

# Parks & Rec Connected

FALL '24

A COMPLETE GUIDE TO **FAIRFAX CITY**  
EVENTS, ARTS, PROGRAMS, AND PARKS

Fall Festival  
**1986**



**ELITE SPONSOR**  
**FAIR CITY MALL**

**COMMUNITY CELEBRATIONS • PG 7**

**FALL FESTIVAL • PG 9**

**FIESTA FAIRFAX • PG 31**



**FAIRFAX CITY**  
Parks & Recreation  
[fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec)

# Parks & Rec Connected

## DIRECTORS MESSAGE

### Greetings!

It's been a great summer. Here at the Parks Department, we've had some highs, our 2nd Annual Juneteenth Celebration was a tremendous hit, our teen camp returned with a slate of fantastic field trips, and we've avoided much of the rain that seemed to plague our summer events last year. We had some lows, the July 4th Fireworks being one of them. We appreciate the feedback we received after the event, and our team is working hard to find solutions that work for our 2025 event.

As we close out the summer and look towards the fall there are exciting things on the horizon. We plan to break ground on the redevelopment of Thaiss Park this fall. With it will come the creation of a true neighborhood park. We'll maintain our strong commitment to Fairfax Little League while also adding an upgraded playground, adult fitness circuit, half court basketball space, walking track, and everyone's favorite... real restrooms! We'll also be kicking off a 10-month update of the Park Master Plan. Last updated in 2014, this plan will guide us through the next 10 years. Its development will require a great deal of community feedback. We'll be requesting your input in many ways as we hope to reach as many of our community members as we can. Please keep an eye out online, in-person, and event pop-up opportunities to get involved.

Big things are happening in Fairfax City! We look forward to seeing you at events, participating in programs, or just enjoying one of our beautiful parks and trails. Want to get involved? We have plenty of opportunities for volunteers with a variety of avenues to get involved. Find out more at our website.

*Stacey Sommerfield*

Director of Parks and Recreation

### STAY CONNECTED WITH US ON SOCIAL MEDIA!



CityFFXParksRec



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CityFFXParksRec



CityofFairfaxVA

## MAYOR & COUNCIL



### MAYOR

Catherine Read  
catherine.read@fairfaxva.gov



### COUNCILMEMBER

Billy Bates  
billy.bates@fairfaxva.gov



### COUNCILMEMBER

Kate Doyle Feingold  
kate.doylefeingold@fairfaxva.gov



### COUNCILMEMBER

Jeffrey Greenfield  
jeff.greenfield@fairfaxva.gov



### COUNCIL MEMBER

So Lim  
so.lim@fairfaxva.gov



### COUNCILMEMBER

Tom Ross  
tom.ross@fairfaxva.gov



### COUNCILMEMBER

Jon R. Stehle Jr.  
jon.stehle@fairfaxva.gov

## PARKS & RECREATION ADVISORY BOARD (PRAB)

- Sarah Ross, *Chair*
- Kelly O'Brien, *Vice-Chair*
- Charish Bishiop
- Inigo Francis
- Diana Gibson
- Matthew Hoffert
- Rachael McQuillen, *School Board Representative*
- Chuck Pacely, *Senior Center Representative*
- Matt Rice, *Planning Commission Representative*
- Rusty Russell, *Environmental Sustainability Committee Representative*
- Kelsey Sandoval, *Commission on the Arts Representative*
- Douglas Stewart, *NOVA Parks Representative*
- Yolanda Ortiz, *Commission on the Arts Representative*

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## PARKS & RECREATION LOCATIONS

### GENERAL INFORMATION:

**Phone:** 703-385-7858

[fairfaxva.gov/ParkRec](http://fairfaxva.gov/ParkRec)

[parksrec@fairfaxva.gov](mailto:parksrec@fairfaxva.gov)

### CITY HALL

10455 Armstrong St. Suite 123, Fairfax, VA 22030

**Hours:** Mon-Fri, 8:30am - 5pm

**Phone:** 703-385-7893

#### Staff:

- **Stacey Sommerfield**, CPRP, *Parks and Recreation Director*  
[stacey.sommerfield@fairfaxva.gov](mailto:stacey.sommerfield@fairfaxva.gov)
- **Kay Kaelin**, *Administrative Services Coordinator*  
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- **Megan DuBois**, CPRP, *Cultural Arts Manager*  
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- **Christine Vincent**, *Cultural Arts Assistant*  
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- **Mitzi Taylor**, CPRP, *Events & Athletic Manager*  
[mitzi.taylor@fairfaxva.gov](mailto:mitzi.taylor@fairfaxva.gov)
- **Deanna Payne**, *Special Events Assistant Manager*  
[deanna.payne@fairfaxva.gov](mailto:deanna.payne@fairfaxva.gov)
- **Richard Wyant**, *Athletics Supervisor*,  
[richard.wyant@fairfaxva.gov](mailto:richard.wyant@fairfaxva.gov)

### STACY C. SHERWOOD CENTER

3740 Bienheim Blvd (Formerly Old Lee Hwy)

Fairfax, VA 22030

**Hours:** Mon-Fri, 8:30am - 8pm, Sat, 9am - 4pm  
(Open evenings and Sundays for scheduled events)

**Phone:** 703-385-1695

#### Staff:

- **Katie MacCammon**, CPRP, *Recreation Manager*  
[katherine.maccammon@fairfaxva.gov](mailto:katherine.maccammon@fairfaxva.gov)
- **Brandt Jeffers**, CPRP, *Assistant Recreation Manager*  
[brandt.jeffers@fairfaxva.gov](mailto:brandt.jeffers@fairfaxva.gov)

### OLD TOWN HALL

3999 University Dr., Fairfax, VA 22030

**Hours:** 11am - 3pm

### GREEN ACRES CENTER

4401 Sideburn Road, Fairfax, VA 22030

**Hours:** Mon-Fri, 8am - 5pm

(Open evenings and weekends for scheduled events)

#### Green Acres Fitness Room Hours

Mon-Thurs, 5 - 9pm; Sat-Sun, 9am - 2pm

**Phone:** 703-273-6090

#### Green Acres Staff:

- **Anne Chase**, CPRP, *Senior Center Manager*,  
[anne.chase@fairfaxva.gov](mailto:anne.chase@fairfaxva.gov)
- **Kathy Carter**, *Assistant Senior Center Manager*  
[kathy.carter@fairfaxva.gov](mailto:kathy.carter@fairfaxva.gov)

#### Facility Rentals Staff:

- **Kris Titus**, CPRP, *Operations Manager*,  
[kris.titus@fairfaxva.gov](mailto:kris.titus@fairfaxva.gov)
- **Kaveh Tajalli**, CPRP, *Assistant Operations Manager*,  
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### PARKS

- **Mac Ryan**, *Parks Manager*, [michael.ryan@fairfaxva.gov](mailto:michael.ryan@fairfaxva.gov)
- **Christopher Fleming**, *Parks Supervisor*,  
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- **Demetric Willingham**, *Parks Supervisor*,  
[demetric.willingham@fairfaxva.gov](mailto:demetric.willingham@fairfaxva.gov)
- **Aster Minehart**, *Volunteer Coordinator*,  
[aster.minehart@fairfaxva.gov](mailto:aster.minehart@fairfaxva.gov)



**FALL REGISTRATION OPEN:  
AUGUST 5, 2024 AT 8:30AM**



**PARKS & REC CONNECTED IS  
PUBLISHED 3 TIMES A YEAR:**

Winter/Spring-January through April  
Summer-May through August  
Fall-September through December



**WE APPRECIATE YOUR FEEDBACK!**

Please contact our office at 703-385-7858 or email [parksrec@fairfaxva.gov](mailto:parksrec@fairfaxva.gov) with questions, suggestions or comments.



### CAPRA ACCREDITATION

The Fairfax City Parks and Recreation Department is a National Parks and Recreation Association accredited department proving the highest level of service to our community. There are only 172 accredited CAPRA departments nationwide.

# Happenings



## *A Message from Mayor Read,*

In 2022 the City of Fairfax realized our Fall Festival, held annually on the second Saturday of October, would fall on Yom Kippur in 2024. Much discussion ensued about moving the event and ultimately it was decided to leave it on its regularly scheduled Saturday.

We make every effort to schedule around religious holidays, recognizing that in such a multicultural region there are many faith communities whose members seek accommodations for their observances. We understand the significance of Yom Kippur to the Jewish community.

Some of the considerations around our decision was the limited number of weekends in a year and moving it up a week or back a week meant we now overlapped with other area events. Vendors who come to our event annually plan their schedule well in advance and moving the date would force them to choose among multiple events on the same weekend.

The nature of religious holidays that move around the calendar mean conflicts will occur periodically. We make every reasonable effort to move events if we can. We value the many faith traditions celebrated in our city and a scheduling conflict such as this does not mean we have not considered the impact. We strive to meet the needs of many faith traditions as well as our civic obligations to the wider community. We appreciate your understanding in this.

*Catherine S. Read, Mayor*

## *Independence Day Celebration* **THANK YOU!**



The City of Fairfax Parks & Recreation Department would like to thank the Independence Day Celebration Committee and the many volunteers that gave of their valuable time to make this year's Independence Day Celebration a wonderful success.

Whether serving as a lineup judge, route official, telephone caller, envelope stuffer, office worker, information booth worker, balloon handler, car driver, errand runner, luncheon organizer, reviewing stand host, your time and assistance are gratefully appreciated.

**The event would not be possible without this support.**

For information on volunteering at the event or becoming a member of the Independence Day Celebration Committee please call Mitzi Taylor at 703.385.7949 or email [Mitzi.Taylor@fairfaxva.gov](mailto:Mitzi.Taylor@fairfaxva.gov)



# Building Unity and Pride

## Summer Celebrations of Diversity and History

The Parks and Recreation Department was excited to continue our community celebrations this summer. Building off the energy of successful Black History and Women’s History month celebrations, we jumped right into planning for the city’s 2nd Annual Pride Celebration and our 2nd Annual Juneteenth Celebration.

While Pride is celebrated 365 days of the year, it’s most recognized during the month of June. Pride Month evolved out of the 1969 Stonewall Riots and has since become a time to reflect and celebrate both the progress and the people of the LGBTQIA+ community. All are welcome to participate and join in Pride Month!

Highlights of our 2024 City celebration included a kickoff event at Old Town Hall, featuring local organizations, businesses, and community leaders. The event kicked off a month of celebrations held throughout the community. Many local businesses partnered with the City to host pop-up events or celebrations of PRIDE month. We hope to make this month of events larger each year. If you are interested in participating in PRIDE or any other city cultural celebration, please reach out to the Parks & Recreation Department.

This year our 2nd Annual Juneteenth Event moved to Old Town Square to accommodate an ever-growing crowd of attendees. The event opened with a moving ceremony packed with dynamic speakers, and performances of both the National Anthem and Black National Anthem. The park was filled with local black owned businesses, historic preservation organizations, and a variety of activities. Kids activities were held in Old Town Hall and offered a brief respite from the heat for parents. Performers electrified attendees who were treated to a show that featured all types of entertainment.





Parks and Recreation

# FINANCIAL ASSISTANCE



**SCAN TO  
LEARN MORE  
AND APPLY**



## Fees shouldn't prevent you from enjoying our programs

City of Fairfax Parks and Recreation's goal is to have all government programs, services, classes and camps accessible to all residents



Reductions based on household size and income



Only available to Fairfax CITY residents



Available for programs of all ages (Adult, Youth, & Senior Programs)

# Happenings

## Fairfax City Brings Home WIN

### Fairfax City defeats Town of Vienna and Town of Herndon to bring home first win in the Mayors Fitness Challenge!

In an inspiring triumph for fitness and community spirit, Fairfax City has finally clinched victory in the Mayor's Fitness Challenge!

This achievement is no small feat, as it marks the first time Fairfax City has surpassed our competitors, the Towns of Herndon and Vienna. While we want to congratulate all community members who participated, we want to recognize a special set of women who likely helped us grab the title. Darlene's Senior Fitness Classes, held at the Sherwood Center, logged hundreds of hours, while also demonstrating the joy our seniors find in active living.

The Mayor's Fitness Challenge is an annual event aimed at promoting wellness across all age groups in Fairfax City. For the past three years, Fairfax City, the Town of Herndon, and the Town of Vienna, have engaged in friendly competition, each battling it out to take the cup. After losing to Vienna for three years running, this year's challenge saw unprecedented enthusiasm from the City. Fueled by Darlene's energy and dedication to fitness, her class participants each registered and logged their hours for the Mayor's Fitness Challenge. We can't say for sure, but we have our suspicions that their hours helped push Fairfax City over the finish line to snag the win.

Darlene, a fitness instructor, passionate about health and wellness, began teaching classes over a decade ago in Fairfax City. Offering a variety of programs such as Seniorcize, Zumba Gold, Pilates/Yoga, and more, Darlene leads 12 classes weekly. Her classes, tailored specifically for seniors, have become a cornerstone of senior activities, infusing fitness with fun and enjoyment.

Recognizing the contributions of these active seniors Mayor Read stopped by the Sherwood Center to congratulate everyone. While participants celebrated this well-deserved victory, they also encouraged any other interested seniors to join them at the Sherwood Center. There are fitness opportunities for any age and ability in Darlene's classes.



# Special Events

**FAIRFAX CITY**  
**ROCK**  
**THE BLOCK**

LIVE MUSIC • BEER GARDEN  
FOOD VENDORS • MORE!

**AUGUST 23**  
**FIREKITE**

**SEPTEMBER 27**  
**DR. FU & HERR METAL**

**OCTOBER 25**  
**THE ROCKETS**

THANK YOU TO OUR SPONSOR  
**DELTA DENTAL**

*City of Fairfax*  
**Holiday  
Craft Show**

**Saturday, November 16 • 10AM - 5PM**  
**Sunday, November 17 • 10AM - 3PM**

**Fairfax High School**  
**3501 Lion Run, Fairfax**

**\$5 Admission Fee**  
**\$8 Two Day Pass**

An annual show that provides an opportunity to purchase one-of-a-kind handmade crafts, such as baskets, dolls and accessories, floral, jewelry, paintings, pottery/clay and a multitude of wood items made by local and regional artists. More than 200 juried crafters and gourmet food vendors participate.

For more information, call 703.385.7858 or visit [www.fairfaxholidayshow.com](http://www.fairfaxholidayshow.com)



**Sponsored by:**  
**FAIR CITY MALL**

## SPECIAL EVENT VOLUNTEERS NEEDED!

Interested in working special events in the city? A small-time commitment is requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, parade line-up or route official, etc.) There are many fun jobs to be had here!

Contact us! 703-385-7949 or [specialeventsfairfaxva.gov](http://specialeventsfairfaxva.gov)



# Fall Festival

City of Fairfax

48th Annual

# Fall Festival

SATURDAY, OCTOBER 12

• 10AM - 5PM •

AFTER FEST CONCERT: 5:30 - 8:30PM

FREE ADMISSION

Enjoy this family friendly, exciting street festival in the heart of the City of Fairfax, VA. More than 400 juried crafters and food vendors will be selling their wares. Activities include Children's Activities, Touch a Truck, Fairfax Volunteer Fire Department Open House, Amusement Rides, Beer Gardens and 3 stages of musical entertainment for all ages. Free ADA accessible shuttle buses available.

[WWW.FAIRFAXFALLFESTIVAL.COM](http://WWW.FAIRFAXFALLFESTIVAL.COM)

## MAIN STAGE

Sponsored by: **FAIR CITY MALL**

11AM - 1:30PM • Part-time Cowboys

2:30PM - 5PM • The Reflex

## OLD TOWN SQUARE STAGE

Sponsored by:  Pella Mid-Atlantic Windows & Doors

10:30AM - 11:30PM • Main Street Band

12 - 1:30PM • La Unica

2:30 - 4:15PM • TO BE ANNOUNCED

## CHILDREN'S STAGE

10AM - 5PM • Multiple Shows

*\*See website for show times*

*Performances from:*

Virginia Ballet Company & School, Turley the Magician, McGarth School of Irish Dance, Crickett, C4 Performing Arts, Eric Energy, Center for Ballet Arts, Groovy Nate and Bach2Rock



## Be a Part of the Fall Festival Excitement!

**Businesses:** City and non-city businesses are eligible to participate in the Fall Festival. Non-City of Fairfax Businesses are provided one street space (10' x 10') for \$500; City of Fairfax businesses are provided a street space for \$250. Please call 703.385.1710 or visit [fairfaxva.gov/vendors](http://fairfaxva.gov/vendors) to download an application.

**Craft Vendors.** The City of Fairfax is accepting applications for craft vendors to participate in the Fall Festival. For a craft show application form and guidelines, please call 703.385.1710 or visit [fairfaxva.gov/vendors](http://fairfaxva.gov/vendors) to download an application.

## AFTER FEST CONCERT

**Old Town Square**

**5:30 - 8:30PM**

The fun doesn't stop at 5pm check out **Sudden M Pact**

Food and beer garden available.

SPECIAL EVENTS

# Special Events

FOR MORE  
INFORMATION ON ALL  
OF FAIRFAX CITY'S  
EVENTS VISIT  
[FAIRFAXVA.GOV/  
SPECIALEVENTS](http://FAIRFAXVA.GOV/SPECIALEVENTS)

## FESTIVAL OF LIGHTS & CAROLS



Sponsored by:  
**FAIR CITY MALL**

**Date:** Saturday, December 7, 12-6pm  
**Old Town Square**, 10415 North Street  
**Free Admission**

**Holiday Festivities • 12NOON - 6PM**

Come listen to live holiday music, crafts and enjoy s'mores and hot cider at Old Town Square.

**Tree Lighting Ceremony • 5:30PM**

Come enjoy caroling and the lighting of the Christmas tree at Old Town Square at 6 pm.

## CLAUS AND COOKIES



Sponsored by:  
**FAIR CITY MALL**

**Date:** Saturday, December 14<sup>TH</sup>, 11am & 12:30pm  
**Old Town Hall**, 3999 University Drive  
**\$5 per child** (No fee or ticket required for adults)

Children ages 10 and under can enjoy decorating their own cookie at the Old Town Hall. This event was formerly 'Lunch with Santa.'

\$5 per child will go on sale November 1 at the Parks & Recreation office at City Hall, Green Acres Center, and Sherwood Community Center or online.

*Limit of 10 tickets per person.*

## HOLIDAY MARKET



Join us for the Annual Fairfax City Holiday Market in Old Town Square, 10415 North Street, Fairfax.

Come and shop at the market of artisans as you enjoy live holiday music, and photos with santa for kids and furry friends!



**First Two Weekends  
of December**

December 6 - 8  
December 13 - 15

**Market Times**

Fridays: 5pm - 8pm  
Saturdays: 12pm - 6pm  
Sundays: 12pm - 5pm

**ELITE SPONSORS - FAIR CITY MALL & HB HOME SERVICES**

Fairfax City Parks and Recreation Department is pleased to announce Fair City Mall as its Elite Sponsor. These sponsorships will help to offset expenses of the city's special events, while providing marketing and promotional opportunities for Fair City Mall and HB Home Services year round through the recreation department's many programs and events.

Fair City Mall: [faircitymall.com](http://faircitymall.com)

**FAIR CITY MALL**

**SPONSORSHIP OPPORTUNITIES**

For opportunities to partner with the City of Fairfax through sponsorship, please visit [fairfaxva.gov/ParksRec](http://fairfaxva.gov/ParksRec). Your organization can benefit from this comprehensive year round marketing package. For more info call 703-385-7858 or email [specialevents@fairfaxva.gov](mailto:specialevents@fairfaxva.gov).



**ANNUAL LABOR DAY CAR SHOW**  
**SEPT 2, 2024**  
**8 AM - 2 PM**  
**4081 UNIVERSITY DR., FAIRFAX, VA**  
[www.labordaycarshow.org](http://www.labordaycarshow.org)



**FIESTA FAIRFAX**  
**Saturday, October 5, 3:30 - 8pm • Old Town Square**  
**FOOD • PERFORMANCES • DANCING • & MORE!**  
**FIND OUT MORE ON PAGE 29**

**♥ CHOCOLATE LOVERS FESTIVAL**



**January 31 & February 1 - 2, 2025**

*The Chocolate Lovers Festival committee is currently looking for chocolate vendors, chefs and chocolatiers to participate in the 2024 Chocolate Lovers Festival Event.*

**LIQUID CHOCOLATE**

Kick off the best weekend of the year in Fairfax City with all of the liquid chocolate your heart could desire! This heated tent will host different types of chocolate soda, chocolate wine, chocolate beer, hot chocolate, desert wine pairings, chocolate milk and more! Free admission; alcohol tasting, \$2; non-alcohol tasting, \$1.

**CHOCOLATE CHALLENGE**

Applications to participate in the Chocolate Challenge are being accepted. The Challenge is a two-day display of donated, chocolate creations by both amateur and professional chefs and chocolatiers. Both judges and visitors to the event will have an opportunity to judge the entries in numerous categories.

**TASTE OF CHOCOLATE**

Applications for chocolate vendors to participate in the Taste of Chocolate at Old Town Hall are being accepted. All accepted participants shall have products made from chocolate available for tastes.

Please visit [chocolatefestival.net](http://chocolatefestival.net) to download the applications, or call 703.385.7949 for more information.

# Youth Programs

## SHERWOOD BEFORE & AFTER SCHOOL PROGRAM

*Daniels Run Parents! Are you looking for a great, affordable before/after school childcare option?*

The Sherwood Center, 3740 Blenheim Boulevard, offers a before and after school program for children who attend Daniels Run Elementary School. The trained staff will walk students to and from the school to the Sherwood Center, across the street.

Children will spend time working on their homework, arts and crafts, playing games, playing at Van Dyck Park (weather permitting) and more!

A health afternoon snack and drink provided each day. All children must be signed out by 6:00pm.

**REGISTRATION NOW OPEN**

### FEES

#### Before

**School:** \$219/mo

7:30am - Start of School

**After School:** \$384/mo

End of School - 6pm

**Before AND After School:**  
\$550/mo

### NEW! INCLUSIVE ADAPTIVE THEATRE FOR TEENS & YOUNG ADULTS

**Grades:** 7-12

**Instructor:** Educate Theatre Camp

**Thursdays:** 4:30-5:30pm

Sept 5 - Oct 24

**Location:** Green Acres

**FEE:** \$250

Youth of all abilities come together to explore creativity, build confidence, and embrace the joy of performance. The session builds on performance-based theatre skills that are not only fun, but focus on real life social interactions. Our expert team tailors activities to every child's unique strengths and needs. Through drama, movement, and collaboration, every child discovers their voice in an inclusive and empowering setting!

### NEW! PERFORMING ANTICS

**Ages:** 8-16

**Instructor:** Educate Theatre Camp

**Thursdays:** 5:30-6:30pm

Sept 5 - Oct 24

**Location:** Green Acres

**FEE:** \$250

More than just theatre- each week learn a new fun performance skill including magic, comedy, dance, stage combat, improvisation, juggling, and more!

### NEW! TEEN/YOUNG ADULT SOCIAL CLUB

**Grades:** 7-12

**Instructor:** Educate Theatre Camp

**Thursdays:** 6:30-7:30pm

Sept 5 - Oct 24

**Location:** Green Acres

**FEE:** \$200

Theatre, Arts and Crafts, Games, Dancing, and more! Hang out with friends while also working on social skills through fun and engaging activities. This is a recreational, social night for teens and adults with diverse abilities- all are welcome!



### STORY TIMES AT OLD TOWN SQUARE

**Ages:** 2 - 5 yrs

**Instructor:** City of Fairfax  
Regional Library Staff

**Wednesdays:** Sept 4-25 & Oct 2-30  
10:30 am

**Location:** Old Town Square

**FEE:** Free!

Classic library story time outside in Old Town Square! A perfect outing for the whole family. Join the City of Fairfax children's librarians as we read, sing, and dance together - weather permitting.



### FUNDAY MONDAY

fairfaxva.gov/culturalarts  
703-352-ARTS (2787)

Sponsored by the City of Fairfax  
Commission on the Arts

**Mondays:** 10:30 am

No program on 9/2, 10/14, 11/11, 12/23,  
and 12/30

**Location:** Old Town Hall or  
Sherwood Center (9/16, 10/21, 11/18,  
& 12/9)

**FEE:** Free (Donations are greatly  
appreciated)

Family programming every Monday for  
children of all ages, especially those  
who haven't started school yet. There  
will be music, movement, storytelling,  
performances, crafts, and more!

### MUSIC TOGETHER: MIXED AGES

**Ages:** Newborn - 5 years accompanied by parents or caregivers

**Instructor:** Little Steps Music LLC Staff

**Thursdays:** Sept 19 - Dec 14

**Times:** 9:30-10:15 am or 10:30-11:15am

\*No class 11/7 or 11/28

**Saturdays:** Sept 21 - Dec 14

**Times:** 9:30-10:15 am or 10:30-11:15am

\*No class 11/30

**Location:** Sherwood Center

**FEE:** \$294 per child, \$42 non-refundable supply fee

Music Together, an internationally recognized music company and  
movement program engages early childhood music development for infant,  
toddler, and preschool aged children and their parents and other primary  
caregivers through mixed-aged classes. The Music Together approach  
develops every child's birthright to basic music competence by encouraging  
the actual experience of music through playful activities, rather than  
learning of concepts or information about music.

Find out more about the program at: [littlestepsmusic.com](http://littlestepsmusic.com)

## PRIVATE PIANO LESSONS

**Location:** Sherwood Center

**Instructor:** Joanne DiTorro

**Fee:** \$35/lesson (total 14 lessons for the session)

**Ages:** 7 years old +

*When registering online or in office, you will have a choice of a  
half-hour time slot for your lesson on a first come, first served  
basis. Please see the Private Music Lesson policy posted on  
[fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec) in regards to missed classes. A piano  
book supply fee is payable to the instructor upon  
coordination. Each student must sign the City of Fairfax  
Private Music Lesson policy at or before their first lesson.*

This is a great opportunity to learn a new artistic skill or  
continue further developing one! Lessons will be one-on-one  
for 30 minutes each lesson. Private music lessons are offered  
for all ages and curriculum is 'tailor fit' to the needs of the  
student. The primary importance is that the student's needs  
are met. Face-to-face lessons provide the best foundation for  
any student by providing basic fundamentals and guidance on  
to fit the individual student's musical goals.

Day	Dates	Half hour lessons between
Tuesdays	Aug 6 - Dec 17 *No Class 11/5	4 - 7 pm
Saturdays	Aug 10 - Dec 21 *No Class 11/23	10am - 12noon

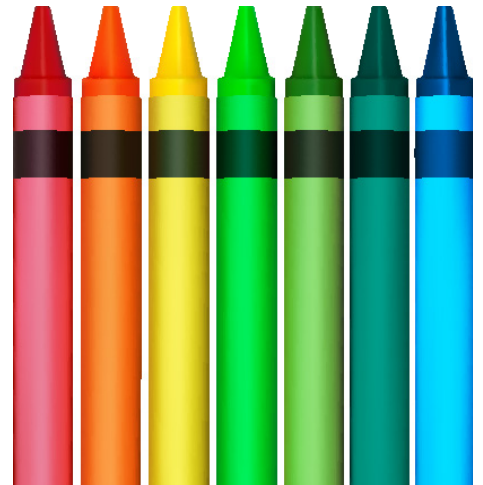


# Preschool Programs

## 2024-25 SCHOOL YEAR REGISTRATION NOW OPEN

FOR LITTLE SCHOOL AND MICHUCHUTREN  
SPANISH IMMERSION PRESCHOOL

Registration:  
[app.campdoc.com/register/cityoffairfax](http://app.campdoc.com/register/cityoffairfax)



### PAYMENTS:

Please see the fees for each program. A non-refundable **registration fee of \$230** is due at the time of registration. Monthly automatic payments will be made on Sept 1, 2024 – May 1, 2025. All participants will be required to provide a credit card number on their account for these transactions.

### POLICIES AND PROCEDURES:

Michuchutren and Little School are VA State Licenced Childcare schools and require the following paperwork: *(before start of program)*

- Proof of age verification (birth certificate or current passport)
- VA State School Entrance Health Form – must be signed by the doctor (This includes a physical examination within 12 months and immunization records)

A parent handbook is provided with polices and the parents / guardians must agree to abide by all policies and procedures set forth by the City of Fairfax Parks and Recreation Department.

Parents must complete an Emergency Contact/Medical Forms before the start of the program. Information on Inclement Weather cancellations and delays will be listed in this book. Children must be potty trained.



## LITTLE SCHOOL



**Ages:** 3-5 years *(must be 3 by first day attending the program)*

**Instructors:** Cassandra Nabti and Karina Espinoza

**Location:** Sherwood Community Center, 3740 Blenheim Blvd

**Monday - Friday:** Sept 5, 2023 – May 24, 2023, 9:30am -12:30pm

**Location:** Sherwood Center

### FEES:

- **Two Days:** (Tuesday and Thursday): **\$345/month**
- **Three Days** (Monday, Wednesday, Friday): **\$520/month**
- **Five Days** (Monday- Friday): **\$805/mo**

Little School is a fun recreational preschool program for the busy little ones! This interactive class will prepare them for school while learning and having fun. Each day they will enjoy circle time, story time, art, music, singing, games and snack time. Different themes will be incorporated into the program.

Children in Little School will focus on learning ABC's, numbers 1-20, learning to write their names, as well as working towards other pre-k developmental milestones. Teachers will incorporate arts, crafts, music, science, snack and active play into this fun and enriching morning program.



# MICHUCHUTREN SPANISH IMMERSION PROGRAMS

**Ages:** 2.6 - 5 years  
**Instructors:** Human Advance LLC Staff  
**Monday - Friday:** Sept 3, 2024 - May 20, 2024  
**Location:** Green Acres Center,  
4401 Sideburn Rd, Fairfax

**FEES:**  
**HALF DAY PROGRAMS : 9am - 12pm**  
• **Three Day:** Tues, Wed, Thurs: **\$660/mo**  
• **Five Day:** Mon - Fri: **\$970/mo**  
**FULL DAY PROGRAMS : 9am - 4pm**  
• **Three Day:** Tues, Wed, Thurs: **\$1280/mo**  
• **Five Day:** Mon - Fri: **\$1890/mo**

**Extended Lunch Hour:** Five Day - \$290 per month  
Three Day - \$180 per month

**Annual Enrollment:** \$230 per student  
**Activity Fee: Full Day:** \$430; **Half Day:** \$330  
*\*Enrollment & Activity fee paid directly to Michuchu by the first day of class.*

**DISCOUNTS:**  
Siblings: 10% OFF second child tuition  
Military and Veteran parents: 5% OFF  
Discounts can NOT be combined.

## About MiChuChuTren Preschool:

Through a 100% Spanish immersion environment, students naturally learn the Spanish language. The program carefully designed, enable children to gain bilingual confidence through a play-based approach. They understand that knowing a second language is a gift that will benefit them for life. Through multicultural experiences, lots of music and STEAM project-based activities, we help them understand the world around them and the strengths within them. Our holistic approach provides opportunities for an individualized process, allowing learners the time and space to develop their passion.

## Requirements

- Children must be 2 years and 6 months and must be potty trained before first day of starting class.
- Children can be registered if they turn 5 years old before October 31st of the current school year.

## For questions and Inquires:

Contact us at [info@michuchutren.com](mailto:info@michuchutren.com)

## To learn more please visit:

[michuchutren.com/preschool/](http://michuchutren.com/preschool/)

[WWW.MICHUCHUTREN.COM](http://WWW.MICHUCHUTREN.COM)

## CHIQUITINES: SPANISH IMMERSION PARENT AND ME CLASS

**Ages:** 18 months - 2.5 years - Chiquitines  
**Instructor:** Human Advance LLC  
**Fridays:** 10:00-10:45 am  
**Location:** Green Acres Center  
**FEE:** \$95 per month

Our Parent and Me program: Chiquitines, is a great start for every child. By the hand of their loved ones (parents, grandparents, caregiver), they will develop their love for the Spanish Language. We will expose them 100% to the language and open their minds through what they love most: Play. We create adventures through music experiences, storytelling, role play, art projects and much more to arouse their natural curiosity for learning. Self-creativity, imagination and lots of fun is our main goal.

## ACADEMIA: SATUDAY SPANISH IMMERSION PROGRAM

**Ages:** 5-12 years  
**Instructor:** Human Advance LLC  
**Saturdays:** 9:00am - 12:00 pm  
**Location:** Green Acres Center  
**FEE:** \$325 per month (+\$290 activity fee)

This is a school year program to help children acquire competency in all areas of the Spanish language. Through experiential learning, children will be 100% immersed in the language while learning reading comprehension, writing skills and effective communication. You can join anytime during the year and the price will be pro-rated. All materials are included in the price



# FOOD



# FASHION



# FUN



# AND YOU



SAFEWAY      

*Plus 30 other stores, services and restaurants!*

# FAIR CITY MALL

9600 - 9688 Main Street, Fairfax, VA 22031



# Adult Programs

## DANCE

### IRISH SOCIAL DANCE

**Ages:** 18+

**Instructor:** Hugh Conway

**Tuesdays:** 7:15-8:45pm

Aug 27 - Sept 14 Session A

Oct 1 - 29 Session B

Nov 5 - Dec 3 Session C

Dec 10 and 17 - Walk-in Dates Only

**Location:** Green Acres Center

**FEE:** \$38 per session

Drop-in Fee: \$10

Enjoy some simple social dances while getting great exercise. It is great for mind and body. You will be enjoying yourself and you won't know the time is passing. The dances include Haymakers Jig, Siege of Ennis and Kerry and Lancers sets. No experience necessary. The teacher and dancers have plenty to share! Bring light shoes. Our class prepares us for many outside events during the year. For more information, email [ceiliset@yahoo.com](mailto:ceiliset@yahoo.com). Weekly updates on: Facebook: [Tuesdaynightceiliclub](https://www.facebook.com/Tuesdaynightceiliclub)

### CLOGGING LOW INTERMEDIATE

**Ages:** 13 years and up

**Instructor:** Martha Hemingway

**Wednesdays:** 7 - 8pm

Sept 11 - Nov 6 Session A

Nov 20 - Jan 22 Session B

\*No class 11/27, 12/4, 12/25, 1/1/2025

**Location:** Green Acres Center

**FEE:** Session A - \$68

Session B - \$60

This Low Intermediate dance class is for teens/adults who have prior clogging experience at that level. Clogging steps and combinations will be taught at a faster pace. Learn fun routines to country, pop, disco, and oldies music. This is a modern clogging dance class, not traditional. Flat tap shoes or clogging shoes required but not for the first class. Instructor may have shoes you can use.



### NEW! LINE DANCING TO COUNTRY, POP, & OLDIES MUSIC

**Ages:** 13 years and up

**Instructor:** Martha Hemingway

**Wednesdays:** 7 - 8pm

Sept 13 - Oct 31 Session A

Nov 14 - Dec 19 Session B

\*No class 10/3 and 11/28

**Location:** Green Acres Center

**FEE:** Session A - \$60

Session B - \$40

Drop-in: \$10

Get some exercise, work your brain, hear good music, and have fun! Learn basic line dance steps like the grapevine, shuffle, and rocking chair. Participants are in rows and dance to a series of choreographed steps that are repeated throughout the routine while facing 2 or 4 walls. Several routines will be taught during each class to country, pop, and oldies music. No partner necessary.

### NIA DANCE

**Ages:** 15 years and up

**Instructor:** Cami St. Germain

**Wednesdays:** 7-8pm

Sept 3 - Oct 16

Oct 23 - Dec 11

\*No class 11/27

**Location:** Sherwood Center

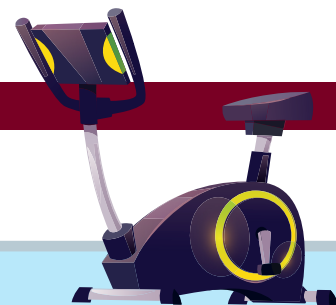
**FEE:** \$137

Drop-in Fee: \$12

Come shimmy, kick, breathe, and laugh your way to a healthful relationship with your body! Nia is a joyful, non-impactive cardiovascular movement practice that engages the body, mind, emotions and spirit. Inspired by martial arts, dance, and healing arts such as yoga, Nia is performed barefoot (though soft soled shoes can be worn) to diverse, soul-stirring music. Nia adapts to each participant's ability and provides aerobic and strength benefits at every fitness level. For more information about Nia, see [www.nianow.com](http://www.nianow.com).



# Adult Programs



## FITNESS

### AEROBIC DANCING BY JACKI SORENSEN

**Ages:** 18yr and up

**Instructor:** Sharon Allen

**Tuesdays:** 6:45 - 7:45pm

Sept 10 - Oct 22 Session A

Oct 29 - Dec 10 Session B

**Tuesday:** 6:45 - 7:45pm

9/9 - 9/16 Session A

9/23 - 12/16 Session B

\*No Class 11/25

**Location:** Green Acres Center

**FEE:** Session A - \$56

Drop-In - \$10 per class

Jacki Sorensen is the originator of Aerobic Dance - in this Get-It-All-Together fitness program! Sharon incorporates stretching, strength training and cardiovascular training as you dance to choreographed music - you set your pace. Dance experience is not required, and your first day is FREE! Bring an exercise mat and water bottle, hand, and ankle weights optional. New students, first class free with signed Liability Release. Class is also on Zoom; Please contact Sharon for more information: 703- 385-3958

### GREEN ACRES FITNESS PASS

**Ages:** 16-54 years

**Location:** Green Acres Center Fitness Rooms

**Yearly Fee:** \$96; **Monthly Fee:** \$15

**Daily Drop in Fee:** \$5

**Open Use of our Fitness Room:**

Monday - Thursday 5 - 9pm

Saturday - Sunday 9am - 2pm

Start Living a Healthier Life Today! Sign up for our new Fitness Pass and have the flexibility to work out on your own schedule. Fitness Room contains cardio equipment, free weights and a stretching area. Please note: this pass is only good at Green Acres Center and registration for fitness pass must be purchased at Green Acres to receive a picture id pass. Always sign in and out on podium notebook before & after.

### OKINAWA KENPO KARATE MARTIAL ARTS

**Ages:** 14 years and up

**Instructor:** Raleigh Marshall, Stephen Brock, & Matthew Miller

**Mondays and Wednesdays:** Sept 6 - Dec 20, 7-8:30pm

**Location:** Green Acres Center and Virtual (Zoom)

**Fees:** \$30 per month; \$120 for 4 month session

**Drop-in FEE:** \$10

*Promotion examinations are \$50-\$100 depending on rank, and a student with good participation will generally merit 2 per year at the instructor's discretion. Association dues are included in the training fee.*

Learn the traditional style of Okinawa Kenpo from our instructor trained in Okinawa, Japan - the birthplace of karate. Our club is authorized to operate under the Okinawa Kenpo Karate Association and is a satellite school of the Okinawa Kenpo Kenyukai dojo. Karate yields many long-term benefits to its practitioners including improvements to overall health, increased confidence, sense of community, plus knowledge of practical self-defense. Students will experience traditional training methods with a real connection to the Okinawan masters of this art. No previous experience is necessary, and all persons are welcome to join in our patient and cooperative learning environment.

### OPEN PICKLEBALL PLAY

**Ages:** 18 years and up

**Location:** Green Acres Center

**Drop-in FEE:** \$5 per session

**Saturdays:** 10:30am - 12:30pm

Sept 7 - Dec 21

**Monitors:** Pete Pollak and

Sig Schipper

Want to try the fastest growing sport in the U.S.? Get your paddle ready. Similar to tennis, the court is smaller, and players are closer to the action. We have 2 courts established in the gym. This is for those who know how to play. Bring your own paddle, though loaners available the first time; balls provided

## GREEN ACRES INDOOR OPEN PICKLEBALL PLAY SCHEDULE

MON	TUES	WED	THURS	FRI	SAT
5:30-7:00PM	-	-	6:30-8:30PM	-	10:30-12:30pm

FOR SENIOR CENTER PICKLEBALL HOURS VISIT PAGE 28



### YOGA AT SHERWOOD

**Ages:** 16+

**Instructor:** Molly Aden

**Tuesdays:** 2-3:15pm, ongoing

**Thursday:** 7-8:15pm, ongoing

**Location:** Sherwood Center

**FEE:** \$10 per class



*\*\*Passes can only be used at the Sherwood Community Center Yoga classes and are non-refundable.*

This is a yoga class taught by a Yoga Alliance-certified instructor. These classes use basic poses in a slow moving, low-impact way and aim to address key issues of balance, agility, strength and flexibility for seniors who wish to remain active. Please bring a yoga mat, 2 yoga blocks, 1 strap and a small throw blanket.



## ENRICHMENT

### CLOCK REPAIR WORKSHOP

**Instructors:** Horological Association of Virginia

**Mondays and Wednesdays:** Sept 6 - Dec 4, 6:30-9pm

**Location:** Green Acres Center

**FEE:** \$235

A separate supply fee of \$25 paid to instructor first day of class

This 26-session workshop focuses on the repair of American 8-day time and s trike clocks. Interested students should bring their own clocks to be repaired. Instruction will be provided in problem diagnosis, movement disassembly, necessary repairs, reassembly, and adjustments. For information, call Jim Girard at 703-425-4770 (please leave a message)

# Young at Heart



## SENIOR CENTER INFORMATION

### AGES 55 AND BETTER!

**Green Acres Center**, 4401 Sideburn Rd, Fairfax VA

**OPEN:** Monday - Friday, 8am - 5pm

**703-273-6090 • [fairfaxva.gov/seniorcenter](http://fairfaxva.gov/seniorcenter)**

Fairfax City Senior Center is a recreational center with numerous and varied activities for all active adults, 55+. Speakers and classes are an important part of the Center, and local trips are offered at an additional cost. Our fitness rooms are open during regular Senior Center hours as well as extended weekend (Sat -Sun, 9 am-2 pm) and evening hours (Mon-Thur, 5-9 pm) and is free to all Senior Center members. See monthly Young at Heart newsletters and calendars for all activities on the website.

## SENIOR CENTER ADVISORY COUNCIL

The City of Fairfax Senior Center Advisory Council is made up of Fairfax City and Fairfax County members of Green Acres Senior Center. Meetings are open to all members of the Senior Center.

Elections for Council are held in September. It's not too early to see if you want to be a council member! If you are interested in joining the Council, attend a meeting to see if this is of interest to you. We welcome new ideas and suggestions for the betterment of the Green Acres Senior Center. Come on out and give us a try!

### CURRENT MEMBERS

Kim Chu, Sam Crumpler, Mary Fazio, Pam Herbert, Diana Osinski, Chuck Paceley, Pete Pollak, and Sigrid Schipper

### CURRENT OFFICERS

Pam Herbert - Chair  
Mary Fazio - Vice Chair  
Vacant - Secretary  
Diana Osinski - Treasurer  
Chuck Paceley - PRAB Representative

Senior Center Council meets 3rd Tuesday at 1 pm at the Green Acres Community Center

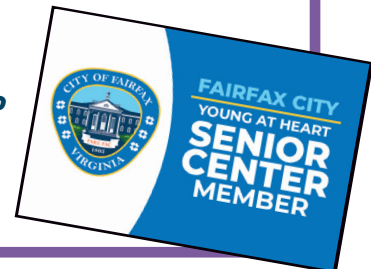
For more information, contact the Senior Center at [seniorcenter@fairfaxva.gov](mailto:seniorcenter@fairfaxva.gov)

## YOUNG AT HEART MEMBERSHIP FEES:

Fairfax City and Fairfax County residents: FREE  
Non-Fairfax City or County Residents: \$50/year  
(\$5/day guest drop in)

ID cards and registration forms are required for participation.  
Memberships available any time at the front desk at Green Acres Center.

**Current Members:**  
**Please stop by the front desk to get a new ID card!**  
**New cards include one wallet card and two key tags!**



# Ongoing Senior Center Activities: Fall 2024

All Activities are held at Green Acres Center, 4401 Sideburn Rd. Fairfax VA 22030

More information: [fairfaxva.gov/seniorcenter](http://fairfaxva.gov/seniorcenter) or drop in at the Senior Center for a current calendar.



## Game Room

Monday- Friday: 9am- 4pm

Room 112

Ping Pong, Billiards, Air Hockey, Shuffle Board, and Foosball.

## Morning Coffee Group

Monday-Friday: 8:15am

Coffee, breakfast treats and lively conversation.

## Bocce

Thursdays (May- Sept), 10am

Outdoor courts. Tournament-style play.

## Military History

Wednesdays, 1 - 3:30pm

Covers military history beginning with the Revolutionary War to the present.

## First Fridays

Friday, 12pm

New Member meet up!

## Library

Books loaned on honor system, enjoy and return. We appreciate book donations published after year 2003; fiction after year 2010.

## Monthly Birthday Celebrations

First Friday of each month, 12pm

## Current Events Group

Tuesdays, 1 - 2pm

Discuss the latest topics going on in our world.

## Movie & Popcorn

1 per month: Tuesdays, 10am-12pm

See schedule on calendar

## Cards & Games

Daily in the Senior Center

## 55+ Pickleball Open Play

Tues & Wed: 1:30-3:30pm

Thurs & Fri: 12:30-3:30pm

(see schedule posted at center)

Mondays for beginner play and lessons.

*A racquet sport which combines elements of badminton and table tennis. Paid lessons available (see in Young at Heart 55+ classes). When weather permits play outdoors on courts behind Green Acres Center.*

## Mah Jongg

Thursdays, 10am

American style play.

## Space to Create

Thursdays, 1-4pm

Artists bring in their own art projects and supplies. All forms of art welcome.

## Book Club

Third Tuesday of the month

2:30 - 3:30pm

## Cornhole

Wednesdays at 9am

## Bingo

Two Fridays per month, 10:30am

\$2/2cards + \$1 each additional card.

See monthly calendar for dates.

## Pinochle/Mexican Train/ Canasta

Played daily throughout the week starting at 9:30am or 10am. See monthly calendar.

## Euchre

Mondays and Thursdays at 1:30pm

## Bridge Groups:

- Party Girl: Wednesdays 1pm-4pm

## German Conversation

Thursdays from 10:30am - 12pm

For interesting discussions, learning situations and fun! Beginners and friends of German culture are welcome.

## Knit & Crochet

Wednesdays, 10 am in the Senior Center Library

## Musical Jam Group

Monday at 3:30pm

Bring your instruments and join the fun.

## Rummikub

Mondays at 11:30am in the Senior Center

### Do you have a talent or skill to share?

Please contact the Senior Center Staff at [seniorcenter@fairfaxva.gov](mailto:seniorcenter@fairfaxva.gov)

# Young at Heart

## TRIP SIGN-UP INFORMATION:

**All trips require a reservation – first come, first served.**

September & October trips open on Monday, August 12

November & December trips open on Monday, October 7

### Walk-In Registrations:

Starting at 8am, walk in registrations will receive a number upon arrival for their place in the registration line. Registration for trips will begin at the following times:

- **8:30am: Fairfax City Residents ONLY**
- **10:30 am: Fairfax County and Registered Senior Center members**
- **12:30 pm: All other walk-ins. Call-in and online registrations will also begin at 12:30 pm.**

On-site registrants may register one additional person. If you are a City resident and want to sign up an additional second friend who is a Fairfax County resident, you may get a number upon arrival for the Fairfax County line and register them starting at 10:30am.

*Trip flyers will be available at the Senior Center and online with the most current updates. All trips and schedule subject to change.*

### Payment:

Payment is due in full at time of registration, unless placed on a waitlist. If space becomes available then payment will be due at the time you are enrolled.

### Day of Trip:

All trips depart from Green Acres Center, 4401 Sideburn Road, unless otherwise noted.

- Please arrive 15 minutes before departure to check-in with your Fairfax City Senior Center membership card or identification.

### Cancellation Policy:

- ALL SALES FINAL. No refunds given on tickets already purchased.
- Participants who request a refund must fill out a refund request form at least **one week** before the event to be considered for a refund. All refunds will be charged a \$10 processing fee per individual, per trip.
- If the City of Fairfax Parks and Recreation Department cancels a trip, a full refund will be given.
- Inclement Weather: Cancellations due to weather will be decided on an individual basis for the safety of the participants. If a trip is cancelled staff will notify participants.

**For further trip information, please check our website or call Green Acres Center: 703-273-6090.**

## YOUNG AT HEART DAY TRIPS

### SEPTEMBER

#### **BROADWAY AT THE NATIONAL THEATER: MJ THE MUSICAL (WASHINGTON, DC)**

**Thursday, September 5; 12:30pm – 5:30pm**  
**FEE: \$150**

This multi Tony Award®-winning new musical centered around the making of the 1992 Dangerous World Tour, begins a tour of its own. MJ goes beyond the singular moves and signature sound of the star, offering a rare look at the creative mind and collaborative spirit that catapulted Michael Jackson into legendary status. MJ is startin' somethin' as it makes its D.C. premiere at The National Theatre! Seats are in the Rear Left Orchestra, Rows Q-W. Ticketed event- all sales final.

#### **CHESAPEAKE BAY MARITIME MUSEUM AND CRUISE ABOARD THE PATRIOT (ST. MICHAELS, MD)**

**Wednesday, September 12; 7:30am – 6:30pm**  
**FEE: \$160**

Escape to St. Michaels on the Eastern Shore of Maryland, a historic town steeped in history dating from before the American Revolution. First, enjoy a guided tour of the gorgeous newly-renovated Chesapeake Bay Maritime Museum, followed by a tasty buffet lunch at the waterfront Crab Claw Restaurant. Next, take a 70-minute narrated historic cruise along the Miles River aboard the Patriot, a 65-foot, 149-passenger vessel built to resemble a traditional Chesapeake Bay steamboat, and catch a glimpse of 200-year-old historic mansions and diverse wildlife. Guided tour, lunch and cruise included in trip price.

#### **GRAVES MOUNTAIN LODGE (SYRIA, VA)**

**Thursday, September 26; 10:00am – 5:00pm**  
**FEE: \$86**

Let's devour a tasty homemade family-style lunch of fried chicken, mashed potatoes and gravy, green beans, corn pudding, coleslaw, baked apples, homemade rolls and dessert while enjoying the stunning views of the Blue Ridge Mountains as they change over to their striking fall colors. Afterward, we will head over to the barn to see the farm animals. Our final stop is the packing shed for apple purchases before departing. Lunch included in trip price; bring money for apples or other fall goodies.

## OCTOBER

### POTOMAC EAGLE SCENIC RAILROAD (ROMNEY, WV)

**Wednesday**, October 16; 9:30am – 8:00pm  
**FEE:** \$175

Join us for an authentic Appalachian 3-hour round trip railroad journey across the scenic, remote and rugged countryside in Trough Canyon to see American bald eagles soar and nest in their canyon home. Carved by the South Branch Potomac River, Trough Canyon is one of West Virginia's very own "Grand Little Canyons." Bring your binoculars and camera so you will not miss the wonderful photography and unique birding opportunities. Immerse yourself in nature in the open-top gondola as you cross the South Branch at Sycamore Bridge and see the same view as Founding Father George Washington so long ago! This trip is in collaboration with the Town of Vienna and transportation will be on a 55-passenger motorcoach with a restroom. Hot lunch included in trip price, bring snacks for return trip home.

### FINE ARTS AND FLOWERS AT THE VIRGINIA MUSEUM OF FINE ARTS (RICHMOND, VA)

**Thursday**, October 24; 9:00am – 5:30pm  
**FEE:** \$120

French painter Henri Matisse once wrote, "There are always flowers for those who want to see them." Let's see how life imitates art, or rather how floral life imitates art, as we enjoy a guided tour of Fine Arts and Flowers, the spectacular museum-wide exhibition of floral designs inspired by works in the VMFA's permanent collection. Delicious French lunch prior to museum in the private dining room at Can Can Brasserie in Carytown and guided tour included in trip price.

### ADDAMS FAMILY AT TOBY'S DINNER THEATRE (COLUMBIA, MD)

**Wednesday**, October 30; 9:30am – 4:30pm  
**FEE:** \$13

Celebrate this spooky time of year with the creepy Addams family! Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family. Now, Gomez Addams must do something he's never done before- keep this secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents. This comical feast embraces the wackiness in every family and takes the musical theatre scene by storm. Buffet lunch included in trip price.



## NOVEMBER

### PARIS 1874: THE IMPRESSIONIST MOMENT AT THE NATIONAL GALLERY OF ART (WASHINGTON, DC)

**Wednesday**, November 6; Time: TBA  
**FEE:** \$35

How did Impressionism begin? Discover the origins of the French art movement in a new look at the radical 1874 exhibition considered the birth of modern painting. A remarkable presentation of 130 works includes a rare reunion of many of the paintings first featured in that now-legendary exhibition. Revisit beloved paintings by Paul Cézanne, Edgar Degas, Claude Monet, Berthe Morisot, Camille Pissarro, and Pierre-Auguste Renoir and meet their lesser-known contemporaries. Don't miss the unique chance to immerse yourself in the dynamic Parisian art scene of 1874-- the only American stop for this historic exhibition. Please note there are no guided tours for this exhibition. Lunch afterwards, not included in trip price.

### AFTERNOON TEA AND TOUR AT BELLE GROVE PLANTATION (MIDDLETON, VA)

**Wednesday**, November 13; Time: TBA  
**FEE:** TBA

Belle Grove is located in the northern Shenandoah Valley near Middletown, Virginia. It is an authentic 1797 Manor House which was built by Major Isaac Hite and his wife Nelly Madison Hite, sister of President James Madison. Guided tour and tea included in trip price.

## DECEMBER

### CHRISTMAS SPECTACULAR AT RIVERSIDE DINNER THEATER (FREDERICKSBURG, VA)

**Wednesday**, December 4; 10:00am-5:30pm  
**FEE:** \$135

Experience the excitement, memories, and joy of Christmas as singers and dancers present the very heart and essence of the holiday season. Rekindle your Christmas spirit with your favorite holiday classics with this glittering celebration of everything that makes this "The Most Wonderful Time of the Year!" Delicious plated lunch included in trip price.

### RIVER SEA CHOCOLATES AND HOLIDAY LIGHTS (CHANTILLY, VA)

**Wednesday**, December 18; Time: TBD  
**FEE:** TBA

What goes together better than holiday lights and hot cocoa? Warm yourself with a mug and enjoy a dazzling display to get you in the holiday spirit! Save the date – further trip details coming! You won't want to miss this one!

# Young at Heart

## Lunchtime Learning

Bring your lunch and join in on the learning!

**FREE but REGISTRATION REQUIRED!**

Register by calling, 703-273-6090, email [seniorcenter@fairfaxva.gov](mailto:seniorcenter@fairfaxva.gov) or sign up on clipboard in the Green Acres Center lobby

**Location:** Green Acres Center



### MOTIONS IN NATURE

**Speaker:** Michelle Morgan

**Friday,** September 13, 12pm

"Motions in Nature" is a series of easy-to-learn movements that awaken the energy and generate a sense of tranquility and well-being! The movements are designed to make us feel like we're in the midst of Mother Nature -- walking in a forest, swimming in the ocean, taking a peaceful walk in the woods -- all while practicing these movements indoors. "Motions in Nature" can be practiced while sitting or standing. YOU decide what feels most comfortable!

### ESTATE PLANNING 101

**Speaker:** Lay to Rest Services

**Friday,** March 29, 12pm

Topics will include wills, revocable living trusts, medical directives, power of attorney and probate. Come learning about the main parts of an estate plan and the critical importance of each document.

### DEMYSTIFYING END OF LIFE CHOICES

**Speaker:** Lay to Rest Services

**Friday,** September 27, 12pm

Conversation about how to plan and communicate end of life choices. Explore the options and answer any questions about cremation, traditional and green burials.

### 10 WARNING SIGNS OF ALZHEIMER'S DISEASE

**Speaker:** Ashley Scott, Alzheimer's Association

**Friday,** October 11, 12pm

Am I getting old or getting Alzheimer's? Is forgetfulness a natural part of aging? When does memory difficulty signal a larger problem? This program provides an understanding of the difference between normal aging and when symptoms reveal a larger problem.

### SENIOR SAFETY FROM THE COMMUNITY RESPONSE TEAM

**Speaker:** City of Fairfax CRT Team

**Friday,** October 18, 12pm

This lunch and learn session will talk about three major safety topics for seniors. The Community Response Clinician will discuss the impact of isolation. Then, the Community Paramedic will demonstrate hands-only CPR and how to use an automatic external defibrillator (AED). Attendees will have the opportunity to practice CPR and use an AED. The Community Response Team will also have handouts on various topics including fall safety and can schedule an in-home fall safety appointment.

### GETTING STARTED WITH NATIVE PLANTS & BEYOND HONEYBEES & MONARCH BUTTERFLIES

**Speaker:** Vanessa Goold, Clean Fairfax

**Friday,** November 8, 12pm

When most of us make decisions about what to plant in our yards, we mainly consider aesthetics and ease of management. It's time to shift our thinking: we must balance our human preferences with the need to support local biodiversity--which fundamentally supports human life. That means putting more native plants in our landscapes, which in turn draw the insects and animals that feed on those insects. Vanessa Goold will provide an overview and share some easy starting points for participants to get started with native plants in their own yards.

### CLIMATE ACTION

**Speaker:** Fairfax City Sustainability Program Manager and Fairfax County Climate Mitigation Specialist

**Friday,** November 15, 12pm

Come learn about climate and sustainability initiatives in Fairfax and how you can help!

### EASE YOUR OWN PAIN

**Speaker:** Marlene Auble, LMT License Massage Therapist

**Friday,** December 20, 12pm

Come find our strategies and techniques for relieving pain from a licensed massages therapist perspective. This session will demo using self-massage tools; topicals and/or other health fields methods. Time for question and answers.





# Mark YOUR Calendars

## AUGUST

### Mon, August 5

- Registration Opens for Classes
- Registration for Sept & Oct Day Trips Opens
- 8:30 am - City Residents
- 10:30 am Senior Center Members & County Residents

## OCTOBER

### Mon, Oct 7

- Registration for Nov & Dec Day Trips Opens
- 8:30 am - City Residents
  - 10:30 am Senior Center Members & County Residents

**Fri, Oct 26: 11:30am**  
Halloween Costume Party

## DECEMBER

**Thurs, Dec 5: 10:30am**  
Gingerbread House Decorating and Holiday Art Design

**Wed, Dec 11: 12pm**  
Regift Swap Party Time!

**Fri, Dec 15: 11:30am**  
Holiday Party

**Tuesday, Dec. 24**  
Center Closed Half Day:  
Christmas Eve (Observed)

**Wednesday, Dec. 25**  
Center Closed: Christmas Day

**Fri, Dec 27: 11:30am**  
New Year's Party - Drop of the Apple Core & Cider Toast!

## SEPTEMBER

### Mon, Sept 2

Center Closed: Labor Day Holiday

### Sept 14 - Sept 29

Northern Virginia Senior Olympics (NVSO)

*NVSO Registration closes on Thursday August 29*

**Thurs, Sept 19: 10am**  
Bocce NVSO at Green Acres Center

**Thurs, Sept 26: 11am**  
Bocce End-of-the-Season Awards Party

## NOVEMBER

### Thurs, Nov 8: 9:30am

Honoring our Veterans Breakfast

### Mon, Nov 11

Center Closed: Veterans Day

### Fri, Nov 22: 11:30am

Thanksgiving Luncheon Gathering at Sherwood

### Thurs & Fri, Nov 28 & 29

Center Closed: Thanksgiving Holidays

## JANUARY

### Mon, January 1, 2024

Center Closed:  
New Year's Day

# Senior Programs



## FITNESS

### SENIOR MORNING WALK

**Mondays:** 8am - 9:30am

Sept 9 - Dec 30

*No meeting on holidays*

**Location:** Green Acres Gym

**FEE:** Free with registration

Come walk inside our gymnasium in a climate-controlled atmosphere at your own pace. Please wear non-marking tennis or walking shoes.

### NEW: INTRODUCTION TO LINE DANCING

**Instructor:** Martha Hemingway

**Thursdays:** 10 - 11 am

**Location:** Green Acres Center

**Ages:** 55+

Sept 12 - Nov 7 Session A

Nov 14 - Dec 19 Session B

*No Class 10/3 or 11/28*

**FEE:** Session A - \$60 8 classes  
Session B - \$37 5 classes

**Drop-in FEE:** \$8

This introductory class is for seniors who have little or no line dance experience. Easier steps and combinations will be taught at a slower pace. Learn basic steps like the grapevine, shuffle, and triple. Participants are in rows and dance to a series of choreographed steps that are repeated throughout the song. Several routines will be taught during each class to country, pop, and oldies music. Line dancing is a fun way to work your body and your mind at the same time! No partner necessary.

### NEW: ADVANCED BEGINNER LINE DANCING

**Instructor:** Martha Hemingway

**Monday:** 10-11 am

Sept 9 - Nov 4 Session A

*No class 9/30*

Nov 18 - Dec 16 Session B

**Location:** Green Acres Center

**FEE:** Session A - \$60 8 classes  
Session B - \$37 5 classes

This line dancing class is for seniors who have previous line dancing experience. More intricate steps and combinations will be taught at a faster pace. Several routines will be taught during each class to country, pop, and oldies music. Get some exercise, work your brain, hear good music, and have fun! No partner



### NEW! AFTERNOONS WITH DARLENE

**Instructor:** Darlene Wujkowski

**Tuesdays, Wednesdays,**

**Thursdays:** 12:45 - 1:45pm

Sept 3 - Oct 17 Session A

Oct 22 - Dec 19 Session B

**Location:** Sherwood Center

**FEE:** 2 Month Session: \$130  
4 Month Session: \$260

This package is targeted to those looking for a low impact workout to keep you fit or get you back on your fitness journey!

Attend unlimited classes of Sit & B Fit, Wednesday Walking Workout, and Yopalattes Blender during the session.

Please see page 27 for individual class descriptions.

## DARLENE'S SENIOR FIT PLAN

**Certified Instructors:** Darlene Wujkowski

**Tuesdays, Wednesday, & Thursday :** 10 classes per week

**Location:** Sherwood Community Center, 3740 Old Lee Hwy

Get moving, feel better & stay forever young! Enroll in this program and choose to attend as many classes from the calendar that fit into your schedule. Bring your water bottle and wear comfortable clothing. *Calendar subject to change.*

**4-Months:** September 3 - December 19 **Fee:** \$215

**2-Months:** September 3 - October 17 **Fee:** \$125

**2-Months:** October 22 - December 19 **Fee:** \$125

**Drop-in Fee:** \$10 per day

*No classes on 11/5-11/7, and 11/28*

TIME	TUESDAY	WEDNESDAY	THURSDAY
9:35 - 10:30 am	SENIORCISE	SENIORCISE	SENIORCISE
10:35 - 11:30 am	ZUMBA GOLD	ZUMBA GOLD	ZUMBA GOLD
11:35 am - 12:30 pm	PILATES/ YOGA	PILATES/ YOGA	PILATES/ YOGA
12:45 - 1:45 pm		WALKING WORKOUT	

*\*Once registered for plan, you may attend all the class offered*

### SENIOR FIT PLAN CLASS DESCRIPTIONS



#### SENIORCISE

9:35 - 10:30am

Cardio, abs, balance work, toning, 20-minutes strength training with weights, & tubing; cool down and stretch.

#### ZUMBA GOLD FITNESS

10:35 - 11:30am

For active adults who are looking for a fun Zumba workout at a lower intensity. Includes balance, range of motion and toning sticks.

#### PILATES/YOGA MIX

11:35am - 12:30pm

Gentle total body workout with focus on core muscles of back and abs combined with standing yoga poses. Please bring 2 mats.

#### WEDNESDAY WALKING WORKOUT

12:45 - 1:45pm

A walking based cardio class that includes seated strength training intervals using weights, bands and other types of resistance equipment.

### ♥ SIT & BFIT: 55+

**Instructor:** Darlene Wujkowski

**Tuesdays,** 12:45 - 1:45pm

Sept 3 - Oct 15 Session A

Oct 22 - Dec 17 Session B

*\*No meeting 11/5*

**Location:** Sherwood Center

**FEE:** Session A: \$53

Session B: \$53

Drop-in: \$10

Enjoy a total body workout while using fun props such as scarves, paper plates & bouncy balls plus weights and toning sticks for strength training. At the end of class calm stretching will have you feeling fit and fabulous.

### ♥ WEDNESDAY WALKING WORKOUT

**Instructor:** Darlene Wujkowski

**Wednesdays,** 12:45 - 1:45pm

Sept 4 - Oct 16 Session A

Oct 23 - Dec 18 Session B

*\*No meeting 11/6*

**Location:** Sherwood Center

**FEE:** Session A: \$53

Session B: \$53

Drop-in: \$10

A walking based cardio class that includes seated strength training intervals using weights, bands and other types of resistance equipment. Enjoy a total body workout that will strengthen your muscles, improve balance and keep you forever young.

*\*Included in Darlenes Senior Fit Plan*

### ♥ YOGALATES BLENDER

**Instructor:** Darlene Wujkowski

**Thursday,** 12:45 - 1:45pm

Sept 4 - Oct 17 Session A

Oct 24 - Dec 19 Session B

*\*No meeting 11/28*

**Location:** Sherwood Center

**FEE:** Session A: \$53

Session B: \$53

Drop-in: \$10

Strengthen your core plus work all muscles and joints with gentle Pilates based movements while seated in a chair. Yoga style stretches will have you feeling toned and relaxed.

# Senior Programs



## NEW! LIVE PLAY PICKLEBALL

**Instructor:** Ron Tugwell

**Ages:** Seniors/60+

**Mondays:** 12:30 - 1:30pm

Oct 7, 14, 21 Session A

Dec 9, 16, 23 Session B

**Location:** Green Acres Center

**FEE:** \$30 session

Live Play™ is a new class offering for Intermediate and Advanced Players. Game play analysis during live competition. Competitive drills and games. Teamwork, court positioning and analysis will be primary focus.

## GREEN ACRES INDOOR OPEN PICKLEBALL PLAY

Please note that in order to play pickleball at Green Acres you must be a member of the Senior Center. Membership is free to all Fairfax City and County Residents age 55 and older. See the front desk to join!

SKILL LEVEL	MON	TUES	WED	THUR	FRI
BEGINNERS ONLY	1:30 - 3:30 PM	12:30 - 1:30 PM	-	-	-
ALL LEVELS		1:30 - 3:30 PM	1:30 - 3:30 PM	12:30 - 3:30 PM	12:30 - 3:30 PM

## BEGINNER PICKLEBALL LESSONS

**Instructor:** Pete Montanino

**Mondays:** 12:30-1:30pm

Sept 9, 16, 23 Session A

Oct 13, 20, 27 Session B

Dec 4, 11, 18 Session C

**Location:** Green Acres Center

**FEE:** \$30 per session

Learn the fastest growing court game in the USA! Similar to tennis, the court is smaller and the players are closer to the action. Learn the basics and prepare for indoor play. After your 3 consecutive lessons, practice in our weekly 55+ Pickleball Play Senior center membership required. Class session limited to 8 students.

## ADVANCED BEGINNER PICKLEBALL

**Instructor:** Ron Tugwell

**Mondays:** 11:30am-12:30pm

Oct 7, 14, 21 Session A

Dec 9, 16, 23 Session B

**Location:** Green Acres Center

**FEE:** \$30 per session

Take your game to the next level! A second level class of competitive play and drills to improve strategy, teamwork, and communication. We will focus on the short and long dinks, improving serves through variance and depth drills and working on the all-important volley. Open only to those who have taken beginner classes or with instructor approval. Class session limited to 8 students.

## INTERMEDIATE PICKLEBALL

**Instructor:** Ron Tugwell

**Mondays:** 11:30-12:30pm

Sept 16, 23, 30 Session A

Dec 4, 11, 18 Session B

**Location:** Green Acres Center

**FEE:** \$30 per session

For level 3 players who are playing regularly and have consistency in the volley, ground strokes, serve and dink. Strategy in play will become key part of class.

## PICKLEBALL: ADVANCED SKILLS & DRILLS

**Instructor:** Ron Tugwell

**Mondays:** 12:30-1:30pm

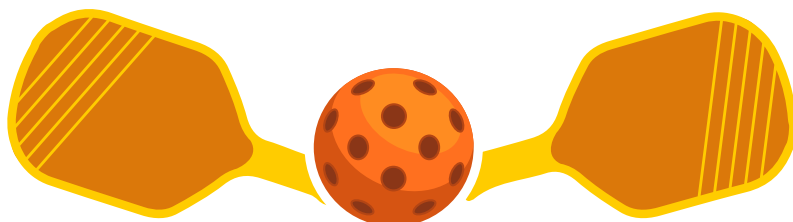
Sept 16, 23, 30 Session A

Nov 4, 18, 25 Session B

**Location:** Green Acres Center

**FEE:** \$30

This is a level 3 class, whose primary focus will be on competitive skills and drills. Emphasis on developing team strategies and stroke development.



# ENRICHMENT

## INTRODUCTION TO AMERICAN SIGN LANGUAGE

**Instructor:** Christine Smith

**Mondays:** 2 - 3pm

October 7 - December 2

*\*No class 11/11*

**Location:** Green Acres Center

**FEE:** \$60 per session

ASL is the fourth most-used language in the U.S. It was formed independently of English and has its own unique sentence structure and symbols for various words and ideas. Learn about this visual language, used by over a half-million people, including the alphabet, numbers, basic and commonly used signs, and other key features of ASL.

## BEGINNER UKULELE

**Instructor:** Christine Smith

**Thursdays:** 2 - 3pm

Oct 3 - Nov 21

**Location:** Green Acres Center

**FEE:** \$80 per session

Come be a part of a growing musical trend- playing the Ukulele, a fun social instrument that happily draws people together. Learn the parts of a ukulele how to tune the instrument, basic cords, strumming patterns and songs. Instrument will be available or bring your own. Limit to 8 students per session.



www.nvso.us



**Senior Olympics**

**Northern Virginia**

**2024 Events**  
Sept. 14 - 29

**Registration**  
July 1 - Aug. 29

**Volunteer With Us!**

## INTERMEDIATE UKULELE

**Instructor:** Christine Smith

**Thursdays:** 3:30 - 5pm

Oct 3 - Nov 21

**Location:** Green Acres Center

**FEE:** \$80 per session

For more experienced ukulele players. Emphasis will be on learning more advanced chords and strumming patterns, fingerpicking and chord melody. Limit of 6 customers.

## REGIFT SWAP PARTY

**Instructor:** Mary Ann Gallotta, Professional Organizer & Speaker

**Wednesday, December 11:** 12pm

**Location:** Green Acres Center

**FEE:** Free with pre-registration.

Get in the holiday spirit with this fun gift exchange game. Go home with a new treasure. Must bring a gift to play!

## MAH JONGG BOOT CAMP

**Instructor:** Diana Osinski

**Tuesday, 9:30 am - 12:00pm**

Sept 3 & Sept 10

**Location:** Green Acres Center

**FEE:** Free with pre-registration.

Mah Jongg is a game of skill and chance that can provide players with many enjoyable hours of fun and friendship! Are you interesting in learning how to play Mah Jongg or do you desire to brush up on the Mah Jongg rules? If yes, please join us for a Mah Jongg Boot Camp which has been designed for beginners interested in learning the basics of how to play and those wishing to brush up their game. At the end of the Mah Jongg Boot Camp, players will be able to list the objects of the game, identify the game tiles, conduct the Charleston, determine a potential winning hand from available options and much more.

# Rental Venues

**Planning a party, wedding, or special event and need a one-of-a-kind space? Consider one of the exquisite venues in Fairfax City.**

Here's a quick look at some of the spaces. For more information, visit [fairfaxva.gov/rentalvenues](http://fairfaxva.gov/rentalvenues) or call 703-385-7858



## **Old Town Hall** *OLD TOWN HALL WILL BE CLOSED FOR RENOVATIONS IN 2025*

### **Time Honored Hall in the Heart of the City**

Nestled in the heart of Old Town Fairfax City, this restored historic venue built in 1900, features Tuscan columns, impressive dormers, and classic woodwork. This beautiful building sits next to the popular Old Town Square park and sets the perfect backdrop for any event.

## **Historic Blenheim**

### **Experience Nature & History in an Intimate Setting**

This modern Civil War interpretive center functions as the optimal setting for your next event. The intimate building's vaulted ceilings, glass roof atrium, and floor-to-ceiling windows look out to the scenic Historic Blenheim grounds. Enjoy history and nature along with the convenience of present-day amenities.



## **Stacy C. Sherwood Center**

### **Stylish & Contemporary Cultural Arts Center**

This multi-use Cultural Arts Center has the flexibility to meet the needs for any size event, from the intimate small group meeting to your most anticipated wedding reception or anniversary party. Choose from three flexible rooms featuring state of the art technology, hardwood floors, and exhibited artwork.



## **Green Acres Center**

### **Functional, Affordable, Convenient**

This converted school offers many options for your next meeting as well as your next social occasion. The rooms at Green Acres can accommodate both large and small groups at an affordable rate. Host your next meeting, birthday party, or family gathering!



# Live Life in the Arts

## THE BONITA LESTINA OLD TOWN HALL PERFORMANCE SERIES

[fairfaxva.gov/culturalarts](http://fairfaxva.gov/culturalarts)  
703-352-ARTS (2787)

Sponsored by the City of Fairfax  
Commission on the Arts

**Fridays:** 8 pm

Oct 18 - Raman Kalyan Trio

Nov 8 - Piano & Harp Duo

Nov 22 - Main Street  
Chamber Players

**Location:** Old Town Hall

**FEE:** Free

## ARTSCREEN

[fairfaxva.gov/culturalarts](http://fairfaxva.gov/culturalarts)  
703-352-ARTS (2787)

Sponsored by the City of Fairfax  
Commission on the Arts.

**Fridays:** Doors will open at

6:30pm,

Movie will begin at 7pm

Sept 13 - Best in Show

Nov 15 - Tim's Vermeer

Dec 6 - Spirited Away

**Location:** Sherwood Center

**FEE:** Free

Join us as we celebrate the arts in  
movies! Free refreshments will be  
provided.



Mirrors & Magic: True Stories of Wonder

Carol Moore      Laura Packer      Jessica Robinson

September 12, 2024 - 7:00pm Start / Doors 6:30pm  
Old Town Hall, 3999 University Dr., Fairfax City, VA  
[www.bettersaidthandone.com/storytelling-shows](http://www.bettersaidthandone.com/storytelling-shows)

## WRITE ON, FAIRFAX! WRITERS' ROUND TABLE

[fairfaxva.gov/culturalarts](http://fairfaxva.gov/culturalarts)  
703-352-ARTS (2787)

Sponsored by the City of Fairfax  
Commission on the Arts

**Sunday, Sept 22, 2-4pm**

**Location:** City of Fairfax Library

Great news for fiction lovers--and for all of you who are interested in knowing more about local writers! The City of Fairfax Commission on the Arts' "Write On, Fairfax!" series will kick off its new program season on Sunday, September 22! Join us at the Fairfax Regional Library, 10360 North Street, from 2 - 4 p.m. to hear novelists from novelists Cathy Cruise, Carol Greer, and Leslie Welch talk about their work.

## BETTER SAID THAN DONE

[bettersaidthandone.com](http://bettersaidthandone.com)

**Mirrors & Magic: True Stories of Wonder**

**Thursday, Sept 12, 7pm**

**Location:** Old Town Hall

**FEE:** Free

Join storytellers Carol Moore, Laura Packer and Jessica Robinson for a night of storytelling that will take you on a journey from reality to beyond. No matter how far they roam, each story will speak the truth. Stories intended for a mature audience.

Details, and registration for the live stream, at [www.bettersaidthandone.com/storytelling-shows](http://www.bettersaidthandone.com/storytelling-shows)



**FIESTA FAIRFAX**

**SATURDAY, OCTOBER 5**  
**OLD TOWN SQUARE • FREE • 2-7PM**

Fiesta Fairfax is a community celebration for Hispanic Heritage Month featuring cultural performances, music, food, and educational exhibits showcasing the contributions of the Hispanic, Latino, and Latinx communities. Enjoy folkloric dances, a salsa dance demonstration and class, and live band performances at Old Town Square. Savor flavors from Latin American food vendors and learn about local non-profits supporting the Latino community.

# Live Life in the Arts

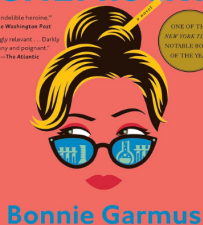


## Fall for the Book Festival

October 12, 15-18

FallfortheBook.org

#1 NEW YORK TIMES BESTSELLER  
**LESSONS  
in  
CHEMISTRY**



Bonnie Garmus

## FALL FOR THE BOOK

[fallforthebook.org](http://fallforthebook.org)

### Fall for the Book at Fall Festival

**Saturday**, Oct 12, 11am - 4pm

**Location:** Old Town Hall

**FEE:** Free

### Kids Events

Fall for the Book is back at Fall Festival with fun and interactive kids' events, featuring picture book authors Patricia Tanumihardja and Debra Shumaker, and graphic novelists Jamar Nicholas and John Gallagher. Make treats, conduct scientific experiments, and create your favorite comic book character.

### Adult Events

Fall for the Book is back at Fall Festival with books for teens and adults ranging from the mythical and magical to the realities of a young adult's immigration struggles. Enjoy a day of panels featuring YA writers Marina Budhos and Joe Milan Jr., to fantastical novelists Keith Donahue, Alisa Alering, Ananda Lima, Constance Sayers, and more.

View the full lineup at [fallforthebook.org](http://fallforthebook.org).

### Fall for the Book Festival

**October 15 - 18**

**Location:** George Mason, City of Fairfax, & Fairfax County Public Libraries

**FEE:** Free

The 26th Annual Fall for the Book brings writers from across the nation to locations around Fairfax in a series of free events. Stop in to the headliners, including Bonnie Garmus, the Beck Environmental Lecture, the New American Voices Award Ceremony, and many more. Featuring novelists, memoirists, and poets, the festival has a writer for every reader. View the full schedule at [fallforthebook.org](http://fallforthebook.org).

### Lessons in Chemistry with Bonnie Garmus

**Saturday**, Oct 16, 7:30pm

**Location:** George Mason Center for the Arts

**FEE:** Free

Global sensation Bonnie Garmus takes the stage to discuss her witty and extraordinary novel, *Lessons in Chemistry*. Called a "sweet revenge comedy" by *The Guardian*, chemist, mother, and beloved cooking star Elizabeth Zott, struggles to find her independence in the sexist world of the 60s. Sponsored by the George Mason Friends. For more information, and free tickets, visit [fallforthebook.org](http://fallforthebook.org).

### FUNDAY MONDAY

[farifaxva.gov/culturalarts](http://farifaxva.gov/culturalarts)  
703-352-ARTS (2787)

Sponsored by the City of Fairfax Commission on the Arts

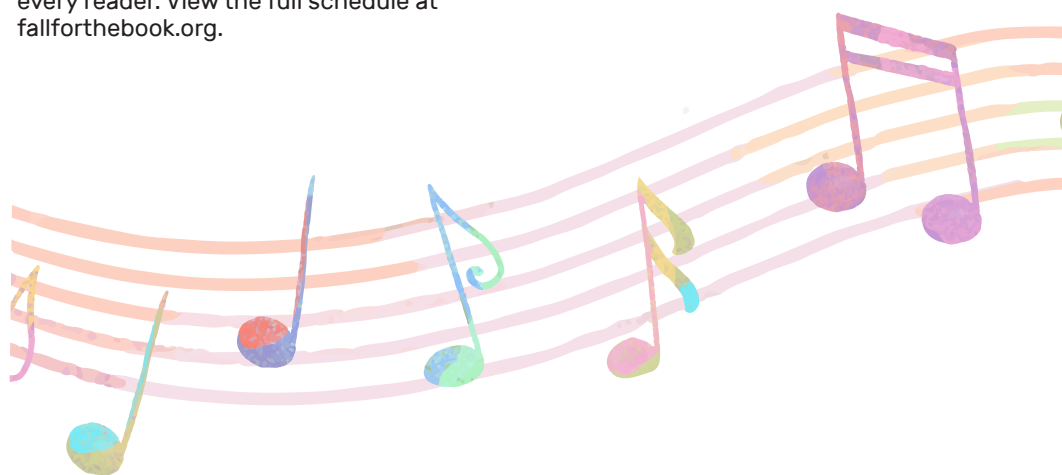
**Mondays:** 10:30 am

No program on 9/2, 10/14, 11/11, 12/23, and 12/30

**Location:** Old Town Hall or Sherwood Center (9/16, 10/21, 11/18, & 12/9)

**FEE:** Free (Donations are greatly appreciated)

Family programming every Monday for children of all ages, especially those who haven't started school yet. There will be music, movement, storytelling, performances, crafts, and more!





# VISUAL ARTS

## FAIRFAX ART LEAGUE

[www.fairfaxartleague.net](http://www.fairfaxartleague.net)

The Fairfax Art League brings art to Old Town and Fairfax County, VA, reaching students at the Child Development Center, the public at Green Acres Community Center, regional festivals, and more. Our exhibits appear at the City of Fairfax Regional Library, Old Town Hall, and possibly your local parish. FAL Paint Nights and Art Workshops are local favorites. Discover what the Fairfax Art League can do for your home, office, and community.

### Fairfax Art League Galleries

#### Old Town Hall

Mon - Thurs: 11am - 3pm

#### City of Fairfax Regional Library

10360 North Street

Mon - Wed: 10am - 9pm

Thurs - Sun: 10am - 6pm

#### The Virginian Exhibition

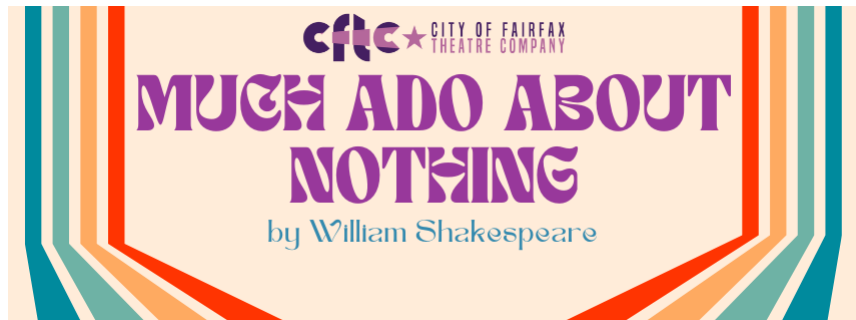
9229 Arlington Blvd, Fairfax

Mon - Sun: 10am - 5pm

#### Church of the Good Shepherd

9350 Braddock Road, Burke

Mon - Fri: 9am - 4pm



# THEATRE

## CITY OF FAIRFAX THEATRE COMPANY

### Much Ado About Nothing

Thurs - Sun, 7pm

Sept 5 - 8 & 12 - 15

**Location:** Veterans Amphitheater

**FEE:** Adults \$25, Children \$15, plus Pay What You Can (PWYC) Night for both shows

In 1975, Beatrice and Benedick met at a music festival. They sang, they smoked, they drank in the atmosphere. The sparks flew. Now it's 1979 and Beatrice is still pining for the man that captured her heart and then left to join...the military? Wait, no, screw that, Beatrice pines for no man! Benedick is similarly completely over their fling. In fact, he's over women altogether. He'd rather hang with his dudes and leave love to his (slightly problematic) brother-from-another-mother, Claudio. Hilarity ensues and hearts are won.

### Hershel and the Hanukkah Goblins

Adapted by Rebecca Kalant based on the book by Eric Kimmel

**Coming December 2024!**

On the first night of Hanukkah, a weary traveler named Hershel of Ostropol eagerly approaches a village, where plenty of latkes and merriment should warm him. But when he arrives not a single candle is lit. A band of frightful goblins has taken over the synagogue, and the villagers cannot celebrate at all! Hershel vows to help them. But can one man alone stand up to the goblins, save Hanukkah, and live to tell the tale?

# NATIONAL DANCE DAY

**Saturday, Sept 21, 10am - 3pm**

**Location:** Old Town Square

**Fee:** Free

This family-friendly event will showcase different dance groups from the surrounding area. Many of these groups will offer mini dance lessons after their performances – so bring your dancing shoes!

We'll top off the event with an opportunity for everyone to join us onstage as we learn and perform the official dance of National Dance Day 2024!





# ROCK THAT SMILE!

 **DELTA DENTAL**®

[DeltaDentalVA.com](https://www.DeltaDentalVA.com)



# Live Life in the Arts



## MUSIC

### CITY OF FAIRFAX BAND ASSOCIATION

[www.fairfaxband.org](http://www.fairfaxband.org)

### CITY OF FAIRFAX BAND

#### The Divine Heart

Premiere concert of new Music  
Director Dereck Scott

**Saturday, Oct 26, 7:30pm**

**Location:** Fairfax High School

**FEE:** Purchase tickets at  
[fairfaxband.org](http://fairfaxband.org)

The City of Fairfax Band Association kicks off its 55th concert season in late October with a performance by the City of Fairfax Band at Fairfax High School.

Don't miss their two free holiday concerts in December!

If you're interested in joining one of the bands, information is available on their website.

The Association also includes the Main Street Community Band, with both bands performing year-round in Fairfax City.

For a full list of concert dates and ticket information, visit  
[www.fairfaxband.org](http://www.fairfaxband.org).

### FAIRFAX HIGH SCHOOL MUSIC

### FAIRFAX CHORUS

[www.fxchorus.org](http://www.fxchorus.org)

#### Fairfax Choral Pyramid Concert

**Tuesday, Oct 29, 7pm**

**Location:** Fairfax High School

**FEE:** Free

Come hear singers from our Fairfax elementary, middle, and high school Choir programs.

Interested in having a small group of Fairfax High Singers bring caroling and festive joy to your December event? We are hoping to fundraise by singing for you! Reach out to Juliana Woodill by November 15 to get on our schedule for this year.

### FRIDAY MORNING MUSIC CLUB

[www.fmmc.org](http://www.fmmc.org)

**3rd Thursdays, 12pm**

Oct 17

Nov 21

**Location:** Old Town Hall

**FEE:** Free

Free and open to the public. This series is presented by the Friday Morning Music Club, Inc., a community of music lovers and musicians dedicated to promoting classical music throughout the metropolitan area.

### MASON OPERA

[cfa.gmu.edu](http://cfa.gmu.edu)

#### Opera Scenes

**Monday, Oct 21, 7:30pm**

**Location:** Old Town Hall

**FEE:** Free

This special community outreach performance features Mason's talented student artists in scenes from the world's most beloved operas! Free Admission



# Fairfax Village

*in the City*

Fairfax Village in the City is a city-supported, volunteer-driven program developed to support Fairfax City residents aged 55 and older, as well as Fairfax City adults with disabilities, who wish to stay independent while remaining in their homes. The Village does not replace existing supports and services currently available to city residents through Fairfax County and local nonprofits. Rather, when appropriate, the Village can facilitate access to these services and resources.

**Find out more: [fairfaxva.gov/village](http://fairfaxva.gov/village)**



**VILLAGE**  

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**IN THE CITY**



## VICAP Medicare 101 Workshop

The Medicare 101 training is for individuals who will be eligible for Medicare and want to learn about their options. The session will provide an overview of the many components of Medicare: Part A (inpatient hospitalization/skilled nursing), Part B (outpatient hospital/doctors/labs/radiology), Part C (Medicare Advantage Plans), and Part D (prescription drugs), as well as how to cover the gaps in Medicare benefits through Medicare Supplement Plans.

### FREE EVENT

November 1, 2024  
9:30am coffee  
9:45am presentation

Register by contacting the Village at 703-385-5738 or email at [village@fairfaxva.gov](mailto:village@fairfaxva.gov)

at the Sherwood Center  
3740 Blenheim Boulevard

## **BECOME A MEMBER! BECOME A VOLUNTEER!**

- Rides • Simple Home Repairs •
- Yard & Garden • Tech Support •

*Our vetted volunteers provide services to members that keep them connected, involved, and safe in their own home. Join the Village today and become a member or a volunteer, or both!*

**Info: 703-385-5738**  
**[village@fairfaxva.gov](mailto:village@fairfaxva.gov)**  
**[fairfaxva.gov/village](http://fairfaxva.gov/village)**



## **VOLUNTEER APPRECIATION ICE CREAM SOCIAL**

**Wednesday, October 9 • 4:30 - 6pm**  
**Historic Blenheim • 3610 Blenheim Blvd**

**WE WANT TO CELEBRATE ALL OF OUR FANTASTIC  
FAIRFAX VILLAGE IN THE CITY VOLUNTEERS!**

**Please RSVP by October 4 to Jason Scadron  
at 703-385-5738 or [jason.scadron@fairfaxva.gov](mailto:jason.scadron@fairfaxva.gov)**

# Partner Sports

## FPYC REGISTRATION

Register online—it's easy at [fpycsports.com](http://fpycsports.com)  
Walk-in registration is held at the FPYC Clubhouse at Providence Park on select dates.  
Visit FPYC's website for details.

Fairfax Police Youth Club (FPYC), Fairfax Little League and HUSEL Youth Hockey operate independently of the City of Fairfax Parks and Recreation Department. Please note that the city doesn't control or guarantee the accuracy, relevance, timeliness or completeness of this information. Also, the inclusion of these groups isn't intended to endorse any views expressed or products or services offered by these organizations.

## FPYC

### BASKETBALL

Offers both house leagues for boys and girls, ages 7-18, and select teams of various ages for boys and girls to compete in the Fairfax County Youth Basketball League. The season begins in Dec. and Jan., with games every Sat. or Sun. through March, and practices one night a week.

### FIELD HOCKEY

Registration is for girls and boys in grades 3-8 during the spring. Teams are formed by age and ability. Players learn the game in nine clinic-and-game-play sessions. Practices and scrimmages are held Sun. from 6:30-8:30pm.

### FLAG FOOTBALL

Non-contact, recreational league open to all boys and girls ages 5 to 14. Fosters an "Everyone Plays" policy, children of all athletic abilities and experience are encouraged to participate. FPYC provides a fun environment while providing a platform for the growth and discipline that football requires. Through movement, decision making and reaction, your child will take part in this unique football experience.

### FOOTBALL

The program is a member of the Fairfax County Youth Football League. Practices are held at Draper Drive Park beginning in late August. The season is eight weeks, with most games on Saturdays. The season kickoff is the Kopper Bowl.

### IRISH FOOTBALL

FPYC Football is an easy-to-learn and very low-impact game (also known as Gaelic football) that mixes everything from soccer to volleyball to non-contact rugby. For boys and girls, grades K-12, the Sunday-only format (Sept-Nov) includes fun clinics and matches each week with certified coaches. Great for cross-training!

### LACROSSE

Open to girls and boys, ages 7-15, regardless of experience. FPYC lacrosse is a spring sport with practices twice a week and games on Saturdays (boys) and Sundays (girls).

### RUNNING/TRACK & FIELD

During the fall, the FPYC Cheetahs running program focuses on off-road distance running (1K to 5K). In the spring, the focus is on track and field, including sprints, distance running, jumps and throws. Practices are on Sundays, Tuesdays and Thursdays.

### SOCCER

Team play (house and travel) for boys and girls, ages 3-18. Soccer plays two seasons, fall and spring. Both seasons consist of eight to 10 weeks of practices and Saturday (house) or Sunday (travel) games.

### VOLLEYBALL

Runs in the fall and spring seasons. Teams vary from the elementary to high-school levels. We cover fundamentals and develop strong team-building skills. Scrimmages and matches are arranged within FPYC and neighboring organizations.

### WRESTLING

Boys and girls ages 5-14 learn basic through advanced skills and techniques. Registration begins in September, and the season runs from November through February.

### YOUTH CHALLENGED

Youth Challenged League provides an opportunity for mentally or physically challenged children and young adults to learn the games of soccer, basketball and lacrosse while participating in an organized sports program.

### HUSEL FIELD HOCKEY

HUSEL Youth Hockey offers high performance field hockey training for elementary, middle school, and high school student-athletes. HUSEL has been honored as a USA Field Hockey National Club of the Year Finalist, 3x USA National Indoor Champion (U14, U16, U19), and 2020 Mid-Atlantic Champion. HUSEL athletes commit to play at some of the most prestigious colleges in the country. For more information, you can visit their website at [huselsports.com](http://huselsports.com)

## FAIRFAX LITTLE LEAGUE

Celebrating more than 60 years of providing young people the opportunity to participate in organized baseball in the Fairfax area. Little League baseball offers young people between 4 and 26 years of age a timeless team sport. Fairfax Little League comprise two separately chartered leagues—American and National—that work together under a single board of directors. Our divisions provide players appropriate level of play based on their age and skill: t-ball, minors, majors, intermediate, juniors, seniors, big and challenger.

[www.FairfaxLL.com](http://www.FairfaxLL.com)



# Historic Fairfax

## TRAVELING EXHIBITION OUTSIDE/INSIDE: WHO CAN VOTE? A BRIEF HISTORY OF VOTING RIGHTS IN THE US

**Aug 19 – Oct 1**, 11am–4pm

**Location:** Fairfax Museum and Visitor Center, 10209 Main Street

**FEE:** Free

This traveling banner exhibition examines voting rights with an emphasis on the role of the US Constitution and the interplay between the states and federal government in determining who is allowed to vote.

## SATURDAY TOURS OF RATCLIFFE-ALLISON-POZER HOUSE

**Saturdays**, Aug 24 – Sept 28  
11am – 1pm

**Location:** 10386 Main Street

**FEE:** Free

Visit the oldest domestic structure in Old Town Fairfax. Learn about some of the inhabitants through the exhibition Kitty Barrett Pozer: A Life to Honor.

## HISTORIC FAIRFAX CITY, INC. OLD TOWN FAIRFAX WALKING TOUR

**Aug 31, Sept 28 & Oct 26**, 11am

**Location:** 4000 Chain Bridge Rd

**FEE:** Free, reservation required

For reservations:  
[www.historicfairfax.org/events](http://www.historicfairfax.org/events)

## BOOK TALK: THE BYRD MACHINE IN VIRGINIA: THE RISE AND FALL OF A CONSERVATIVE POLITICAL ORGANIZATION WITH AUTHOR MICHAEL POPE

**Sunday**, September 22, 2pm

**Location:** Fairfax Museum and Visitor Center 10209 Main Street

**FEE:** Free

Learn about how the Byrd political machine, named for first Governor and then U.S. Senator Harry F. Byrd, ran Virginia politics and enforced racial segregation from the 1920s through the mid-1960

## TASTE OF THE VINE HISTORIC FAIRFAX CITY, INC. FUNDRAISER

**Saturday**, October 23, 10:30am–1pm

**Location:** Historic Blenheim, 3610 Old Lee Highway

**FEE:** Free

Paid tickets are required.

Info: [www.historicfairfax.org/events/](http://www.historicfairfax.org/events/)

Historic Fairfax City, Inc.'s annual wine tasting and food pairing fundraiser benefits Fairfax City historic sites.

## TRAVELING EXHIBITION REIMAGINING AMERICA: THE MAPS OF LEWIS AND CLARK

**Oct 18 – Jan 22**, 11am – 4pm

**Location:** Fairfax Museum and Visitor Center 10209 Main Street

**FEE:** Free

This traveling banner exhibition uses large-scale reproductions of historic maps, photos, and explanatory text to show how America looked before the journey of Lewis and Clark and what it looked like after.





**PLEIN AIR PAINTING WITH THE FAIRFAX ART LEAGUE**

**Saturday, Oct 26, 10am-1pm**  
 Rain Date: Saturday, Nov 2

**Location:** Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway

**FEE:** Free

Bring your painting and drawing materials and join local artists on the Historic Blenheim landscape! Have your face painted and paint pumpkins! Limited supplies of paint, brushes, canvases, and pumpkins available.

**SCHOOL DAY OUT FUN**

**Monday, Nov 4, 11am - 3pm**

**Location:** Old Town Square

**FEE:** Free

Fun activities and crafts!

**HOLIDAY-FOCUSED GUIDED TOURS OF RATCLIFFE-ALLISON-POZER HOUSE**

**Saturday, Dec 7 & 14, 12-4pm**

**Location:** 10386 Main Street

**FEE:** Free

Tour the exhibition: Kitty Barrett Pozer: A Life to Honor and learn about holiday customs from time periods related to the house's many owners and residents.

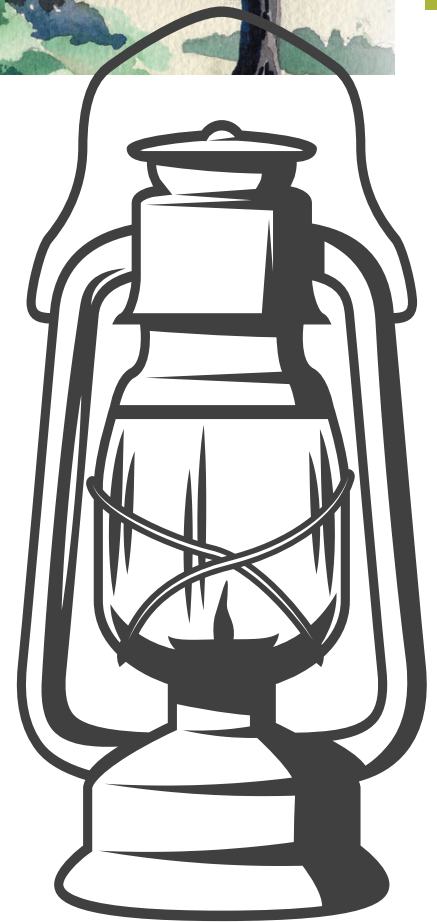
**A VICTORIAN CHRISTMAS WITH SANTA AND FRIENDS**

**Saturday, Dec 8, 12-3pm**

**Location:** Historic Blenheim, 3610 Blenheim Blvd.

**FEE:** Free

Meet Santa Claus and Mrs. Claus, create handmade Victorian ornaments to take home, play with historical toys and games, and speak with a Civil War soldier. Take tours of the Historic Blenheim House.



**OFFICE OF HISTORIC RESOURCES**

The Office of Historic Resources (OHR) oversees the operation and management of city-owned historic properties, museums, and collections to ensure their preservation, promote public awareness, and to provide regional heritage tourism information.

OHR further offers a variety of monthly talks, special programs, tours, permanent and temporary exhibitions, and produces the annual Fairfax History Day.

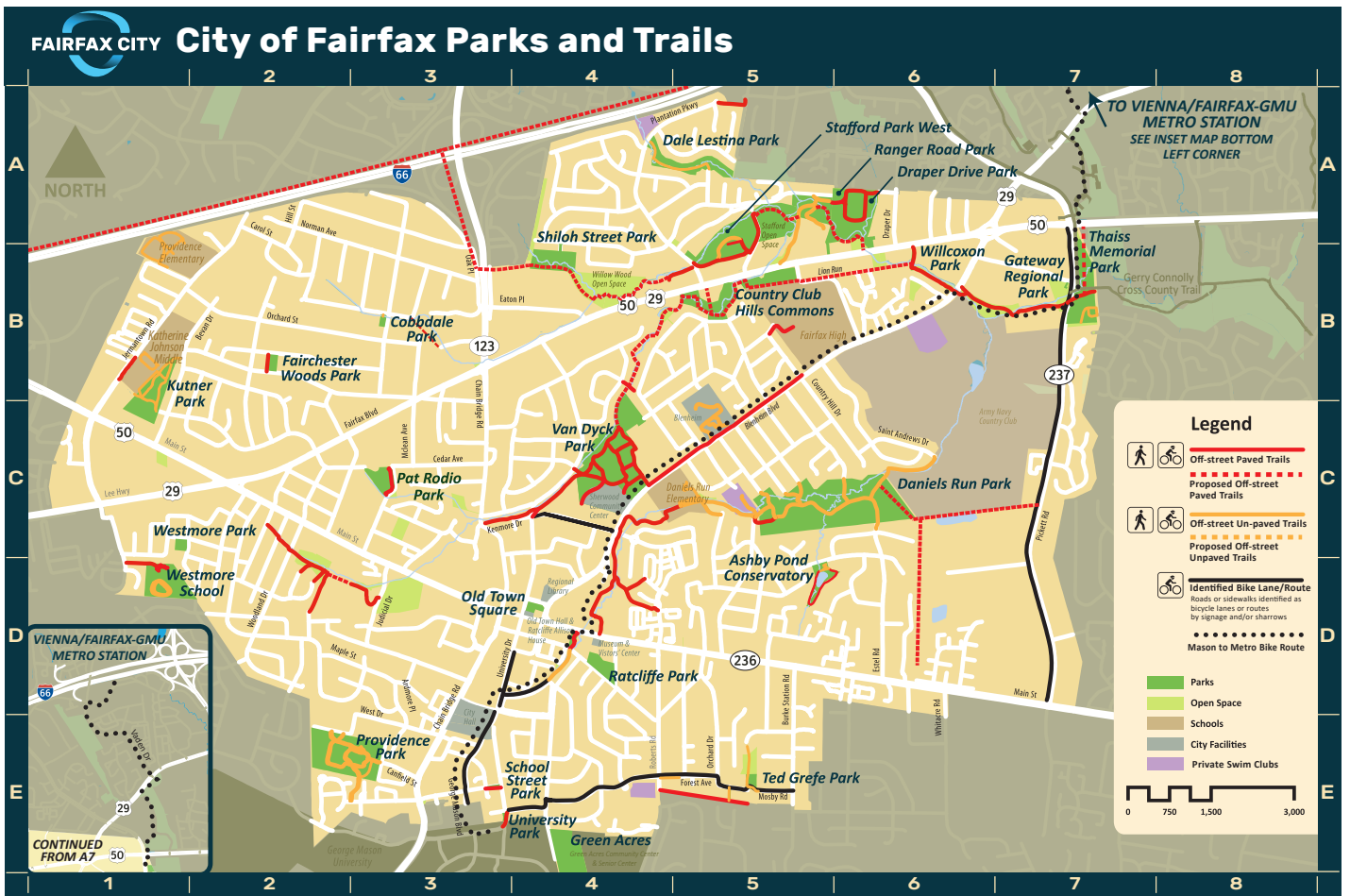
**MORE HISTORIC FAIRFAX INFORMATION:**

**Website:** [fairfaxva.gov/government/historic-resources](http://fairfaxva.gov/government/historic-resources)

**Email:** [historicresources@fairfaxva.gov](mailto:historicresources@fairfaxva.gov)

**Phone:** 703.385.8414

# Parks & Trails



## PARK PAVILION RENTALS

Any time of the year is a perfect time to celebrate a special occasion at one of our park pavilions! Pavilion rentals are available year round from dawn to dusk.

To reserve a City of Fairfax park pavilion, and find out full details of renting visit [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec), or email [parksrec@fairfaxva.gov](mailto:parksrec@fairfaxva.gov)

**RENTAL BLOCKS:** Pavilions now can be rented either a half day or full day block.

- **Half Day**, either 8am - 1pm or 2 - 7pm
- **Full Day**, 8am - 7pm

**RENTAL FEES** (must be paid at the time of reservation)

**Large Pavilion** (8 tables; capacity of 60):

\$100 for Half Day Block, \$200 for Full Day Block

- **Providence Park**, 10715 West Drive
- **Van Dyck Park (Upper)**, 3720 Old Lee Highway

**Small Pavilion** (4 tables; capacity of 40):

\$75 for Half Day Block, \$150 for Full Day Block

- **Kutner Park**, 3901 Jermantown Road
- **Ratcliffe Park**, 10300 Sager Avenue
- **Van Dyck Park (Lower)**, 3720 Old Lee Highway
- **Westmore Park**, 4030 Fern Street

## ATHLETIC FACILITIES

The City of Fairfax has many athletic amenities for use by the community. Some fields and gyms can be reserved through the City of Fairfax Parks and Recreation Department. This includes:

- Synthetic turf fields are located at Draper Drive Park (2), Stafford Drive Park (1) and Fairfax High School (1)
- Diamond/rectangular fields (various schools and parks)
- Gyms (which can be scheduled for volleyball, basketball, or other gatherings, located at Daniels Run Elementary, Providence Elementary, Lanier Middle School and Fairfax High School)

Prices vary depending on use. To apply for a facility use permit, download, complete and submit the appropriate application by visiting [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec).

If you have any questions regarding registration or prices, please contact the Athletic Services Division at 703-220-5102 or 703-385-7893, Monday -Friday, 8:30am - 5pm, or email [richard.wyant@fairfaxva.gov](mailto:richard.wyant@fairfaxva.gov)



Parks

	Map Quadrant	Parking Spaces	Restrooms/Portables (R)Restroom (P)Portable (T)Throne	Ball Diamonds	Basketball Courts	Gardens	Pavilions	Picnic Tables	Playgrounds	Rectangular Fields	Skate Parks	Tennis Courts	Trails Paved (Miles)	Trails Unpaved (Miles)	Volleyball Courts	Benches
Ashby Pond Conservatory	6-D	2				1		1					0.07	0.31		3
Belle's Bird Sanctuary Park	4-C					1								0.03		
Cardinal Park	6-A				1			2	1					0.26		6
Cobbdale Park	3-B							3	1					0.01		3
Country Club Hills Commons	5-B						1	3								3
Dale Lestina Park	5-A							4	2					0.28		
Daniels Run Park	6-C		P					3	1				0.06	0.95		11
Draper Drive Park	6-A	83	R						1	2			0.42			12
Fairchester Woods Park	2-B				0.5			1	1				0.06			3
Gateway Regional Park (NVRPA)	7-B						1	5								
Judicial Drive Trail	3-D													0.13		
Kenmore Drive Trail	4-C												0.14			4
Kutner Park	2-B	41	P			1	1	4	1	1		1		0.64	1	8
Old Town Square	3-D	46	T			1										12
Pat Rodio Park	3-C	19	P	2				5	2	1			0.11			8
Presbyterian Trail	2-C													0.17		
Providence Park	3-E	70	P	0			1	9	2	1		2		0.77		5
Ratcliffe Park	4-D		P	1	1		1	5	2	1						6
Lions Way Open Space	5-B															
Sager Trail	4-D												0.08			
School Street Park	3-E					1							0.01			1
Shiloh Street Open Space	4-B															
Shiloh Street Park	4-B							4								10
Stafford Park	5-B	52	R						1	1			0.31	0.15		10
Ted Grefe Park	5-E													0.15		2
Thaiss Memorial Park	7-B	68	P	5			1	4	1				0.07	0.17		2
University Park	4-E												0.05			2
Van Dyck Park	4-C	77	T		1	1	3	22	4		1	4	1.23		3	30
Westmore Park	2-D				2		1	5	1							3
Westmore School Site & Dog Park	2-C	28		1	0			1	1				0.11	0.17		8
Wilcoxon Trail	6-B												0.39	0.25		
<b>Facilities</b>																
City Hall (Main Office)	3-D	100	R			1		3								15
Green Acres Center & Senior Center	4-E	51	R	1	1.0	1.0		2	1	2						5
Historic Blenheim	5-C	26	R											0.38		1
Old Town Hall	4-D	14	R			1										
Stacy C. Sherwood Community Center	4-C	78	R					1								6
<b>Schools</b>																
Daniels Run Elementary School	5-C	104	P	2	2			4	2	2			0.08	0.35		7
Fairfax High School	5-B	811	P	2		1		19		2		6				18
Providence Elementary School	1-B	158	P	4	2			6	2					0.57		10
Katherine Johnson Middle School	1-B	195	P	1	4 x .5	1		18		3			0.09	0.19		1

# GENERAL INFO & REGISTRATION INFORMATION

## FALL REGISTRATION OPENS AUGUST 5

### HOW TO REGISTER:

1. **ONLINE:** 24 hours a day, [fairfaxva.gov/ParksRec](http://fairfaxva.gov/ParksRec)
2. **WALK-IN:** See below for office locations and hours
3. **MAIL-IN:** Use the form on page 43 or download registration form at [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec) and mail to City of Fairfax Parks and Recreation, 10455 Armstrong St., Fairfax, VA 22030

### PAYMENT METHODS ACCEPTED

- **CREDIT/DEBIT CARDS:**  
American Express, Discover, MasterCard or Visa
- **CHECKS** (Payable to 'City of Fairfax')
- **CASH**

Payment must be made at the time of registration (unless otherwise specified). Assumption of Risk Waiver, found on registration form, must be signed by all participants at time of registration. Parent/legal guardian signature is required for participants under the age of 18 years.

## FAIRFAX CITY REGISTRATION LOCATIONS

### GENERAL INFORMATION:

*All locations are:*  
Fairfax, VA 22030

**Main Line:** 703-385-7858  
[parksrec@fairfaxva.gov](mailto:parksrec@fairfaxva.gov)

**Website:**  
[fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec)

### Stacy C. Sherwood Center 3740 Old Lee Highway

*Office Hours:*  
Monday–Friday: 8:30am–8pm  
Saturday: 9am–4pm  
703-385-1695

### City Hall 10455 Armstrong St. Suite 123

*Office Hours:*  
Monday - Friday: 8:30am–5:00pm  
703-385-7858

### Green Acres Center 4401 Sideburn Road

*Office Hours:*  
Monday–Friday: 8am–5pm  
703-273-6090

### OFFICES CLOSED

**Monday, Sept 2** – Labor Day  
**Monday, Nov 11** – Veterans Day  
**Thursday, Nov 28** – Thanksgiving Day  
**Friday, Nov 29** – Thanksgiving (Observed)  
**Tuesday, Dec 24** – Christmas Eve  
(Half Day Observed)  
**Wednesday, Dec 25** – Christmas Day

### ADA

The City of Fairfax Parks and Recreation Dept. complies with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. The City of Fairfax Parks and Recreation Dept. will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that recreation program. The ADA requires that recreation programs offered by City of Fairfax Parks and Recreation Department be available in the most integrated setting appropriate for each individual.

### INCLEMENT WEATHER

Please see our [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec) for inclement weather policy.

### ADVERTISEMENTS

Advertisement in this publication does not express or imply the endorsement of a business or its products and services by the City of Fairfax Parks and Recreation Dept.

### CODE OF CONDUCT

The City of Fairfax Parks and Recreation Department promotes an environment that is conducive to the recreation and enjoyment of all patrons utilizing the facilities, programs and events provided and requests participants and spectators to observe the Code of Conduct. Visit [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec) for more details.

### BEHAVIOR POLICY

Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class experience for other class members will be asked to withdraw from the class. Refunds will be offered for the balance of classes.

### NSF CHECKS

Checks returned for insufficient funds will be assessed an additional \$25 fee, and the check writer may be restricted from paying by check for future classes or trips.

### PHOTO RELEASE

Participants in activities sponsored or co-sponsored by the Park and Recreation Department consent to the department's use of any photograph, in film, or videotape of the activity in any marketing or promotional materials.

### FINANCIAL ASSISTANCE

City of Fairfax Parks and Recreation's goal is to have all government programs, services, classes and camps accessible to all residents. While anyone and everyone is welcome to take our classes/programs, only **Fairfax City** residents can qualify for fee reductions for classes and camps. These discounts are available on a sliding scale based on household income. Annual income verification is required. For more information, visit [fairfaxva.gov/ParksRec/financialassistance](http://fairfaxva.gov/ParksRec/financialassistance).

### REFUNDS

If a class is cancelled by the Parks and Recreation Department, the registrant will receive a full refund. A registrant requesting a refund for a class must complete the 'Refund Request Form' found at any of the Fairfax City Parks and Recreation offices or online at [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec). The City of Fairfax Parks and Recreation Department reserves the right to accept or decline refund requests.



**CITY OF FAIRFAX  
PARKS AND RECREATION  
DEPARTMENT**  
FAIRFAXVA.GOV/PARKSREC

**ADMINISTRATION OFFICE**  
10455 ARMSTRONG STREET  
FAIRFAX, VA 22030  
PARKSREC@FAIRFAXVA.GOV  
PHONE: 703-385-7858

*\*PLEASE COMPLETE ALL REQUIRED FIELDS OF THIS FORM FOR REGISTRATION*

PRIMARY HOUSEHOLD MEMBER <i>(Must be over 18yrs old)</i>		
FIRST NAME*		
LAST NAME*		
DATE OF BIRTH*		
GENDER	PRONOUNS	
PRIMARY PHONE*		
SECONDARY PHONE		
PRIMARY EMAIL*		
ADDRESS*		
CITY*	STATE*	ZIP CODE*

SECONDARY HOUSEHOLD MEMBER		
FIRST NAME		
LAST NAME		
DATE OF BIRTH		
GENDER	PRONOUNS	
PRIMARY PHONE		
SECONDARY PHONE		
PRIMARY EMAIL		
ADDRESS		
CITY	STATE	ZIP CODE

EMERGENCY CONTACT #1		
NAME*		
RELATION*	PHONE #*	

EMERGENCY CONTACT #2		
NAME		
RELATION	PHONE #	

PARTICIPANT LAST NAME	FIRST NAME	DATE OF BIRTH	PRONOUNS	PROGRAM	SESSION

In consideration of the registrant being granted permission by the City of Fairfax, Virginia to participate in this program and associated activities. I hereby release the City of Fairfax, Virginia and its officers, employees, agents, and volunteers from any and all liability relating to or arising out of the registrant's participation. I authorize the City of Fairfax and its officials, employees, agents and volunteers, at any such person's discretion to administer emergency first aid treatment and at my expense to obtain the services of a physician(s) and/or rescue squad and authorize the same to effect such treatment of the registrant as they deem advisable. Participants in activities sponsored or cosponsored by the Park and Recreation Department consent to the department's use of any photograph, in film or videotape of the activity in any marketing or promotional materials. I further understand that Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class and/or program experience for others will be asked to withdraw from the class and/or program with expectation of a refund, if applicable, for the balance of the class/and or program.

PRINT NAME\* \_\_\_\_\_

PARTICIPANT/PARENT OF GUARDIAN SIGNATURE\* *(Must be over 18 years old to sign)* \_\_\_\_\_ DATE\* \_\_\_\_\_

PAYMENT METHOD (Only to be completed for mail-in registrations)			
<input type="checkbox"/> CHECK # _____ Checks payable to City of Fairfax	<input type="checkbox"/> ACCOUNT CREDIT	CREDIT CARD PAYMENT: ONLINE OR IN-PERSON ONLY	CASH PAYMENT: IN-PERSON ONLY

ONLINE REGISTRATION LINK AVAILABLE AT FAIRFAXVA.GOV/PARKSREC



Parks and Recreation

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Wood Use	5 trees
Total Energy	4 Million BTUs
Greenhouse Gases	602 lbs. CO2 equiv.
Wastewater	173 gallons
Solid Waste	395 pounds



**Mixed Sources**  
Product groups that well-managed forests, controlled sources and recycled wood or fiber



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityofFairfaxVA

**FOR MORE INFORMATION  
PLEASE VISIT:**  
fairfaxva.gov/parksrec  
or call 703-385-7858

# FALL REGISTRATION OPENS AUGUST 5

**FAIRFAX POLICE YOUTH CLUB**

**FAIRFAX LITTLE LEAGUE**

**HUSEL**

**FALL SPORTS REGISTRATION NOW OPEN!**

**SEE PAGE 37 OF BROCHURE**