

2024

## CAMP PARENT HANDBOOK



A GREAT RESOURCE FOR CAMPERS AND THEIR FAMILIES!

## Letter from the Recreation Manager

Thank you so much for choosing the City of Fairfax Summer Camp for your summer adventure! Every year we strive to make each summer one that your children will always look back on and cherish.

Our summer camps offer your children the opportunity of a lifetime to engage in safe and enjoyable activities, while forming positive relationships with other campers and staff. We strive to provide programs that will allow children to grow and develop intellectually, physically, culturally and socially. Campers will have the benefit of learning from role models while spending quality time with their friends in a great environment.

With striving to keep your children safe and happy, we always require all staff to complete a week of training at the start of each summer, this includes maintaining current CPR and First Aid certifications. We want you to know how much we appreciate your feedback from year to year and continue to encourage your insight for this year. We listen to your ideas, comments, and yes, even issues, and take them all into consideration to help us make our camp better every year. So whether it's a compliment or a problem that needs to be resolved, always know that we are listening and here to help!

We look forward to another safe and wonderful summer in our City!

## ~Katie MacCammon, Recreation Manager ~Brandt Jeffers, Assistant Recreation Manager

## CITY OF FAIRFAX PARKS AND RECREATION SUMMER CAMP PROGRAM

City of Fairfax Parks & Recreation Mission	p. 3
New Policies and Camp Dates	p. 4
Camp Information	p. 5
Tax Information	p. 5
Staffing/Notices p	o. 5
Camp Forms/Field Trips	p. 5/6
Leadership/Contact Info	р. 7
Camp Policies	p. 8-11
Program Specific Information p	o. 13-14
What to Bring to Camp p	o. 15

## **Frequently Asked Questions**

What do I do if my child is put on a waitlist? Page 4				
What are the payment option for registration? Page 6				
How do I contact my camp site in case of an emergency? Page 7				
Is there a discount for siblings? Page 7				
Do you offer scholarships/financial assistance? Page 7				
What is your policy on behavior problems? Page 8				
Can my child with special needs go to the City of Fairfax Summer Camp? Page 8				
What do I do if my camper has medications? Page 11				
How do you manage sunscreen application? Page 12				
What does a typical day look like? Pages 13-14				
What should/shouldn't my child bring to camp? Page 15				

#### PARKS AND RECREATION DEPARTMENT MISSION



Parks & Recreation

The City of Fairfax Parks and Recreation Department is dedicated to developing and maintaining beautiful, safe and environmentally friendly open spaces for the public to use and enjoy.

Through affordable, comprehensive and amazing experiences, we build a sense of community, enrich people's lives and contribute to total development of the individual, family, and the City of Fairfax.

We excel to meet the needs of our customers and residents and the needs of the City of Fairfax through activities, special events, cultural arts and parks that are representative of the best practices of our profession.

#### CAMP MISSION

The City of Fairfax Parks and Recreation Summer Camp Programs provide children with the opportunity to engage in fun and informative activities, while forming new friendships with other children and positive relationships with staff members. We encourage children to participate in activities and experiences that strive to benefit campers emotionally, physically and socially.

#### **GOALS**

- 1. Allow campers to develop new skills and work towards improving his/her performance at a given task.
- 2. Help each camper gain a deeper understanding of and appreciation for their own skills and abilities.
- 3. Encourage the development of leadership skills in campers of all ages.
- 4. Promote a culture where campers can develop new and lasting friendships.
- 5. Keep all children safe and happy.

#### **GENERAL CAMP INFORMATION**

We hope that you understand and appreciate our policies, as they directly relate to the safety and wellbeing of your camper. If you need any clarification on our policies please do not hesitate to ask. We look forward to your cooperation in helping us provide a pleasant and safe camp experience for your child(ren).

#### PARKS AND RECREATION CITY HALL OFFICE

#### SHERWOOD COMMUNITY CENTER

Monday - Friday 8:30am - 5:00pm Phone: 703-385-7858 Monday-Friday 8:30am-8:00pm Phone: 703-385-1695

www.fairfaxva.gov/summercamp camps@fairfaxva.gov

### **\*NEW\* CANCELLATION, REFUNDS, AND TRANSFERS**

<u>Cancellations and Refunds</u>: To request a refund, a Refund Request Form must be completed and emailed to <u>camps@fairfaxva.gov</u>

- **Before May 1st:** If you submit your Refund Request Form prior to May 1st you will be issued a full refund.
- **May 2nd-June 1st:** Refund Requests submitted after May 1st but before June 1st will be issued a full refund minus your deposit.
- No refunds will be given after June 1, 2024: Please review your summer plans to ensure that if you need to cancel out of a camp you have submitted your Refund Request Form by June 1st. The only exception to this policy is a documented illness or family emergency.
- During Camp: Refunds will not be issued for any missed program days within a camps scheduled sessions due to changed work or vacation schedules, sick days or other non-emergency reasons, or if a camper is sent home early or suspended from attending camp in accordance with the Parent Handbook. Please note: If a camper cannot finish camp once it begins due to a medical condition, a doctor's note is required within 24 hours for a pro-rated refund. Requests received after the camp session ends will not be granted.
- **Transfers:** Due to program minimums, transfers MUST be requested at least 14 days prior to the first day of the camp session from which you are withdrawing. Multiple transfers may be subject to a \$25 processing fee.

\*\*Fairfax City reserves the right to cancel a camp if we believe it is in the best interest of participant health and safety. All individuals registered for a canceled camp program will receive a full refund of the registration fee.

#### \*NEW\* WAITLISTS

- **Traditional Day Camps:** We will maintain a waitlist on a first-come, first-served basis. IF a spot opens, the Parks and Recreation staff will contact the waitlist in order to fill the spot.
- Specialty Camps: Any open spots will be released each Thursday at 12noon and will remain open until filled. After June 1, we will maintain a first-come, first-serve waitlist for specialty camps.

#### 2024 CAMP DATES

#### 2024 Full Summer Camp Dates: Monday, June 24- Friday, Aug 2 (No Camp July 4 or 5)

#### HOURS OF CAMP

- Little School Preschool Camp: 9:00am 1:00pm (*Rising kindergarten Class: until 3pm*)
- Summer Day Camp at Daniels Run or Providence Elementary: 8:30am 4:00pm\*
- Middle Grades Day Camp at Katherine Johnson (formerly Lanier): 8:30am 4:00pm\*
- Teen Adventure Camp at Katherine Johnson (formerly Lanier): 8:30am 4:00pm \*Extended Care is offered for Daniels Run, Providence and Katherine Johnson

#### **INFORMATION SESSION**

A virtual information session will be held in the beginning of June for all registered participants' families. Families will have the opportunity to meet some of the camp staff, learn more about the camp day, and ask questions. We highly recommend you attend this session, but it is not mandatory. A recorded version of this meeting will also be sent out to everyone registered.

#### TAX ID NUMBER:

For tax purposes please use the following Tax ID number and address: **TAX ID:** 54-600-1266 Address: City of Fairfax, 10455 Armstrong Street, Fairfax VA 22030

#### **STAFFING**

The City of Fairfax Parks and Recreation Department takes tremendous pride in our fantastic camp staff. Many of our camp employees have worked in our camp program for several years. Each site has a Site Leader who manages the camp, as well as 1-2 Admin Leaders who assist and serve as acting Site Leader when needed. Additional leaders are hired based on a staff to camper ratio which vary at each site. Our Art and PE Specialists will visit each site every week and lead the camp in specialized activities and projects. Each camp site has certified personnel in Standard First Aid, CPR, and AED. In order to provide the best care for your child, all staff is required to attend trainings on subjects such as child development, diversity, positive disciplining, games, and leadership.

**STAFF RATIOS (Staff : Campers)** 

- Little School Preschool Camp (Ages 3-5yrs)- 1:6
- Summer Day Camp at Daniels Run or Providence (Rising Grades 1-5)- 1:8
- Middle Grades Camp at Katherine Johnson (formerly Lanier) (Rising Grades 6-8)- 1:10

#### **NOTICES**

Notices will be handed out or emailed to your family on a weekly basis to inform parents of upcoming activities or any changes that may have occurred. There will also be an information board placed at the entrance to each camp with important notices or changes. We ask that you refer to this daily.

#### **FORMS**

#### PLEASE COMPLETE AND SUBMIT ALL FORMS NO LATER THAN JUNE 10, 2023

All forms must be completed, including registration, the online camper health profile (on campdoc.com), and Medical Forms (if needed), in order for your child(ren) to attend camp. For your child's safety, the camp staff must review the information prior to each child attending camp. Please ask the Parks and Recreation Department if you have any questions on which forms you are required to fill out.

#### Children will not be allowed to attend camp until all forms are received by the Parks and Recreation Department.

All campers must fill out the following EVERY YEAR (all done on campdoc.com):

- 1. Camp Registration
- 2. Camper Health Profile\*
- **3.** Trusted Contacts for Check In/Check out
- 4. *IF NEEDED*: Medication Administration Form, Inhaler Authorization, Epinephrine Authorization
- 5. IF NEEDED: Special Needs Request Forms

If you are a returning camper, you will need to login and confirm and update your information.

#### <u>\*Camper Health Profile (</u>ONLINE www.campdoc.com)

• All parent/guardians are required to fill out this information through our online registration portal at campdoc.com. This must be completed by June 1, 2022. If you are unable to complete the form online, please contact the Camp Coordinator for assistance. Children will not be allowed to be dropped at camp until this information is complete.

#### How to add a trusted contact:

- 1. Log in to your account.
- 2. Click the name of the participant for whom you want to add a trusted contact.
- 3. Click Trusted Contacts.
- 4. Click the ADD NEW CONTACT button.
- 5. Do one of the following, depending on whether the trusted contact is also an authorized user:
  - a. If the trusted contact is an authorized user, click the User box, select the correct user's name, and then complete any missing information outlined in red.
  - b. If the trusted contact is not an authorized user, complete all of the fields outlined in red.

(Optional) Click the Photo icon, and then click to upload a JPG, GIF, or PNG photo file.

6. Click the SAVE button.

#### FIELD TRIPS

The costs of the field trips are incorporated into the price of the camp. This will allow all the children to participate in field trips. Field trip examples may include bowling, ice-skating or trips to local parks. Each trip will be determined by what is most age appropriate for the campers and the number of participants in that specific camp. NO staff will be left at the site on field trip days. ALL children attending camp must attend the field trip. Refunds will not be given for any trips that campers do not attend.

- Elementary and Middle Grades Camps will attend field trips once or twice a week, with additional onsite entertainment throughout the summer.
- Teen Adventure Camp will attend field trips 4-5 days a week.
- Little School will not go to any field trips this summer, all entertainment will be onsite.

#### MOVIES

Occasionally, campers will watch a movie at their site as part of a theme day or in the case of inclement weather. These movies will be chosen as much in advance as possible to let parents know what movie their child will be watching. Movies shown will be PG rated at the Sunshine, Elementary and Katherine Johnson (formerly Lanier) Camps.

#### **PAYMENTS**

Once you are registered for a camp program, you may choose a

payment plan or pay in full. If you select to use a payment plan, it is required to setup the automatic payment plan with a credit card to be held on file.

• A deposit of \$100 for Traditional Camps or \$50 per specialty camp will be due at the time of enrollment of camps.

• Payment plans **must be setup for** April 1, May 1 and June 1. Staff reserve the right to remove your child from the camp program for any outstanding payments.

#### FINANCIAL ASSISTANCE

We strive to provide access to all programs regardless of financial status. Financial Assistance is available for qualified FAIRFAX CITY residents only. Tax forms and/or proof of income are required. Financial aid will be based on a sliding scale. If you wish to apply for financial assistance, please contact us to make an appointment. Re-application is required every year.

Deadline for financial assistance for the camp program is June 1.

All applicants for financial assistance must call to make an appointment: 703-385-7858 or email parksrec@fairfaxva.gov.

#### Sibling Discount

A sibling discount will be applied for families registering for traditional camp with two or more children in the same household. A discount of \$50 off each child in a family of two or more. Qualifiers: A sibling is categorized as 'one of two or more individuals having one or both parents in common.' <u>CODE</u>: **SIBLING** 

## **LEADERSHIP STAFF & CONTACT INFORMATION**

Camp Site	Position:	Name:	Contact #:	Email
All	Assistant Recreation Manager:	Brandt Jeffers	571-609-2663	Brandt.jeffers @fairfaxva.gov
ALL	Camp Coordinators:	Caitlin McNeil	703-385-7978	camps@fairfaxva.gov
		Zoey Mansur		
Teen Center	Teen Center Coordinator:	Kenyon Spann	703-887-5274	Teenadventurecamp @fairfaxva.gov
Little School	Site Admin:	Karina Espinoza	- 703-678-9665	littleschool
Preschool Camp	Site Admin:	Amy Miller		@fairfaxva.gov
Providence Day	Site Leader:	Sarah Myers	703-887-8310	providencecamp @fairfaxva.gov
Camp	Admins:	Anthony Gold Taylor Cho		
Daniels Run Day	Site Leader:	Leader: Ashley Leightley dani		danielsruncamp
Camp	Admins:	Avary McCarthy Samantha Bernier	703-888-6278	@fairfaxva.gov
Middle Grades Camp at Katherine Johnson	Site Leader:	Ian Dowling		middlecamp @fairfaxva.gov
	Admins:	Kate Gibson Diana Gibson	703-887-6867	

## **BEHAVIOR POLICIES**

#### **ANTI-BULLYING POLICY**

Bullying is when one or more people exclude, tease, taunt, gossip, physically harm, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Bullying can also happen through cyberspace: through the use of e-mails, text messaging, posting, and other less direct methods. This type of bullying can also lead to persons being hurt during or between the camp seasons and be especially hurtful when persons are targeted with "meanness" and exclusion.

At the City of Fairfax Summer Camp, bullying is inexcusable, and we have a firm policy against all types of bullying. Our Camp philosophy is based on our mission statement which ensures that every camper has the opportunity to develop new skills and work towards improving his/her performance at a given task; gain a deeper understanding of and appreciation for their own skills and abilities; encourage the development of leadership skills in campers of all ages; and keep all children safe and happy. We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with great memories.

Unfortunately, persons who are bullied may not have the same potential to get the most out of their camp experience. Our leadership addresses all incidents of bullying seriously and trains staff to promote communication with their staff and their campers so both staff and campers will be comfortable alerting us to any problems during their camp experience and between camp seasons. We may need your help to put an end to bullying at our camp! If your camper comes home and tells you that he or she either is being bullied or has witnessed bullying, please communicate this to the staff. Every person has the right to expect to have the best possible experience at camp, and by working together as a team to identify and manage bullying, we can help ensure that all campers and staff have a wonderful summer.

#### **BEHAVIOR AND DISCIPLINE POLICY**

Camp staff will focus on the prevention of negative behavior. We will praise the positive and attempt to discourage the negative, to bring out the best in every child. We believe discipline takes many forms and should vary according to age, individuality, and the developmental level of each child. Concern is focused on the action/behavior rather than the child. Our staff will use positive guidance, redirection, continuous supervision, and set clear limits during disciplinary action to help children thrive in the camp environment.

All children are expected to behave in a proper and respectful manner. We will not tolerate any hitting, name calling, foul language, destruction of property or any other behavior deemed inappropriate by the staff. In accordance with the severity and frequency of the behavior, the disciplinary actions such as timeouts, days off camp, or suspension may be used to help correct the behavior. In severe cases, Parks and Recreation Department reserves the right to dismiss any child from the program. No refunds will be given.

#### CAMP RULES

Campers will be responsible to abide by ALL camp rules. *Campers must:* 

- Remain in designated camp areas at all times
- Stay with their specified leaders at all times

- Not run in school halls, rooms, or building
- Use appropriate language at all times
- Be respectful to other campers, staff, and facilities at all times
- Refrain from any horseplay and/or engaging in any dangerous activities
- Only leave camp when they are signed out by a parent/guardian
- Not bring any weapons, projectiles, alcohol, drugs or illegal substances to camp. Possession will result in immediate expulsion from all camp programs
- Abide by all rules and procedures added to the specific program

#### **CHILDREN WITH SPECIAL NEEDS**

The City of Fairfax is committed to making all reasonable accommodations as required by the Americans with Disabilities Act. The City of Fairfax Parks and Recreation Department accepts children with special needs in an integrated group setting, when it is determined that the child can best be served in our camp environment. A Special Needs Request Form is available upon request. The more information provided to us about your child and the resources he or she needs, the more readily City of Fairfax Parks and Recreation staff will be able to meet those needs.

## **PROGRAM PROCEDURES AND POLICIES**

#### <u>ATTIRE</u>

Children should dress in a comfortable manner for camp. We suggest shorts and a T-shirt be worn. <u>Sneakers are a must; sandals or open shoes are not appropriate footwear</u>. Please do not send your child to camp in dress clothes as they will be engaged in various sports and arts and crafts projects and could get messy. You will be notified about days when children will participate in water-related activities and we will suggest your child bring a towel, bathing suit and an additional set of clothes to camp. **Please label all personal belongings!** 

#### **CANCELLATION, DELAY, OR EARLY DISMISSAL**

If camp is delayed or cancelled due to severe weather, power supply damage, or other unforeseen circumstances, you will be notified by telephone and email. It will also be posted on City of Fairfax Parks and Recreation Department website and City Facebook page. If camp must be dismissed early for any reason, all parents will be notified by phone and email immediately.

#### **ELECTRONICS & VALUABLE ITEMS**

<u>Please do not send your child(ren) with electronics</u> (i.e. phones, ipads, etc.) or other expensive items to camp. If you need to reach your child, please call the camp site phone. <u>We are not responsible for lost, stolen or damaged items</u>. Any item brought to camp that is deemed inappropriate, or is used in an inappropriate manner, will be held by the Camp Leader and returned to the parent/guardian at the close of the camp day.

#### HEAD LICE

Please check your child's heads for this condition and if you do find any indication of head lice, it is mandatory that your child stay home from camp, treat the lice, and see a doctor immediately. Staff may require a doctor's note for a child to return to camp.

Note: This is a common occurrence we experience at camp over the summer with the high numbers of children we have in close contact with one another. It is important that both you and your child are

aware of this and to further educate them on the proper way to share clothing worn on the head (hats, hoodies, swim caps, theme day attire, etc.)

For more information on how to detect head lice and what to do if you find anything please go to: <a href="http://www.cdc.gov/lice/head/parents">www.cdc.gov/lice/head/parents</a>

#### **ILLNESS AND INJURY**

If your child becomes ill or injured while at camp, we will first attempt to contact the Parent/Guardian(s). If we cannot reach the Parent/Guardian, Emergency Contact #1 will be called immediately. If we are unable to reach Contact #1, then Contact #2 will be notified and so on until we are able to reach someone. Please inform your Emergency Contact people of their responsibilities and be sure that they are readily available. Please make sure that your Emergency contact information is up to date and accurate.

If your child is sick, please keep him/her home. Children may not be allowed to attend camp if the following symptoms or illness occur: (1) fevers of 100 degrees Fahrenheit or higher, (2) reoccurring vomiting or diarrhea, (3) Lice, (4) contagious rashes (5) Other illness on the Virginia Health and Department List of Current Communicable Diseases. Please report any communicable diseases promptly, i.e. Chicken Pox, Head Lice, Pink Eye, etc., to the Site Director of your camp. Refunds or credits are not given for missed camp days.

#### LATE OR ABSENT CAMPERS

Parents, <u>please notify your child's camp</u>, if your child will be late or absent. Each morning your child's camp staff will take attendance and keep a record of who attends each day. To ensure the safety and whereabouts of each child, we would appreciate your cooperation on this manner.

#### LATE PICK-UP

Parents must pick up their child at the designated end time of their child's camp day. The Parks and Recreation Department incurs additional expenses for all campers that are picked up late.

- If for whatever reason, a parent/guardian is unable to pick up the child at the established end of the camp day they are registered for that day, the parent should call the designated emergency contact to arrange pick up. If the person picking up your child is not on the authorized list on the Participant Information Card, please call the camp to add this person.
- For each child that is picked up late, the parents will be automatically charged immediately. The fee structure is as follows;

#### Late Pick-up Fee: \_\_\_\_ First Warning (no charge) \_\_\_\_1-15 minutes late =\$20.00 \_\_\_\_16-30 minutes late =\$40.00 \_\_\_\_31-45 minutes late =\$60.00 \_\_\_\_46-60 minutes late =\$80.00

The camp staff will attempt to contact the Parent/Guardian and in cases where parents or alternates cannot be reached, the police will be contacted for assistance and advice in locating parents. We will not leave any children unattended at the sites. By state law, we are required to contact the police department if a child has not been picked up and the parents cannot be reached after one hour.

#### LOST AND FOUND OR LEFT ITEMS

A lost and found area will be designated at the camp site. The City of Fairfax Parks and Recreation Department will keep all lost and found/left items from the summer until August. At this time, all lost and found/left items will be donated to a charitable organization. To help your camper's items return home, don't forget to label everything clearly with your child's name!



#### LUNCH/SNACK

Campers must bring a non-perishable bag lunch and a drink to camp daily. Please <u>label all lunch bags</u>, <u>boxes and juice containers</u>. It is recommended that all campers bring lunches that have adequate nutritional value. Please do not send food that will spoil or food in glass containers. Please send your child with a water is recommended as an everyday staple due to the level of activity and the heat.

\*Please Note: Due to possible severe peanut allergies, parents may be asked not to pack their child(ren) food made with peanut products. Please list your children's allergies on camper health profile and staff will take appropriate precautions.

#### MANDATED REPORTING

As required by Virginia state law, all camp staff are considered Mandated Reporters. Mandated Reporting laws require that professionals who deal with children report suspicious circumstances suggestive of child maltreatment to Fairfax County Child Protective Services.

#### **MEDICATION**

We request that parents administer necessary medications to their children before or after camp hours. However, we understand that some medications must occasionally be given while children are with us. If your child needs to take medication during camp hours, please follow these guidelines:

- Medication must be in the original, labeled container supplied by pharmacist. A separate letter from the physician may be required for EpiPens, inhalers and other medications including prescriptions.
- Include written instructions concerning the administration times and dosages.
- Leftover medication must be picked up by the end of the summer.

Parents must fill out the **MEDICATION ADMINISTRATION FORM** located in your online portal or request one from the Parks and Recreation Department. A separate form must be used for EpiPens and inhalers. Please speak with your child's camp staff about medication and any special concerns.

#### PARENT/GUARDIAN VISITORS AND INVOLVEMENT

We encourage you to speak with your child's camp staff frequently. If there are any questions, problems, or situations that need to be addressed do not hesitate to contact the City of Fairfax Parks and Recreation Department at 703-385-7858 or the Assistant Recreation Manager Brandt Jeffers at 571-609-2663.

#### POLICY FOR NON-DISCRIMINATION

The City of Fairfax Parks and Recreation Department accepts camper registrations on a first come, first served basis and does not discriminate on the basis of race, gender, national origin, religious preference, age or disability.

#### SIGN-IN AND SIGN-OUT PROCEDURES

Upon arrival at the camp site each day at the specified time (*Parks and Recreation Department will not be responsible for children dropped off at camps earlier than the designated start times*), PARENT or GUARDIAN **must** sign-in child(ren) with a staff member at the site entrance. At the end of the day, PARENT or GUARDIAN **must** sign-out child(ren) with a staff member.

The staff will request identification for everyone who picks up a camper, INCLUDING PARENTS/GUARDIANS. <u>Campers will NOT be allowed to leave unless identification is presented at the time of pick-up</u>. Please fill the 'Trusted Contacts' on your campers profile:

#### How to add a trusted contact:

- 7. Log in to your account.
- 8. Click the name of the participant for whom you want to add a trusted contact.
- 9. Click Trusted Contacts.
- 10. Click the ADD NEW CONTACT button.
- 11. Do one of the following, depending on whether the trusted contact is also an authorized user:
  - a. If the trusted contact is an authorized user, click the User box, select the correct user's name, and then complete any missing information outlined in red.
- b. If the trusted contact is not an authorized user, complete all of the fields outlined in red.(Optional) Click the Photo icon, trip and then click to upload a JPG, GIF, or PNG photo file.12. Click the SAVE button.

For your child's protection, we ask that you provide us with advance written notice (via email or text or note at drop off) for the following reasons:

- 1) If you are planning to pick up your child early, or
- 2) Authorizing someone to pick-up or drop off your child, other than yourself, and anyone listed on the pick-up authorization form, or
- 3) Notice of your child being absent, or If your child walks or rides a bike to camp, written permission and notification is required. Walkers/bike riders must remain at camp until closing, unless you inform us otherwise. <u>Campers must live within a 1 mile radius of the camp site.</u>
- 4) Please sign the online Camper Health Profile if giving permission for your child to walk or bike and sign themselves in and out of camp. This is only applicable to campers rising 2<sup>nd</sup> grade and older.

\*\* In the event of inclement weather, we require parents of children who walk or bike ride to camp, to have an alternate transportation plan in place. Children under 15 are required by law to wear a bike helmet.

If you are picking up your child early, please call the camp site phone. Staff will direct you to the proper location. DO not enter the building without the permission of staff member.

#### SUNSCREEN/INSECT REPELLENT

We strongly suggest that a parent or guardian apply sunscreen (minimum SPF15) <u>prior to camp</u>. Campers must provide their own sunscreen, and should bring it with them to camp with their name written on it. Staff can assist with reminding campers and with the use of spray sun block only, if is authorized by parents at the Participant Information Form (online). *Camp Staff will not apply Sunscreen to participants. Please instruct your child how to apply his/her own sun block.* 

#### THEME DAYS

Many of the camps incorporate theme days into their camp program. These often involve dress-up days, special activities and more. We encourage, but do not require all campers to participate in theme day activities.



## SUMMER DAY CAMP PROGRAMS DAILY INFORMATION

#### LITTLE SCHOOL PRESCHOOL CAMP

SHERWOOD CENTER 3740 Blenheim Blvd Highway Fairfax, VA 22030 Camp Ages: 3yrs – rising Kindergarten Staff Ratio: 1 Staff for every 6 campers 9am -1pm (Kindergarten Class: until 3pm)

Preschoolers and Rising Kindergarteners will have so much fun in the sun this summer at Little School Day Camp! This camp will provide children with activities which will include arts and crafts, show & share, special events, games, and water activities (*i.e. sprinklers, there are no swimming pool activities*). Other activities may include puppet shows, picnics, storytellers and cultural events. Children will develop important social skills while playing with their friends and leaders in a fun and safe environment. Each week, campers will have safe in-house entertainment.

After arrival and check-in, a typical day for campers will begin with free play with staff. All campers will then enjoy a circle time in which they will talk about what their schedule will be, sing songs and do introductions. Campers will then move on to their rotations in the cafeteria, gym, classrooms and outside. Typical activities in these rotations will include arts and crafts (Camp Staff & Specialist-led activities), P.E. games, playground play, and water days. At this point in the day, campers will enjoy their food that they brought in from home. Theme days will be incorporated into the camper's activities. A listing of themes and activities will be given to the parent at the start of each session. The day will conclude with another circle time to wind down. At the end of each day, all campers will be signed out by an authorized person.

#### SUMMER DAY CAMP AT DANIELS RUN AND PROVIDENCE ELEMENTARY SCHOOLS

DANIELS RUN ELEMENTARY SCHOOL 3705 Blenheim Blvd Highway Fairfax, VA 22030

8:30am- 4pm Camp Ages: Rising 1<sup>st</sup> – Rising 5<sup>th</sup> Grade Staff Ratio: 1 Staff for every 8 campers PROVIDENCE ELEMENTARY SCHOOL 3616 Jermantown Road Fairfax, VA 22030

4pm-6pm (Extended Care)

Campers will join their friends this summer for a fun-filled time which will include sports, games, arts and crafts, special events and more! Children will enjoy time playing with their friends and staff while developing new skills. All activities are designed to help children expand their skills and abilities. Specialists in the areas of art and sports will visit each week. Each week, campers will go on one field trip and have some safe in-house entertainment.

The day will begin with free play with the camp staff followed by morning announcements. The children will then follow rotations in the cafeteria, gym, classrooms and outside. Typical activities within rotations will include Specialist-led arts & crafts, P.E. games, field & playground activities, free play with staff. Children will break for lunch and continue similar rotations in the afternoon with time to finish arts & crafts, continuation of specialist games, on-site special activities, etc. Their day will conclude with afternoon announcements and then sign-out of camp.

#### MIDDLE GRADES DAY CAMP AT KATHERINE JOHNSON (FROMERLY LANIER)

KATHERINE JOHNSON (FROMERLY LANIER)	Camp Ages: Rising 5 <sup>th</sup> – Rising 7 <sup>th</sup> Grade
MIDDLE SCHOOL	Staff Ratio: 1 Staff for every 10 campers
3801 Jermantown Road	8:30am- 4pm
Fairfax, VA 22030	4pm-6pm (Extended Care)

This summer, rising 5<sup>th</sup>-rising 7<sup>th</sup> graders will spend time with their friends in a safe and enjoyable environment which will include activities such as sports, games, arts and crafts, and special events. Campers will be able to be utilize their creative, physical and intellectual abilities. Teamwork, communication and self-esteem will be stressed and reinforced with all participants. Our Art and PE Specialists will visit the camp each week. Each week, campers will go on one field trip and have some safe in-house entertainment.

Middle grade campers will experience a similar typical day schedule as Summer Day Camps at Daniels Run and Providence. With the older campers at the Middle Grades Day Camp, the staff are able to challenge the children both mentally and physically in an environment that is appropriate for this age group. For example, more team sports during gym/outside play and more gym space to accommodate whole site special activities, and more complex arts and crafts projects, as well as staff and specialist-led rotations.

#### **TEEN ADVENTURE CAMP AT KATHERINE JOHNSON (FROMERLY LANIER)**

KATHERINE JOHNSON MIDDLE SCHOOL 3801 Jermantown Road Fairfax, VA 22030 Camp Ages: Rising 8<sup>th</sup> – Rising 10<sup>th</sup> Grade Staff Ratio: 1 Staff for every 12 campers 8:30am- 4pm

Teen Travel Camp has been revamped to include age-appropriate field trips five days a week. This camp offers a wide variety of activities for teens in a safe, friendly and supervised environment. Teens will participate in activities such as teambuilding, games, and much more. Each day, they will travel on a new adventure to develop and refine skills in areas such as leadership, teamwork and socialization.

# WHAT TO BRING TO CAMP

**\*\*PLEASE LABEL ALL BELONGINGS WITH CAMPER NAME\*\*** 



## WHAT NOT TO BRING TO CAMP

- Electronics (including portable video games like Nintendo DS/Switch, PSP, iPads, Cell Phones, etc)
- Other valuable items as the City of Fairfax Parks and Recreation Department is not responsible for lost or stolen items.
- Any item that could be deemed a weapon