

OLDER
AMERICANS
MONTH



AGING UNBOUND: MAY 2023



Senior Center

OPEN HOUSE!

Join us at the Fairfax City Senior Center to Kick-off
Older Americans Month!

Free to Attend

Wednesday, May 3, 2023 - 11:00am - 2:00pm
Green Acres Center, 4401 Sideburn Road, Fairfax VA 22030

HIGHLIGHTS

- 11:00am: Artistic Creations Display - Senior Center Artists
- 11:00am: Game Room & Fitness Room (11am - 2pm)
- 11:00am: Knitting Group
- 11:00am: Pickleball Demo
- 11:15am: Fire Safety and Fall Prevention
- 11:30am: Art Space to Create
- 11:30am: 4Fun Singers
- 11:30am: Fitness Room Demo
- 12:00pm: Tai Chi Demo Class
- 12:00pm: Pickleball Open Play (12pm - 3:30pm)
- 12:30pm: **LUNCH PROVIDED BY SUNRISE SENIOR LIVING**
- 1:00pm: Bocce Demo - Open Play

EXHIBITORS - 11:00am - 2:00pm

