

MEMORANDUM

TO: Mayor and Council

FROM: Carolyn Sutterfield, City of Fairfax Representative and COA Chair

RE: Fairfax Area Commission on Aging (COA)

DATE: October 28, 2019

- **Fairfax 50+ Community Action Plan**

At the Board of Supervisors' (BOS) 50+ Committee meeting on September 10, I presented the Commission on Aging's draft Final Summary Report on the Fairfax 50+ Community Action Plan approved by the BOS in September 2014. At that time, the 50+ Action Plan was envisioned as a three- to five-year effort. We included in our final report not only data on achievements of the original 31 initiatives, ranking them according to the four-point scale used in our annual assessments, but also two appendices.

Appendix A comprised "Insights from Results of the 2019 Fairfax Area 50+ Community Survey" related to the original categories of the 50+ Plan: *Services for Older Adults and Family Caregivers, Safety and Health, Community Engagement, Transportation, Housing, and Long-Range Planning*. It represents both initial analysis by the Office of Strategy Management (OSM) and a subsequent deeper dive by a COA subcommittee. (Breakdowns of data by age group, income, locality, and more are available through OSM. See "50+ Community Survey results" below.)

Appendix B grew out of a series of interviews that COA members conducted with the primary "champions," or leaders, of initiatives that were operational throughout the five-year span of the Plan. The 21 we were able to contact in August were asked to identify the achievement that made them most proud, the organizational approach that led to that achievement, and the audience that benefited most. They were also invited to suggest improvements that might help a future version of the initiative.

The draft was well received by the 50+ Committee, with an added letter from Supervisor Pat Herry and a list of BOS members, COA members, and Area Agency on Aging support staff, was approved by the full BOS on October 15. **To access the Fairfax 50+ Community Action Plan Final Summary Report, visit www.fairfaxcounty.gov/olderadults and click on "Fairfax 50+ Plan."**

- **50+ Community Survey results**

In July, I reported that the County had received the results of the Community Assessment for Older Adults (CASOA) survey conducted in Fairfax County and the cities of Fairfax and Falls Church in February by the National Research Center. The full report was posted at www.fairfaxcounty.gov/topics/50-plus-community-survey.

For those interested in a breakdown by locality, that information is now posted at <https://www.fairfaxcounty.gov/strategymanagemenths/sites/strategymanagemenths/files/assets/data%20analytics%20files/50plus-community-survey-results-by-supervisor-district.pdf>. Here are some quick facts regarding City of Fairfax results:

- City residents returned 447 surveys, for a response rate of 22%. In general, their responses tracked closely with overall county responses.

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- More than 80% of city respondents rated as ‘good’ or ‘excellent’ area opportunities to attend recreational and religious activities or to enroll in skill-building or personal enrichment classes.
- At least once in the past year, 12% had used a senior center, 15% had used a recreation center, and 31% had visited a public library.
- 79% rated as good or excellent opportunities to attend or participate in meetings about local government or community matters.

But city respondents had concerns too:

- 56% reported a problem with “not knowing what services are available to older adults in your community.”
- 50% reported having “at least a minor problem” with their physical health.
- 40% had trouble “finding affordable health insurance.”
- 25% did not feel confident about having housing to suit their needs, and only 18% rated the “availability of affordable quality housing” as good or excellent.
- Although 92% said that the Fairfax County area was a good or excellent place to live, only 53% rated it as a good or excellent place to retire.

• **Dementia Friendly Fairfax**

In August, LeadingAge Virginia (Richmond), the governing body in this state for the Dementia Friendly America movement, recognized the new Dementia Friendly Fairfax program headed by Goodwin House Bailey’s Crossroads and Insight Memory Care Center (IMCC) as the seventh in the Commonwealth to become a member of the nationwide DFA network. Dementia Friendly America (www.dfamerica.org) is an initiative of the National Association of Area Agencies on Aging.

At the quarterly meeting of the 50+ Community Ambassadors group in September, 25 Ambassadors were trained to become Dementia Friends. On **October 30**, at IMCC, LeadingAge Virginia will conduct a training for Dementia Champions, who will then be qualified to conduct educational outreach programs through the Fairfax area.

• **Northern Virginia Aging Network (NVAN) Legislative Breakfast**

At the 20th annual NVAN breakfast, held **October 4** at the Country Club of Fairfax, some 200 attendees talked with state legislators about proposals to help older Virginians. Priorities discussed included

- Appropriating \$974,000 (about half of the full funding needed) toward bringing the state’s Long-Term Care Ombudsman Program up to the national standard of one ombudsman per 2,000 beds. In some parts of Virginia, the current ratio is one per 8,000 beds.
- Requiring that eviction notices for residents include contact information for legal assistance. Many don’t realize that such help may be available.
- Enacting a comprehensive Medicaid dental benefit for adults. Chronic pain from gum disease has been associated with opioid abuse.
- Clarifying the Virginia guardianship code so that a clinical diagnosis alone is not sufficient evidence for declaring an older person incapacitated.
- Directing the Department of Aging and Rehabilitative Services (DARS) to identify actions that could improve the health and quality of life of those who experience loneliness and/or isolation. 37% of Virginians over age 60 live alone, vs. 25% nationwide.

MEMORANDUM

TO: Mayor and City Council Member

FROM: Diane Tuininga, Fairfax City Representative
Fairfax-Falls Church Community Services Board (CSB)

RE: Update of Fairfax-Falls Church CSB Programs and Services

DATE: October 24, 2019

The following are programs, activities, and events since the last update to the Human Services Committee.

Program Updates

- STEP-VA (System Transformation, Excellence and Performance in Virginia):
 - Full implementation is targeted for July 1, 2021
 - Continue to meet target implementation of services.
 - Funding continues to be an issue.
- Medicaid Expansion: As part of Medicaid expansion, CSBs throughout the state continue to deal with a reduction in state funding.
- CSB Crisis Care facility is being relocated to the recently vacated “Boy’s Probation and Parole” facility following permitting and renovations; anticipated to be completed in Fall 2020.
- Heroine/Opioid Crisis: In 2018 more than 1,240 Virginians, including over 83 in Fairfax-Falls Church community, died from an opioid overdose. Of those deaths, 70 involved fentanyl. This is a decrease from 2017 which was 114 individuals. However, from 2013 to 2017, in Fairfax County, emergency department visits nearly tripled. The CSB launched a new public awareness campaign in May 2019;
<https://www.fairfaxcounty.gov/community-services-board/news/2019/could-be-you>.

Activities/Events

- Welcoming Inclusion Network (WIN): **Purpose:** Growing opportunities for individuals with Developmental Disabilities. **Goals:** NETWORK: Build opportunities for increased information and resource sharing. DESIGN: Ensure service equity and efficiency through community-designed services. EMPLOYMENT: Boost employment opportunities through existing and new service models. INCLUSION: Identify and address other challenges to full community inclusion. This so far has become a very successful endeavor coordinating all stake holders.

WIN membership includes individuals from the community, various organizations, including the CSB, and elected officials. Meetings are monthly; check the CSB website for more information and dates of meetings: www.fairfaxcounty.gov/csb/win.

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- Behavioral Health Oversight Committee (BHOC [a subcommittee of the CSB]): I chair the BHOC Committee which includes some members of the Board and about twelve associate members who partner with the CSB. Some partner agencies include: PRS, Pathways, Service Source, Community Residences, INOVA, etc. The highlights from the BHOC meeting include:
 - *Bill Taylor and Joe Pettit*, of Concerned Fairfax, provided an overview of the Osher Lifelong Learning Institute (OLLI), noting it is a nationwide organization of approximately 125 institutions associated with universities to provide opportunities for lifelong learning. Partially funded by founder Bernard Osher, primary funding comes from annual dues. Noting the classes are intended for the Spring 2020 catalog, they are designed to offer providers an opportunity to communicate mental health resources in the community. Proposed classes/instructors include Diversion First/Gary Ambrose, Suicide Prevention/Wendy Gradison with PRS and Employment resources/Lauren Goldschmidt with ServiceSource. Members were encouraged to further distribute this opportunity to other providers.
 - Georgia Bachman of the CSB provided an overview on a new digital behavioral health resource: My Strength. The CSB has enrolled in the program for two years, with a goal of making it widely available to the Fairfax Community including the cities of Fairfax and Falls Church. It was clarified that it can be used for interim assistance while an individual is waiting for a first treatment appointment. It was noted that the CSB will receive only aggregate data for users; no personal data will be shared. Cards with access information were distributed to all attendees, with encouragement to visit the program as well as broadly distribute the information. The program may be accessed at www.MyStrength.com, noting that the platform is also provided in a mobile app. The access code is CSBPartner.
- The Wellness and Recovery Committee presented the annual Pathways to Wellness Conference on **October, 18, 2019**, from 8:30 until 2:30 in the Fairfax County Government Center. Its title is “Becoming Your Best Self: Putting the Pieces Together”. There were fantastic keynote and motivational speakers, including Michael T. Lane, Director of Individual and Family Affairs, CSB, and Pete and Kevin Early. The speakers shared their personal struggles with mental illness and homelessness. Pete Early is a journalist, writing 17 books, including the book “Crazy” and Kevin Early (Pete’s son) tells his story through song.

TO: Mayor and Fairfax City Council
FROM: Judith C. Turcott,
City of Fairfax Representative to Fairfax Area Disability Services Board
SUBJECT: Fairfax Area Disability Services Board Report
DATE: October 2019

The Fairfax Area Disability Services Board (FA-DSB) vision: To include people with disabilities into mainstream community life by identifying, communicating, and advocating their diverse capabilities and needs to state and local governments and the private sector; and to help and provide resources to meet the needs of persons with physical and sensory disabilities.

October 2019- This is Disability Awareness Month- A proclamation was made by the Fairfax Board of Supervisors on 9/24. Members of the FA-DSB were present to accept the proclamation.

The FA-DSB sent out a community needs assessment was sent out in the month of September to look at the needs of the disabled community in Fairfax County. The survey recently closed and the staff at Fairfax County is currently collating the results.

The Employment Committee for the FA-DSB continues to advocate for the removal of the driver's license requirement from many of its job announcements. Often this is limiting factor and will not allow qualified candidates to even enter the application process.

The FC Dept of Family Services Disability Services Planning and Development staff is working on an emergency response guide for people with disabilities that will be completed in the coming months.

The annual Martha Glennan Awards :The Fairfax Area Disability Services Board's *Martha Glennan Disability Inclusion and Equality Awards* are presented annually to recognize people, businesses, nonprofits, government agencies, and other organizations that excel in successfully demonstrating integration and equal rights for people with disabilities in the Fairfax area. Honorees demonstrate a strong commitment to the full inclusion of people with disabilities in all aspects of community life, including (but not limited to) housing, employment, public accommodation, integration, education, transition, home based supports, recreation and transportation.

The nomination process for this will be opening soon. If you know anyone who might be a candidate for this award, please keep them in mind. You can find additional information here.

<https://www.fairfaxcounty.gov/familyservices/disabilities/martha-glennan-disability-inclusion-and-equality-awards>

I will pass along the nomination form to Lesley when it becomes available.

Fairfax County completed another successful summer with the John Hudson Internship Program. The John Hudson Internship Program is a paid summer internship program in Fairfax County Government agencies for college students and recent graduates with disabilities. FA-DSB is looking toward expanding this program to a year round program.

The Welcoming Inclusion Network of Community Services Board has updated its one to five year planning document to include the following area for people with disabilities; **Retirement-** Increased utilization of Community based Older adult services. Further cross-agency planning to develop volunteer opportunities. **Training-** Access and advance inclusive adaptive services at existing vocational training centers. **Self-Directed Services-** Increased utilization of Self-Directed Services via individual transfers first and as needed to support increased community capacity. **Inclusive Hiring-** Increased utilization of group supported employment opportunities. See the full CSB plan here: <https://www.fairfaxcounty.gov/community-services-board/sites/community-services-board/files/assets/documents/pdf/strategic-plan.pdf>

Memorandum

To: Fairfax City Council
From: Andrew Wankum
Date: October 28, 2019
Subject: Health Systems Agency Board of Directors Report

The Board of Directors for the Health Systems Agency of Northern VA (HSANV) makes recommendations to the Virginia Commissioner of Health on whether to grant a Certificate of Public Need (COPN) to health care providers before proposed acquisitions, expansions, or creations of health care facilities or provider offices are allowed. HSANV covers Planning District 8, which includes the cities of Fairfax, Alexandria, Falls Church, Manassas, Manassas Park and the counties of Arlington, Fairfax, Loudoun and Prince William.

Virginia law requires owners and sponsors of identified medical care facility projects to secure a Certificate of Public Need (COPN) from the State Health Commissioner prior to initiating projects such as general acute care services, perinatal services, diagnostic imaging services, cardiac services, general surgical services, organ transplantation services, medical rehabilitation services, psychiatric/substance abuse services, mental retardation services, lithotripsy services, miscellaneous capital expenditures and nursing facility services.

Below is the status of projects in our planning district.

Commissioner of Health COPN Decisions

The Commissioner of Health has approved the Stone Springs Hospital Center COPN application seeking authorization to establish an on campus outpatient surgical hospital with two general purpose operating rooms (COPN Request VA-8428). HSANV recommended approval of the application on May 20, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Inova Healthcare Service COPN application seeking authorization to relocate and replace MRI scanners in Fairfax County (COPN Request VA-8442). HSANV recommended approval of the application on July 8, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Heritage Hall-Leesburg COPN application seeking authorization to expand by adding 30 nursing home beds (COPN Request VA-8424). HSANV recommended denial of the application on April 8, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended denial of the application. An informal fact finding conference (IFFC) was held on June 4, 2019.

The Commissioner of Health has approved the Stone Springs Hospital Center COPN application seeking authorization to establish an on campus outpatient surgical hospital with two general purpose operating rooms (COPN Request VA-8428). HSANV recommended approval of the application on May 20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Reston Hospital Center COPN application seeking authorization to expand its surgery service by adding two general purpose operating rooms (COPN Request VA-8435). HSANV recommended approval of the application on May

20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommended that the application be denied. An informal fact finding conference (IFFC) was held on June 6, 2019.

The Commissioner of Health has approved the Inova Loudoun Hospital COPN application seeking authorization to add 44 medical-surgical beds (COPN Request VA-8388). HSANV recommended approval of the application on October 9, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommended denial of the application. An informal fact finding conference was held on March 12, 2019. In order to gain approval of the project, Inova Health System agreed to reduce bed capacity elsewhere in the Inova hospital network (presumably Inova Alexandria Hospital) when the additional beds at ILH are licensed.

The Commissioner of Health has approved the Virginia Cancer Specialists COPN application seeking authorization to relocate its radiation therapy service (COPN Request VA-8418). HSANV recommended approval of the application on March 4, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Carient Heart and Vascular COPN application seeking authorization to establish a PET imaging service in Manassas, VA (COPN Request VA-8405). HSANV recommended approval of the application, with two charity care conditions, on December 10, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application with the charity care conditions.

The Commissioner of Health has denied the Reston Hospital Center COPN application seeking authorization to introduce open heart surgery (COPN Request VA-8306). HSANV recommended denial of the application at its November 13, 2017 meeting. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended denial of the application. An informal fact finding conference (IFFC) was held on September 5, 2018.

The Commissioner of Health has approved the Tysons LPC, LLC COPN application seeking authorization to develop a 42-bed long term nursing care facility (nursing home) at The Mather, a Fairfax County continuing care retirement community (COPN Request VA-8387). HSANV recommended approval of the application at its September 10, 2018 meeting. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

Applications with Informal Fact Finding Conferences (IFFCs) Pending

Reston Hospital Center: a COPN application seeking authorization to expand its surgery service by establishing an open heart surgery program (COPN Request VA-8436). A public hearing was held on the application on May 6, 2019. HSANV recommended denial of the application on May 20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommends that the application be denied. IFFC is pending.

Applications Complete/Hearing(s) or Board Action Pending

Kaiser Foundation Health Plan: a COPN application seeking authorization to establish an outpatient surgical hospital in Woodbridge, VA (COPN Request VA-8467). A public hearing was held on the application on October 7, 2019.

Franconia-Springfield Surgery Center: a COPN application seeking authorization to add one general purpose operating room (COPN Request VA-8465). A public hearing was held on the application on October 7, 2019.

Virginia Hospital Center Edison: a COPN application seeking authorization to establish an outpatient surgical hospital (COPN Request VA-8462). A public hearing was held on the application on October 7, 2019.

Loudoun Hospital Center: a COPN application seeking authorization to acquire a cardiac catheterization laboratory (COPN Request VA-8461). A public hearing was held on the application on October 7, 2019.

New Application Filings

Kaiser Foundation Health Plan has filed a COPN application seeking authorization to establish CT scanning service, an MRI imaging service, a PET-CT service and a non-cardiac nuclear medicine service in Woodbridge, VA (COPN Request VA-8468).

Applications Deferred

Inova Fair Oaks Hospital: a COPN application seeking authorization to acquire a CT scanner for intraoperative use (COPN Request VA-8264). Consideration of the application has been deferred to the next review cycle.

Virginia Hospital Center: a COPN application seeking authorization to relocate a linear accelerator to Fairfax County (COPN Request VA-8243). Consideration of the application has been deferred to the next review cycle.

Applications Left Incomplete, Withdrawn, Reinstated

Dominion Plastic Surgery: a COPN application seeking authorization to establish an outpatient surgical hospital in Fairfax County (COPN Request VA-8364).

Seven Corners Surgery Center: a COPN application seeking authorization to establish an outpatient surgical hospital (COPN Request VA-8301). The application filed was left incomplete.

Memorandum

TO: City of Fairfax Council and Human Services Committee
FROM: Dorothy Sorrell
RE: Homelessness and Affordable Housing
DATE: October 28, 2019

1. The Bailey's Shelter and Supportive Housing for adults is an innovative approach for housing our homeless residents and helping them transition into permanent housing. Scheduled to open in **November 2019**, the new facility will be located at 5914 Seminary Road. It will replace the existing Bailey's Shelter located at 3525 Moncure Avenue. There will be fifty-two emergency shelter beds to serve single adults, including four medical respite beds. There will also be 18 personal living quarters, and 24 hour staffing.

2. The Hypothermia Prevention Program is a collaborative effort that serves the critical needs of those experiencing homelessness when they are in most danger of exposure to cold weather. Some sites will open beginning **November 15, and all will extend to March 31**. For general questions about the Hypothermia Prevention Program, please contact Abby Dunner in the Office to Prevent and End Homelessness (OPEH) at abby.dunner@fairfaxcounty.gov.

- In the South County/Route One Area – New Hope Housing; Rising Hope United Methodist Mission Church
- In the Central/Eastern County, including Annandale and Seven Corners – New Hope Housing; Bailey's Shelter and Supportive Housing; rotating faith community sites
- In the North County, including Herndon and Reston – Cornerstones; Embry Rucker Community Shelter; North County Human Services Building
- In the Central/West County, including Fairfax and Centreville – FACETS; rotating faith community sites

In addition to the nonprofit providers and faith communities above, the Hypothermia Prevention Program relies on the effective collaboration and partnership of many other county agencies, including the Community Services Board (CSB), Fairfax County Health Department's Homeless Healthcare Program (HHP), Department of Family Services (DFS), Police Department, Sheriff's Office, Fire Marshal's Office, Land Development Services, and the Office to Prevent and End Homelessness (OPEH). These groups support the program and its client's essential service and safety needs throughout the season.

Fairfax County continues to operate the three shelters that serve single individuals and the four shelters that serve families (six facilities total) year-round for those experiencing homelessness. The phone numbers and addresses for the year-round shelters are available on the Office to End and Prevent Homeless (OPEH) web page.

CITY OF FAIRFAX HUMAN SERVICES COMMITTEE

AGENDA

October 28, 2019

1. Welcome and Announcements
 - A. Mike McCarthy, Communications Director's resignation
2. **Discussion:** Fall Festival Planning Recap
3. **Discussion:** Council Resolution Establishing Human Services Committee
4. **Discussion:** Human Services Community Training Plan
5. Committee Reports
 - a. Commission on Aging Carolyn Sutterfield
 - b. Community Services Board Diane Tuininga
 - c. Disability Services Board Judith Turcott
 - d. Health Systems Agency Andrew Wankum
 - e. Homelessness/Housing Dorothy Sorrell
 - f. Juvenile Relations Advisory Council Frank Franz, Debbie DeFalco
 - g. Library Board of Trustees Suzanne Levy
 - h. Long Term Care Coordinating Jocelyn Rappaport
 - i. ASAP Sandra Sale
 - j. At-Large Members Anita Light, Alexandra Gardner
6. Upcoming Human Services Events
7. **Information:** Census Information
8. Agenda Items for Next Meeting
9. Next Meeting Date: **Monday January 27, 2020**

MEMORANDUM

TO: Mayor and Council

FROM: Carolyn Sutterfield, City of Fairfax Representative and COA Chair

RE: Fairfax Area Commission on Aging (COA)

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DATE: October 2019

The Fairfax Area Disability Services Board (FA-DSB) vision: To include people with disabilities into mainstream community life by identifying, communicating, and advocating their diverse capabilities and needs to state and local governments and the private sector; and to help and provide resources to meet the needs of persons with physical and sensory disabilities.

October 2019- This is Disability Awareness Month- A proclamation was made by the Fairfax Board of Supervisors on 9/24. Members of the FA-DSB were present to accept the proclamation.

The FA-DSB sent out a community needs assessment was sent out in the month of September to look at the needs of the disabled community in Fairfax County. The survey recently closed and the staff at Fairfax County is currently collating the results.

The Employment Committee for the FA-DSB continues to advocate for the removal of the driver's license requirement from many of its job announcements. Often this is limiting factor and will not allow qualified candidates to even enter the application process.

The FC Dept of Family Services Disability Services Planning and Development staff is working on an emergency response guide for people with disabilities that will be completed in the coming months.

The annual Martha Glennan Awards :The Fairfax Area Disability Services Board's *Martha Glennan Disability Inclusion and Equality Awards* are presented annually to recognize people, businesses, nonprofits, government agencies, and other organizations that excel in successfully demonstrating integration and equal rights for people with disabilities in the Fairfax area. Honorees demonstrate a strong commitment to the full inclusion of people with disabilities in all aspects of community life, including (but not limited to) housing, employment, public accommodation, integration, education, transition, home based supports, recreation and transportation.

The nomination process for this will be opening soon. If you know anyone who might be a candidate for this award, please keep them in mind. You can find additional information here.

<https://www.fairfaxcounty.gov/familyservices/disabilities/martha-glennan-disability-inclusion-and-equality-awards>

I will pass along the nomination form to Lesley when it becomes available.

Fairfax County completed another successful summer with the John Hudson Internship Program. The John Hudson Internship Program is a paid summer internship program in Fairfax County Government agencies for college students and recent graduates with disabilities. FA-DSB is looking toward expanding this program to a year round program.

The Welcoming Inclusion Network of Community Services Board has updated its one to five year planning document to include the following area for people with disabilities; **Retirement-** Increased utilization of Community based Older adult services. Further cross-agency planning to develop volunteer opportunities. **Training-** Access and advance inclusive adaptive services at existing vocational training centers. **Self-Directed Services-** Increased utilization of Self-Directed Services via individual transfers first and as needed to support increased community capacity. **Inclusive Hiring-** Increased utilization of group supported employment opportunities. See the full CSB plan here: <https://www.fairfaxcounty.gov/community-services-board/sites/community-services-board/files/assets/documents/pdf/strategic-plan.pdf>

Memorandum

To: Fairfax City Council
From: Andrew Wankum
Date: October 28, 2019
Subject: Health Systems Agency Board of Directors Report

The Board of Directors for the Health Systems Agency of Northern VA (HSANV) makes recommendations to the Virginia Commissioner of Health on whether to grant a Certificate of Public Need (COPN) to health care providers before proposed acquisitions, expansions, or creations of health care facilities or provider offices are allowed. HSANV covers Planning District 8, which includes the cities of Fairfax, Alexandria, Falls Church, Manassas, Manassas Park and the counties of Arlington, Fairfax, Loudoun and Prince William.

Virginia law requires owners and sponsors of identified medical care facility projects to secure a Certificate of Public Need (COPN) from the State Health Commissioner prior to initiating projects such as general acute care services, perinatal services, diagnostic imaging services, cardiac services, general surgical services, organ transplantation services, medical rehabilitation services, psychiatric/substance abuse services, mental retardation services, lithotripsy services, miscellaneous capital expenditures and nursing facility services.

Below is the status of projects in our planning district.

Commissioner of Health COPN Decisions

The Commissioner of Health has approved the Stone Springs Hospital Center COPN application seeking authorization to establish an on campus outpatient surgical hospital with two general purpose operating rooms (COPN Request VA-8428). HSANV recommended approval of the application on May 20, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Inova Healthcare Service COPN application seeking authorization to relocate and replace MRI scanners in Fairfax County (COPN Request VA-8442). HSANV recommended approval of the application on July 8, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Heritage Hall-Leesburg COPN application seeking authorization to expand by adding 30 nursing home beds (COPN Request VA-8424). HSANV recommended denial of the application on April 8, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended denial of the application. An informal fact finding conference (IFFC) was held on June 4, 2019.

The Commissioner of Health has approved the Stone Springs Hospital Center COPN application seeking authorization to establish an on campus outpatient surgical hospital with two general purpose operating rooms (COPN Request VA-8428). HSANV recommended approval of the application on May 20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Reston Hospital Center COPN application seeking authorization to expand its surgery service by adding two general purpose operating rooms (COPN Request VA-8435). HSANV recommended approval of the application on May

20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommended that the application be denied. An informal fact finding conference (IFFC) was held on June 6, 2019.

The Commissioner of Health has approved the Inova Loudoun Hospital COPN application seeking authorization to add 44 medical-surgical beds (COPN Request VA-8388). HSANV recommended approval of the application on October 9, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommended denial of the application. An informal fact finding conference was held on March 12, 2019. In order to gain approval of the project, Inova Health System agreed to reduce bed capacity elsewhere in the Inova hospital network (presumably Inova Alexandria Hospital) when the additional beds at ILH are licensed.

The Commissioner of Health has approved the Virginia Cancer Specialists COPN application seeking authorization to relocate its radiation therapy service (COPN Request VA-8418). HSANV recommended approval of the application on March 4, 2019. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

The Commissioner of Health has approved the Carient Heart and Vascular COPN application seeking authorization to establish a PET imaging service in Manassas, VA (COPN Request VA-8405). HSANV recommended approval of the application, with two charity care conditions, on December 10, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application with the charity care conditions.

The Commissioner of Health has denied the Reston Hospital Center COPN application seeking authorization to introduce open heart surgery (COPN Request VA-8306). HSANV recommended denial of the application at its November 13, 2017 meeting. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended denial of the application. An informal fact finding conference (IFFC) was held on September 5, 2018.

The Commissioner of Health has approved the Tysons LPC, LLC COPN application seeking authorization to develop a 42-bed long term nursing care facility (nursing home) at The Mather, a Fairfax County continuing care retirement community (COPN Request VA-8387). HSANV recommended approval of the application at its September 10, 2018 meeting. Virginia Division of Certificate of Public Need (DCOPN) staff also recommended approval of the application.

Applications with Informal Fact Finding Conferences (IFFCs) Pending

Reston Hospital Center: a COPN application seeking authorization to expand its surgery service by establishing an open heart surgery program (COPN Request VA-8436). A public hearing was held on the application on May 6, 2019. HSANV recommended denial of the application on May 20, 2018. Virginia Division of Certificate of Public Need (DCOPN) staff recommends that the application be denied. IFFC is pending.

Applications Complete/Hearing(s) or Board Action Pending

Kaiser Foundation Health Plan: a COPN application seeking authorization to establish an outpatient surgical hospital in Woodbridge, VA (COPN Request VA-8467). A public hearing was held on the application on October 7, 2019.

Franconia-Springfield Surgery Center: a COPN application seeking authorization to add one general purpose operating room (COPN Request VA-8465). A public hearing was held on the application on October 7, 2019.

Virginia Hospital Center Edison: a COPN application seeking authorization to establish an outpatient surgical hospital (COPN Request VA-8462). A public hearing was held on the application on October 7, 2019.

Loudoun Hospital Center: a COPN application seeking authorization to acquire a cardiac catheterization laboratory (COPN Request VA-8461). A public hearing was held on the application on October 7, 2019.

New Application Filings

Kaiser Foundation Health Plan has filed a COPN application seeking authorization to establish CT scanning service, an MRI imaging service, a PET-CT service and a non-cardiac nuclear medicine service in Woodbridge, VA (COPN Request VA-8468).

Applications Deferred

Inova Fair Oaks Hospital: a COPN application seeking authorization to acquire a CT scanner for intraoperative use (COPN Request VA-8264). Consideration of the application has been deferred to the next review cycle.

Virginia Hospital Center: a COPN application seeking authorization to relocate a linear accelerator to Fairfax County (COPN Request VA-8243). Consideration of the application has been deferred to the next review cycle.

Applications Left Incomplete, Withdrawn, Reinstated

Dominion Plastic Surgery: a COPN application seeking authorization to establish an outpatient surgical hospital in Fairfax County (COPN Request VA-8364).

Seven Corners Surgery Center: a COPN application seeking authorization to establish an outpatient surgical hospital (COPN Request VA-8301). The application filed was left incomplete.

Memorandum

TO: City of Fairfax Council and Human Services Committee
FROM: Dorothy Sorrell
RE: Homelessness and Affordable Housing
DATE: October 28, 2019

1. The Bailey's Shelter and Supportive Housing for adults is an innovative approach for housing our homeless residents and helping them transition into permanent housing. Scheduled to open in **November 2019**, the new facility will be located at 5914 Seminary Road. It will replace the existing Bailey's Shelter located at 3525 Moncure Avenue. There will be fifty-two emergency shelter beds to serve single adults, including four medical respite beds. There will also be 18 personal living quarters, and 24 hour staffing.

2. The Hypothermia Prevention Program is a collaborative effort that serves the critical needs of those experiencing homelessness when they are in most danger of exposure to cold weather. Some sites will open beginning **November 15, and all will extend to March 31**. For general questions about the Hypothermia Prevention Program, please contact Abby Dunner in the Office to Prevent and End Homelessness (OPEH) at abby.dunner@fairfaxcounty.gov.

- In the South County/Route One Area – New Hope Housing; Rising Hope United Methodist Mission Church
- In the Central/Eastern County, including Annandale and Seven Corners – New Hope Housing; Bailey's Shelter and Supportive Housing; rotating faith community sites
- In the North County, including Herndon and Reston – Cornerstones; Embry Rucker Community Shelter; North County Human Services Building
- In the Central/West County, including Fairfax and Centreville – FACETS; rotating faith community sites

In addition to the nonprofit providers and faith communities above, the Hypothermia Prevention Program relies on the effective collaboration and partnership of many other county agencies, including the Community Services Board (CSB), Fairfax County Health Department's Homeless Healthcare Program (HHP), Department of Family Services (DFS), Police Department, Sheriff's Office, Fire Marshal's Office, Land Development Services, and the Office to Prevent and End Homelessness (OPEH). These groups support the program and its client's essential service and safety needs throughout the season.

Fairfax County continues to operate the three shelters that serve single individuals and the four shelters that serve families (six facilities total) year-round for those experiencing homelessness. The phone numbers and addresses for the year-round shelters are available on the Office to End and Prevent Homeless (OPEH) web page.

Memorandum

To: The Honorable Mayor David L. Meyer and Fairfax City Council

From: Frank Franz, Fairfax City Board Chair

RE: Fairfax County Juvenile and Domestic Relations Court Citizens Advisory Council.
Report for the period August 2019- October 2019

Date: October 22, 2019

- The Juvenile and Domestic Relations Court participation in the Veterans Docket is going well. At this point, the JDRC has one veteran participating, with several more veterans in line to join the docket in the future.
- The court has been appreciative of the supplement provided by the County to increase the court clerk's salary, to make up for the cost of living in Northern Virginia. Before the supplement, turnover in the clerk's office was 12%. After the supplement, the turnover was 3%.
(Court clerks are paid by the state and their salaries are the same in all parts of Virginia)
- As of July 1, 2019, the Juvenile and Domestic Relations Court was fully staffed with eight judges.
 - Even though the data indicates that the JDRC should be staffed at 8.8 judges, Chief Judge Todd Petit felt that this would not be a good year to ask for a ninth judge.
- At this time, there is no indication that the budget for JDRC would be increased or decreased.
 - The JDRC administrator has been promised that the budget will include \$3 million to upgrade and replace the security system in the Juvenile Detention Center.
- The Juvenile Justice Symposium will be held on **October 29, 2019**, at the McLean Community Center.
 - The Juvenile Justice Symposium is "a day-long event featuring speakers from both local organizations as well as national organizations who are leading the charge in juvenile justice."
- A ribbon cutting was held on **September 24, 2019**, to formally open the Kids Bench, which is an area on the 3rd floor of the courthouse, set aside for children to read and play while their family is in court. The area is filled with donated kids furniture and books for children. JDRC staff is responsible for the creation of the Kids Bench, with Robert Bermingham, the JDRC Director of Court Services, taking the lead on the project.

MEMORANDUM

TO: Mayor and City Council

FROM: Suzanne Levy

RE: Library Update

DATE: October 25, 2019

- A new Library catalog is coming November 13. You will not be able to place holds after **October 28**, until the new catalog is up and running. For details see <https://www.fairfaxcounty.gov/library/new-catalog-alert>
- While we move to the new library catalog, some service interruptions will take place—but they will be short-lived and publicized in advance. During these service interruptions, no fees will be charged and due dates will be automatically extended. Your holds will be kept in place and transferred to the new system.
- Thanks to all who came to the book sales this fall and purchased books. The money raised is used to support branch and system projects. The next sale will be **March 21-22** (Children's materials only) and **March 27-29** (Adult materials and what is leftover from the Children's sale). The Virginia Room Friends do not participate in the spring sale.
- Fairfax County BOS Chair has donated her clipping archive to the Virginia Room. It includes all press articles about her. In the past other BOS members have donated their papers to be kept in the VR.
- Join us on Saturday, **November 2**, for an all-day read-in celebrating the third anniversary of Fairfax County Public Library's 1000 Books Before Kindergarten early literacy program. Every open branch will be participating, with the goal of reading 1,000 books in a single day throughout the county. From guest readers and pop-up story times to themed book selections, crafts and more, branches will be hosting an array of fun activities. Fairfax City will have a Moe Willems themed program from 10:30-12 for babies, toddlers and preschoolers. Check the web site for sign up details.
- Last night Bob Levey, former Washington Post columnist visited the branch to speak about his time at the Post, changes brought to journalism, and his new book of fiction, "Larry Felder, Candidate". Copies are available in the library system. Earlier in the month I was able to attend a Fall for the Book program at the branch.
- **Reminder:**
Always check the web site for upcoming programs. There is a huge variety and something going on almost every day.

MEMORANDUM

TO: Mayor and Fairfax City Council
FROM: Jocelyn Rappaport, City of Fairfax Representative to Fairfax Area Long Term Care Coordinating Council (LTCCC)
SUBJECT: Long Term Care Coordinating Council Report
DATE: October 2019

The Long Term Care Coordinating Council's (LTCCC) vision: Inclusive, supportive community of all ages and abilities in the Fairfax area. Our mission: To identify needs and promote solutions that enhance the lives of older adults, adults with disabilities, and caregivers so all can participate fully in the community.

Presentations at recent LTCCC meetings

Social Security: The Application and Appeal Process for SSI and SSDI

Derek Cervoni, Esq. from Cervoni Disability Law, PLLC, spoke about the differences between Social Security Disability Insurance (SSDI) benefits and Supplemental Security Income (SSI) benefits. Those who have a medical condition and cannot work may be eligible for SSDI benefits or SSI benefits. Disability is defined by the Social Security Administration (SSA) as the inability to engage in any substantial gainful activity by reason of a medically determinable physical or mental impairment(s) which can be expected to result in death, or which has lasted or can be expected to last for a continuous period of no less than 12 months. A claimant is responsible for proving that they are disabled and unable to work for at least 12 months.

SSDI: The individual must have an injury or illness that has lasted, or can be expected to last, for a continuous period of not less than 12 months, or is terminal. SSDI is a form of insurance for those who were employed and, while working, contributed to the fund through payroll deductions (FICA) and paid into the Social Security system. A cash benefit is paid to eligible individuals who are found disabled. Medicare entitlement is associated with SSDI and begins after a 24 month waiting period.

SSI: Individuals must have an injury or illness that has lasted, or can be expected to last, for a continuous period of not less than 12 months, or is terminal. SSI is a needs based program for individuals with limited resources who have become disabled. A cash benefit is paid to individuals who meet medical disability and financial needs criteria (resource limit of \$2000 for the individual). The maximum monthly SSI 2019 Federal Benefit Rate (FBR) is \$771/month associated with Medicaid.

Disability definition for those under age 18: The individual can be found disabled if they have a medically determinable physical or mental impairment which results in marked and severe functional limitations and which can be expected to result in death or which has lasted, or can be expected to last, for a continuous period of not less than 12 months.

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Presenter's contact information: Cervoni Disability Law, www.cervonidisabilitylaw.com (703) 241-2625; dcervoni@cervonidisabilitylaw.com

Birmingham Green

Aaron Rebeck, Marketing Liaison, spoke about Birmingham Green, a 44 acre campus with three facilities which include two assisted living communities and one nursing home in Northern Virginia. Birmingham Green's vision is "Believe in dignity for every person." For more information visit: www.birminghamgreen.org

MEMORANDUM

Birmingham Green uses the philosophy of the Eden alternative www.edenalt.org which embraces that every individual is unique, and every person deserves compassion and respect, and to have their passion and desires be part of the conversation in their care and resident life.

Parkinson's disease

LTCCC member Sonia Gow gave a presentation on Parkinson's disease. The Parkinson's Foundation Prevalence Project estimates there will be 930,000 people living with Parkinson's by 2020 in the US. Website resources include:

- American Parkinson Disease Association www.apdaparkinson.org
- Parkinson's Foundation www.parkinson.org
- Inova Movement Disorders Center www.inova.org/movement-disorders-program
- Parkinson Social Network <https://parkinsonsocialnetwork.org/events/keep-moving>

No Wrong Door Advisory Council Report: Meals on Wheels Program

Shannon Dodd, Program Supervisor for the Fairfax Area Agency on Aging's nutrition unit, discussed the Meals on Wheels Program. There are two nutrition teams of 15 people each, serving all of the Fairfax area. The Meals on Wheels Program provides nutritional support to homebound individuals age 60 and over. Other clients, aged 18 and over, are also served if they meet certain criteria. The Meals on Wheels Program is not an income based service. For those who are able, financial contributions are accepted to help with funding the program. The Ensure program (liquid nutrition) is being phased out.

For most clients, 11 meals a week are delivered. 1300 volunteers support the program. Currently, volunteer drivers are needed in Annandale, Reston, Herndon and Mt. Vernon. There are about 900 clients being served. The programs follows the Fairfax County Public Schools weather closures.

For more information: <https://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-meals-on-wheels>

Fairfax Area Disability Services Board (DSB)

Leeann Alberts, LTCCC member appointed by the DSB, explained Census information for the Fairfax area pertaining to individuals with disabilities, and provided the following data: people with disabilities make up 15% of the population of Virginia and have an employment rate of 41%, whereas people without disabilities have an 83% employment rate. People with disabilities are almost twice as likely to live in poverty as people without disabilities.

Website: www.fairfaxcounty.gov/familyservices/disabilities

Electric Scooter/Bicycle Potential Risks

Mobility and Transportation Committee member, Doris Ray, mentioned that electric scooter/bicycle use in urban areas is a concern because they are left on sidewalks and pose a safety risk for individuals with disabilities and older adults who use sidewalks. The committee is considering preparing an advocacy statement for establishment of a policy about this (for the LTCCC's approval).

Upcoming or Ongoing Events:

November 11, 2019: Northern Virginia Dementia Care Consortium Conference, hosted by the Korean Central Presbyterian Church in Centerville, will provide information about research and support for those caring for people with dementia. Information and registration: <https://www.eventbrite.com/e/caregivers-conference-the-art-of-friendship-in-caregiving-registration-64178326101>

November 14, 2019: Washington Area Village Exchange (WAVE) Conference at Marymount University Conference Center: WAVE is an organization through which aging-in-place villages in the DC metropolitan area share experiences and ideas to encourage the growth and improvement of the village

MEMORANDUM

movement within the Washington DC area. Registration for the conference, which is open to villages and organizations interested in partnering with villages, can be found here:

www.wavevillages.org/images/Mini-Conference_Details_and_Registration_2019-11-14.pdf

For information about village programs in Fairfax area, and how to obtain assistance to explore developing one in your neighborhood: www.fairfaxcounty.gov/health/neighbor

Ongoing: Sentimental Journey Singers, a chorale for people with dementia, their friends and family, is a singing chorale that meets at Insight Memory Care Center on Monday mornings.

www.insightmcc.org/programs/social-programs/sentimental-journey-singers.html

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Upcoming or Ongoing Events:

November 11, 2019: Northern Virginia Dementia Care Consortium Conference, hosted by the Korean Central Presbyterian Church in Centerville, will provide information about research and support for those caring for people with dementia. Information and registration: <https://www.eventbrite.com/e/caregivers-conference-the-art-of-friendship-in-caregiving-registration-64178326101>

November 14, 2019: Washington Area Village Exchange (WAVE) Conference at Marymount University Conference Center: WAVE is an organization through which aging-in-place villages in the DC metropolitan area share experiences and ideas to encourage the growth and improvement of the village

MEMORANDUM

movement within the Washington DC area. Registration for the conference, which is open to villages and organizations interested in partnering with villages, can be found here:

www.wavevillages.org/images/Mini-Conference_Details_and_Registration_2019-11-14.pdf

For information about village programs in Fairfax area, and how to obtain assistance to explore developing one in your neighborhood: www.fairfaxcounty.gov/health/neighbor

Ongoing: Sentimental Journey Singers, a chorale for people with dementia, their friends and family, is a singing chorale that meets at Insight Memory Care Center on Monday mornings.

www.insightmcc.org/programs/social-programs/sentimental-journey-singers.html