes provision for a portion of the real estate tax to be used for affordable housing.

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**TO:** MAYOR AND COUNCIL MEMBERS, CITY OF FAIRFAX AND HUMAN SERVICES COMMITTEE  
**FROM:** DOROTHY SORRELL  
**SUBJECT:** HOMELESSNESS AND AFFORDABLE HOUSING  
**DATE:** 04/22/19

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## Memorandum

**TO:** The Honorable Mayor David L. Meyer, Fairfax City Council and Human Services Committee

**FROM:** Frank Franz, Fairfax City Board Member

**SUBJECT:** Fairfax County Juvenile and Domestic Relations Court Citizens Advisory Council

**DATE:** April 22, 2019

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- The Virginia legislature approved two judges to the Juvenile and Domestic Relations Court Citizens, bringing the number of judges on the court to eight. The judges will take the bench on July 1, 2019.
- The Juvenile and Domestic Relations Court joined the Veterans Docket, with one case thus far. This means that all three courts, General District Court, Circuit Court, and the JDR Court are all part of the Veterans Docket.
- There does not seem to be any negative impact related to the upcoming budget season.
  - The proposed Fairfax County budget will include a supplement for court clerk pay.
- The March meeting was held at Horizons, the girls probation house.
  - The girls probation house program is 40 years old.
  - The current building (on Lee Highway, just west of Costco) is 10 years old.
  - Girls stay at the house for up to six months, then have supervised release in the community.
  - Horizons can house 12 girls, but currently house six girls.
  - Girls may earn weekend home visits.
  - Family counseling sessions are mandatory.
    - These sessions are done at the family residence if needed.

## MEMORANDUM

**TO:** Mayor and Council Members, City of Fairfax and Human Services Committee

**FROM:** Suzanne Levy

**SUBJECT:** Library Board of Trustees

**DATE:** 4/22/19

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- FCPL is the recipient of two national awards through the Public Library Association. **Sandy Eklund, Youth Services Manager at the City of Fairfax Regional Library**, is the winner of the Allie Beth Martin award recognizing a public librarian's expertise in readers advisory and collection services. Multiple staff including Rebecca Wolff (George Mason), Sarah Souther (George Mason) and Jennifer Dickinson (Pohick)-along with our colleagues at George Mason University-are being awarded the Gordon M. Conable award which focuses on the commitment to intellectual freedom and the Library Bill of Rights for their News, Blues and How to Defuse: Hot Topics programming series. More information is available through the PLA press release at <http://www.ala.org/news/membernews/2019/03/public-library-association-unveils-2019-award-winners>.
- National Library Week (NLW) is April 7th through the 13th this year. The festivities kicked off with a Board of Supervisor's proclamation on March 19th, followed by the Library Foundation's annual Jubilee on Saturday April 6th. And City Council will be presenting a NLW proclamation at their April 9 meeting. Staff will be promoting NLW with two engagement opportunities: a book face contest and a compilation of patron stories on the theme of My Perfect Library-Day Day. Our biggest event of the week is the Read Away Your Fines program (I'm not attaching flyer as NLW is over before our next meeting). All in all, lots of great things are going on with our libraries in celebration of this annual event.
- Spring book sale was a great success the last weekend in March (Children's sale) and the first weekend in April for adult books. Next sale will be the last two weekends in September.
- Library Friends and volunteers were recognized at a luncheon on April 11 in the branch.
- Tuesdays in April, 10:30 Storytime at Old Town Square Come to Old Town Square to hear some stories, weather permitting. Age 2-5 with adult. These will continue throughout the summer.
- Young Adult Author, Angie Thomas, will be speaking at the Sherwood Center on April 25. Unfortunately, the free event is "sold out". It is part of the Spring Fall for the Book programming.
- Summer Reading will begin in June on the last day of school and continue throughout the summer. As always pick up the Library Calendar at the branch or find it online at [www.Fairfaxcounty.gov/library](http://www.Fairfaxcounty.gov/library)



**MEMORANDUM**

## MEMORANDUM

**TO:** Mayor, Fairfax City Council and Human Services Committee

**FROM:** Jocelyn Rappaport, City of Fairfax Representative to Fairfax Area Long Term Care Coordinating Council (LTCCC)

**SUBJECT:** Long Term Care Coordinating Council Report

**DATE:** April 22, 2019

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**The Long Term Care Coordinating Council's (LTCCC) vision:** Inclusive, supportive community of all ages and abilities in the Fairfax area. **Our mission:** To identify needs and promote solutions that enhance the lives of older adults, adults with disabilities, and caregivers so all can participate fully in the community.

For the Fiscal Year 2020 budget, the LTCCC asked the Board of Supervisors to:

- SUPPORT carryover funds to support five new staff positions to handle caseload increases in the Department of Family Services' Adult and Aging Division
- RESTORE funding for In-Home Services in the Adult and Aging Division that was reduced by \$2.3 million between Fiscal Years 2010 and 2014. Providing services in private homes supports the data that 77% of Americans age 50 and older want to live in their community as long as possible\*. Planful restoration of these funds will support neighborhoods for a lifetime, a priority in the Board's 50+ Plan.
- SUPPORT funding for the new Lewinsville Multi-Service Center
- SUPPORT funding for a Medical Respite Program at the Bailey's Crossroads Community Shelter that addresses a critical shortage in beds for homeless older adults in need of this service
- SUPPORT funding for 2019 graduates with developmental disabilities; and support the addition of five new Support Coordinator positions in the Community Services Board
- SUPPORT funding for the Opioid Task Force Plan and Diversion First Program to meet their implementation schedules; and REQUEST that Diversion First be inclusive of all disabilities
- SUPPORT contract rate increases to providers of human service programs to help them address rising costs and needs
- RESTORE funding to Insight Memory Care Center that was reduced by \$150,000 in Fiscal Year 2019. This year (2019), approximately 71,500 northern Virginia residents over the age of 65 are living with dementia with a projected 26.7% increase by 2025\*\*. The cost of care is high. Planful restoration of these funds will allow more people at or below 400% of the poverty level, and their caregivers, to receive services from this dementia-specific community program.
- SUPPORT the Disability Services Board's request to expand the Home Repair for the Elderly Program that helps low-income older adults and adults with disabilities remain in their homes

## MEMORANDUM

- REQUEST that funding for additional positions, dedicated to elder abuse, be added to the Financial Crimes Squad Unit in the Fiscal Year 2021 budget. From 2010-2017, financial crimes with victims age 60 and older increased by 70.5% in Fairfax County\*\*\*. This supports the Commission on Aging's request.

\*AARP 2018 Home and Community Preferences: A National Survey of Adults Age 18-Plus <http://www.aarp.org/research/topics/community/info-2018/2018-home-community-preference.html>

\*\*Virginia Alzheimer's Facts and Figures Report, Alzheimer's Association. (150,000 people are living with Alzheimer's in Virginia. Because Northern VA has 1/3 of the state's population, it is estimated that 50,000 people in Northern VA have Alzheimer's. Alzheimer's accounts for 60-80 percent of all dementia cases; therefore, adding an estimate of 21,500 living with another form of dementia in Northern VA provides a total estimate of 71,500 people living with dementia in Northern VA.)  
<http://www.alz.org/getmedia/7cc32bed-fb81-4b06-89ba-c97217852720/virginia-alzheimers-facts-figures-2019>

\*\*\*Fairfax County Police Department

### Upcoming or Ongoing Events:

- Tuesday, April 30, 2019, 10am–2pm, Fair Oaks Marriott, 11787 Lee Jackson Memorial Highway, Fairfax, VA – 50+ Employment Expo; For more information or accommodations, e-mail [mgordon@AccessJCA.org](mailto:mgordon@AccessJCA.org) or call 301-255-4209.
- May 7, 11am – noon, Sherwood Center: A Free inclusive, mixed-ability performance of *Rookies' First Feast*. Cast includes performers with and without disabilities. Registration is encouraged. <https://www.mvle.org/events/rookies-first-feast-stacy-c-sherwood-community-center/> If you have questions, please contact Sarah Caldwell, [scaldwell@mvle.org](mailto:scaldwell@mvle.org) or 703-569-3900.
- June 29, 8:30am to 1pm, Fairfax County Government Center. The Arc of Northern Virginia, along with the Fairfax County Board of Supervisors, is hosting the Disability Inclusion Conference: [Including Adults with Developmental Disabilities in Community Life](#). The conference addresses what happens when residents with developmental disabilities are no longer in school.
- Caregiver Classes - Insight Memory Care has classes for caregivers available for 2019 as well as a class to become a Certified Dementia Caregiver. Link for more information and registration: <https://www.insightmcc.org/programs/education/caregiver-classes.html>