

Fairfax Village
in the City

Annual Report

2022 – 2023





Fairfax Village in the City Annual Report 2023

The Mission of the Village is to help residents aged fifty-five and older and those adults with disabilities to age in place within the City of Fairfax community. The Advisory Board governs the Village’s administration and ensures that the strategic mission guides operations. The Village works to build personal connections between and among neighbors, share useful information, and facilitate access to area resources.



Fairfax Village in the City Advisory Board

Tom Ross, *City Council Member*

Janice Miller, *Young at Heart Senior Center member representative*

Sigrid Schipper, *Young at Heart Senior Center member representative*

Taylor Geaghan, *Commission for Women representative*

Carolyn Sutterfield (Vice Chair), *City representative to the Fairfax Area Commission on Aging*

Anita Light (Chair), *City representative to the Fairfax Long Term Care Coordinating Council*

Jennifer Rose, *Representative from local business community*

David Gundry, *Representative from faith-based community*

Michelle Coon, *Representative from faith-based community*

Martha Armstrong, *at-large member*

Manisha Maskay (Secretary), *at-large member*

Staff Support:

Jason Scadron, *Village Coordinator*

Lesley Abashian, *Human Services Director*

Anne Chase, *Young at Heart Senior Center Manager*



According to AARP, nearly 90% of older adults in America want to stay in their homes and communities as they age.

City data at right based on 2020 U.S. Census results

City Population:
24,835

Senior Age Ranges:

- 470 (1.9%) are 85+
- 468 (1.9%) are 80–84
- 689 (2.9%) are 75–79
- 1,084 (4.5%) are 70–74
- 1,160 (4.8%) are 65–69
- 1,568 (6.5%) are 60–64
- 1,707 (7.1%) are 55–59

Membership

Becoming a member of the Village is simple. A City resident needs to fill out and sign the application. New members receive a packet that includes a welcome letter from the Chair of the FVIC Advisory Board, the Member Handbook, an FVIC newsletter, and a magnet. To request a service, members can call or email the Village Coordinator.

*"I am sorry I have been so remiss in singing the praises regarding the Fairfax Village," wrote a member. "It was beyond wonderful to have your volunteer come to my home to do a chore I can no longer do safely (climb a ladder).
Thank you! - Thank you! - Thank you!"*



Member Age Ranges

- 1 is 30–39
- 2 are 55–59
- 5 are 60–69
- 14 are 70–79
- 32 are 80–89
- 5 are 90+



Services

Transportation, personal connections, yard and garden, simple home repairs, technology support, emergency pet care/walking, and snow removal

"Thank you so much for helping us feel like worthwhile citizens...,” wrote a member couple whose yard was raked clean. “It’s difficult to find you are less and less able to keep up with everyday chores and can’t afford to pay for it all.”

Volunteers

Volunteers are the lifeblood of our Village! Not only do our volunteers provide the benefits and services to members that keep them connected, involved and safe in their own home, but volunteers also ensure that our Village remains a successful and viable organization capable of meeting the needs of its members.



*"I volunteer to hopefully make a small difference in someone's day, but I also get something in return – reduced stress and a 'helper's high' feeling," wrote a volunteer.
"It's pretty powerful when you can help others while also deriving a benefit."*

FVIC volunteers are vetted and trustworthy and bring goodwill to the Village. All volunteers provide two references and undergo a background check, including:

Government Watch List (OFAC)

DOJ Sex Offender

VA - Fairfax City and County Criminal Search

Motor Vehicle Report (for volunteer drivers only)

149
Service
Requests
First-year

337
Volunteer
Hours
First-year

Home for Life Expo

HOME FOR LIFE 2023 EXPO

Presented by
FAIRFAX VILLAGE
IN THE CITY

Join us and meet local agencies and service providers to learn safe and successful aging in place practices.

FREE EVENT
Exhibitors and Speakers

March 31, 2023
10am - 3pm

The Stacy C. Sherwood
Community Center
3740 Old Lee Highway

For more information, visit
www.fairfaxva.gov/village



Home for Life Expo

- 10:30 am **Opening Remarks by**
Mayor Catherine Read
- 10:45 am - **"Connect and Stay Healthy!"**
- 11:15 am *Orlene Grant, President & CEO, the Juanita C. Grant Foundation*
- 11:30 am - **"Stay Strong and Flexible: Prevent Falls!"**
- 12:00 pm *Jane Summers, DPT, OCS*
- 12:15 pm - **"Safety in the Village: Fires, Strokes, and Falls"**
- 12:45pm *David Arrington, Lieutenant Fairfax City Fire Department*
- 1:00 pm - **"Repair and Rebuild for Safety!"**
- 1:30 pm *Patti Klein, Executive Director, Rebuilding Together*
- 1:45 pm - **"Be a Safe and Savvy User of Technology"**
- 2:15 pm *Anthony Nunez, CEO, INF Care*
- 2:30 pm - **"Won't You Be My Neighbor? Creating Community and Connection Through Volunteer Transportation"**
- 3:00 pm *Emily Braley, Manager, NV Rides*

Community Welcoming

Reconnecting with Neighbors

Meeting New People

Networking



Janice Miller connects with attendees at the Village exhibitor table.



Patti Klein of Rebuilding Together suggests home modifications.



Community Paramedic Lt. David Arrington explains home safety measures.

Partnerships

NV Rides

NV Rides partners with community-based volunteer driver programs located throughout Northern Virginia. Their goal is to help ensure that any adult aging in place in our community can find transportation.

NV Rides provides FVIC the following at no cost:

- Ride Scheduling Software
- Marketing Services
- Village Coordinator Support
- Volunteer Background Checks



City of Fairfax Community Response Team

The Community Response Team (CRT) is a specialized, multi-disciplinary team created to provide real-time behavioral health crisis response along with targeted outreach, post-crisis follow-up and short-term case coordination. CRT's targeted outreach efforts will include advocating for Village services and making referrals to City residents who can benefit by becoming a member of the Village.



"I believe it's in our human makeup to want to help others in need," a volunteer said.
"I'm retired and now have more flexibility to volunteer.
"I especially like the concept of volunteering in the community where you live, as it strengthens the community bonds."

Connecting to the Community

- Funky Flea Market
- Farmers Market
- Fall Festival
- Senior Center Events
- Home for Life Expo
- Lunchtime Learning
- Neighborhood Associations



Looking Back What's Next

Our First 12 Months

- April 27, 2022 – 1st Advisory Board Meeting
- May 15, 2022 – Applications Available
- May 25, 2022 – 1st Member Application Received
- July 29, 2022 – 1st Volunteer Orientation
- September 16, 2022 – Advisory Board Retreat
- October 8, 2022 – Fall Festival
- October 14, 2022 – Lunchtime Learning
- November 10, 2022 – Shape of Aging Focus Group
- March 13, 2023 – 1st Village Newsletter Published
- March 21, 2023 – CCH Presentation
- March 22, 2023 – "Successfully Aging on Their Own Terms,"
article by Bonne Hobbs, The Connection
- March 31, 2023 – Home for Life Expo 2023
- April 26, 2023 – Strategic Plan Adopted



Successfully Aging on Their Own Terms
Fairfax Village in the City helps residents stay in their homes.

By Bonnie Hobbs

Wednesday, March 22, 2023

Our Vision:

We envision a trusted, caring community where older adults and adults with disabilities successfully navigate life's challenges on their own terms assisted by Village neighbors.

What's Ahead

- Increase Membership by 50%
- Increase Volunteers by 50%
- Robust Advisory Board
- Home for Life Expo 2024
- Speaker Series
- Volunteer Appreciation Events
- Markets
- Fall Festival
- Neighborhood and Civic Association Presentations
- Lunchtime Learning

